

Navigating the Future of Nursing:

PRACTICE IN A CHANGING WORLD

DEPARTING HAMBURG, GERMANY CRUISING NORWAY

22 Sep – 03 Oct 2027 | 24 CPD Hours

NURSES FOR NURSES

EDUCATION *at* SEA



The best time to witness the Northern Lights in Norway is from late September through early April, when the nights are long, dark, and ideal for aurora viewing. Peak activity is typically between 18:00 and 02:00, with the most spectacular displays often appearing around midnight.

While the heart of winter delivers the darkest skies, many seasoned travellers favour March and the shoulder months of September and October. Around the equinoxes, geomagnetic activity tends to be stronger, increasing the chances of vivid auroral displays.

These months also often bring more stable weather, clearer skies, and milder temperatures—making the experience far more comfortable as you stand beneath the Arctic heavens waiting for nature's greatest light show.

WHAT THIS CONFERENCE IS ABOUT

What it means to be a nurse today is not what it was five years ago, and it will not be the same five years from now.

This conference is built for that reality.



Set against one of the most striking journeys in the world, sailing from Hamburg through the Norwegian coastline and into the Arctic Circle, this is an opportunity to step out of the day-to-day and take a clear, honest look at where the profession is heading and what that means for your practice.

The program focuses on the issues nurses are dealing with not the polished version, but the real one. Workforce pressures are no longer background noise. They are shaping care delivery, influencing decision-making, and determining who stays in the profession and who leaves. Sessions will explore the realities of workload, moral distress, and retention, alongside practical discussions on leadership at the bedside and the evolving nature of nursing work.

At the same time, scope of practice is expanding in ways that are changing professional frontiers. Nurse prescribing, advanced practice roles, and working at top of scope are no longer future concepts. They are happening now, raising important questions about capability, accountability, and collaboration across disciplines.

Technology is also redefining care. Digital health, artificial intelligence, virtual care models, and remote monitoring are already embedded in many settings. This is not about whether these changes are coming, but how they are being used, where the risks sit, and what nurses need to understand to use them safely and effectively in practice.

Overlaying all of this is increasing patient complexity. Multi-morbidity across all age groups, the intersection of mental and physical health, and the ongoing impact of chronic disease are challenging traditional models of care. Nurses are managing more, with less, in systems that are still trying to catch up.



Beyond the clinical environment, broader forces are shaping health outcomes in ways that cannot be ignored. Social determinants of health, environmental change, resource allocation, and access to care are directly influencing who becomes unwell, how they present, and what care is possible. For Australian nurses, this includes the ongoing challenges of rural and remote practice and the persistent inequities experienced by Aboriginal and Torres Strait Islander communities.

Professional identity is also under pressure. Workplace culture, incivility, and the realities of maintaining boundaries in both physical and digital environments are part of everyday practice. This conference creates space for these conversations to be had in a way that is practical, grounded, and relevant.

This is not a conference built on idealised versions of nursing. It is built on the real work, the real challenges, and the real opportunities that sit in front of the profession right now. Combined with the experience of travelling through some of the most extraordinary landscapes in the world, this is a chance to step back, think clearly, and return to practice with a sharper understanding of what is changing and how to navigate it.

LEARNING OUTCOMES

By the end of this Conference, participants will be able to:



1. **Analyse the key factors shaping contemporary nursing practice**, including workforce pressures, evolving scope of practice, and increasing patient complexity, and their impact on care delivery.
2. **Evaluate the role of emerging models of care**, including digital health, artificial intelligence, and virtual care, in supporting safe, effective, and accessible healthcare.
3. **Examine the influence of social, environmental, and structural determinants on health outcomes**, and their implications for nursing practice across diverse populations.
4. **Reflect on professional identity, workplace culture, and leadership in nursing**, to support safe practice, effective collaboration, and sustainable career engagement.

CPD RELEVANCE

Attendance at *Navigating the Future of Nursing: Practice in a Changing World* supports ongoing professional development by strengthening the knowledge, skills, and professional judgement required for contemporary nursing practice.

The conference addresses key issues currently influencing healthcare delivery, including workforce pressures, expanding scope of practice, increasing patient complexity, digital health, and the broader social and environmental determinants of health. These areas are directly relevant to the provision of safe, person-centred, and evidence-informed care.

Participation in this conference supports nurses to:

- Maintain and develop current knowledge relevant to their context of practice, consistent with Standard 1: Thinks critically and analyses nursing practice
- Apply evidence and emerging models of care, including digital health and advanced practice roles, in line with Standard 6: Provides safe, appropriate and responsive quality nursing practice
- Engage in reflective practice and consider the impact of professional behaviour, workplace culture, and leadership on care delivery, aligning with Standard 2: Engages in therapeutic and professional relationships
- Understand and respond to factors influencing health outcomes, including social, cultural, and environmental determinants, supporting Standard 3: Maintains the capability for practice and Standard 4: Comprehensively conducts assessments

The conference also aligns with the NMBA Code of Conduct for Nurses, particularly in relation to:

- Practising safely, effectively, and collaboratively within evolving healthcare systems
- Promoting health equity and culturally safe care
- Maintaining professional integrity, accountability, and lifelong learning

Engagement in this conference contributes to a nurse's responsibility to undertake continuing professional development that is relevant to their practice, enhances clinical capability, and supports the delivery of safe and effective care.

> "*To mix travel and a conference has made such a difference to me at a time when our health system is experiencing such difficult times. To escape for a while to learn & explore some of the world has made a significant positive difference emotionally and mentally.*"
>
> – Vivienne, Iceland Cruise Conference



Day 1: 22/09/2027 | Depart Hamburg, Germany

Germany's vibrant maritime gateway, Hamburg blends historic charm with modern sophistication. Known for its impressive harbor, elegant canals, world-class shopping, and thriving cultural scene, the city offers a dynamic start and finish to your cruise experience. From grand architecture to lively waterfront districts, Hamburg is a destination rich in energy and character.

1800 – 1900: Conference Registration and Welcome Function
Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates should attend the Conference registration session to collect their Conference pack and confirm registration details to ensure the correct issuing of their CPD certificate.

2100: We set Sail
Make sure you are on deck to say bon voyage.

Day 2: 23/09/2027 | Conference Day | Theme: Social Determinants of Health Equity, Access and the Australian Context

0830 – 0930: Beyond the Diagnosis: How Social Determinants Shape Everyday Nursing Care | Sue Walker
Understanding the Realities of Health, Access and Equity Across Australia

This session explores the social determinants of health in the Australian context and considers how they influence patient assessment, clinical decision-making, treatment adherence, discharge planning and health outcomes. Particular attention will be given to rural and remote healthcare, Aboriginal and Torres Strait Islander health, socioeconomic disadvantage and the barriers experienced by people accessing healthcare services.

0930 – 1030: Health Literacy and Access to Healthcare: Is the Australian Health System Easy to Navigate? | Sue Walker
Understanding the barriers to accessing care and the role nurses play in improving health outcomes.

Australia has a sophisticated healthcare system, but that doesn't necessarily mean it is easy to understand or access. Navigating Medicare, specialist referrals, community services, digital health information and the costs associated with healthcare can be challenging, even for people who are well informed about their health.

This session explores health literacy in the Australian context, drawing on recent national research, patient experiences and the 2026 National Health Literacy Framework. We will examine how financial, geographical, cultural, linguistic and digital barriers influence people's ability to access services and make informed decisions about their care.

1030 – 1100: Break

1100 – 1200: The Importance of Postcodes and Where you Live in Determining Health Outcomes | Dr Wendy McIntosh
This presentation explores the relationship between socioeconomic status (SES) and health outcomes by examining how social and economic inequalities contribute to health disparities across populations. It also highlights the impact of education, employment, environmental conditions, and healthcare accessibility on physical and mental health.

Furthermore, the presentation discusses strategies and public health interventions aimed at reducing health inequities and promoting equal opportunities for healthy living. Adverse Childhood Events (ACEs) play a major role in determining an individual's health and overall well-being. An integral part of this presentation will be to explore the interplay between ACEs and SES.

"I really enjoyed the event. Dr Wendy is a no-nonsense presenter with a good sense of humour and extensive practical and theoretic knowledge of her subjects. She made everything easy to understand but also challenged our thinking in many ways. I really enjoyed her insights and perspective. Would definitely recommend to any nurses thinking of attending."- Suzanne

Day 2 Continued:

1200 – 1300: When Healthcare Doesn't Feel Safe: Culture, Trust and Access to Care | Sue Walker
Why Being Able to Access a Service is not the Same as Feeling Safe Enough to use it.

Healthcare accessibility involves more than distance, cost and availability. Experiences of racism, discrimination, cultural misunderstanding and previous interactions with healthcare services can influence whether people seek treatment, disclose concerns or return for ongoing care.

This session examines the importance of cultural safety, institutional trust and respectful healthcare relationships, with particular attention to Aboriginal and Torres Strait Islander peoples and Australia's culturally diverse communities. It considers how everyday nursing interactions and organisational practices can either reinforce barriers or help reduce them.

Afternoon: Online Self-directed Library

Racism in Health Care in Australia and Beyond: Understanding Impacts and Driving Change and Perpetrator | Dr Wendy McIntosh
This webinar explores how racism operates at individual, institutional, and systemic levels within the health sector and examines its consequences for Indigenous peoples, migrant communities, refugees, and other racialised groups.

Social Determinants of Health - Australian Institute of Health and Welfare
This reading explores the social determinants of health and how factors such as income, education, employment, housing and social connections influence health and wellbeing. It examines how these factors contribute to health inequalities across Australia and highlights the importance of understanding the broader circumstances that affect health outcomes and access to healthcare.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning.

Day 3: 24/09/2027 | Bergen, Norway



0800 – 1800: Explore this Port at your Leisure
Surrounded by mountains and fjords, Bergen is one of Norway's most picturesque cities. Famous for its colourful Bryggen wharf, a UNESCO World Heritage site, Bergen combines rich Hanseatic history with stunning natural beauty. Wander cobbled streets, enjoy fresh Nordic cuisine, or take in panoramic views from Mount Fløyen.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning.

Day 4: 25/09/2027 | Molde Fjord, Norway

1000 – 2100: Explore this Port at your Leisure
Often called the "City of Roses," Molde is beautifully set beside the Romsdal Fjord and framed by dramatic mountain peaks. This elegant coastal destination is celebrated for its scenic landscapes, fresh sea air, and relaxed atmosphere. It is a perfect place to experience the peaceful grandeur of Norway's fjord region.



Day 5: 26/09/2027 | Trondheim, Norway



0900 – 1900: Explore this Port at your Leisure
Norway's historic former Viking capital, Trondheim offers a captivating blend of medieval heritage and modern Scandinavian charm.

Highlights include the magnificent Nidaros Cathedral, colourful riverside warehouses, and a vibrant café culture. Rich in history yet youthful in spirit, Trondheim is one of Norway's most engaging cities.



0830 – 0930: Scope of Practice | Sue Walker

"While the foundational education of RNs, ENs, NPs and midwives in Australia captures the full breadth of the scope of the profession at the graduate entry level, the scope of practice of individual practitioners is influenced by the settings in which they practise. This includes the health needs of people, the level of competence and confidence of the nurse or midwife and the policy requirements of the service provider. As the nurse or midwife gains new skills and knowledge, their individual scope of practice changes."

In this session, we will explore the scope of practice and delegation framework.

0930 – 1030: When One Diagnosis Is Never the Whole Story | Sue Walker

The Growing Complexity of Patients and What it Means for Nursing Care.

This presentation examines the increasing prevalence of multimorbidity, polypharmacy, frailty and overlapping physical, cognitive and psychological conditions. It explores why traditional disease-specific approaches to care may be inadequate when patients have multiple competing needs, and how nurses can adapt assessment, clinical reasoning and care coordination to respond to increasingly complex presentations.

1030 – 1100: Break

1100 – 1200: Higher Acuity, Shorter Stays, Greater Expectations | Sue Walker

How Changing Models of Healthcare are Reshaping Nursing Practice.



Patients are increasingly receiving complex treatments in settings outside traditional inpatient care. Earlier discharge, hospital-in-the-home, outpatient therapies, remote monitoring and community-based management are changing where clinical risk is managed. This presentation considers the implications for nursing assessment, patient education, escalation of deterioration, family carers and continuity of care.

1200 – 1300: Medical Gaslighting: Recognising and Responding to Patient Experiences | Dr Wendy McIntosh

Medical gaslighting occurs when a patient feels that their symptoms, concerns or knowledge of their own body have been dismissed, minimised or attributed to psychological causes without adequate assessment. Whether intentional or unintentional, these experiences can leave patients feeling unheard, confused and reluctant to seek further healthcare. Medical gaslighting may contribute to delayed diagnosis, reduced trust in health professionals and poorer health outcomes. It may disproportionately affect women, people from culturally diverse backgrounds, people with disability, those living with chronic or poorly understood conditions, and individuals with mental health diagnoses.

Nurses may encounter patients who report that a doctor has medically gaslit them. Although patients may not use the term "medical gaslighting" it is important that nurses are familiar with the term. The nurse's role is not to immediately confirm or dispute the patient's interpretation, criticise the doctor, or make conclusions outside the nurse's scope of practice. Instead, nurses should respond with empathy and curiosity, acknowledging the patient's distress and inviting them to describe what occurred.

Afternoon: Online Self-directed Library



Polypharmacy and Ageing

Polypharmacy is increasingly common in the ageing population. There are a range of physiological changes as individuals age, which have an impact on the pharmacological properties of medicines. The more medicines are used, the higher the incidence of risk of interactions and adverse effects. In this webinar we will explore the impact of polypharmacy as people age, the issues to monitor for, and opportunities to intervene.

The Evolving Role of Nurses in Hospital Settings — A Scoping Review

This reading explores how the role of nurses in hospital settings continues to evolve in response to changing healthcare demands, advances in technology and increasingly complex patient needs. It examines the expanding responsibilities of nurses and the implications for clinical practice, professional development and the delivery of quality patient care.

Day 6 Continued:

Call to Action: Blueprint for Change in Acute and Critical Care Nursing

This reading examines the challenges facing acute and critical care nursing and the changes needed to support a sustainable and effective nursing workforce. It highlights the importance of leadership, workforce development, education and improvements to clinical practice in strengthening patient care and shaping the future of acute and critical care nursing.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning.



Day 07 & 8: 28-29/09/2027 | Honningsvag (North Cape), Norway

Arrive 28/09 @ 1300 Depart 29/09 @ 0100

Explore this Port at your Leisure

Gateway to the legendary North Cape, Honningsvåg lies deep within the Arctic Circle and offers an unforgettable northern adventure. Rugged coastlines, dramatic tundra landscapes, and endless horizons create a sense of true exploration. Visiting North Cape, one of Europe's northernmost points, is a highlight few travellers ever forget.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning.

Day 8: 29/09/2027 | Tromso, Norway

1400 – 2100: Explore this Port at your Leisure

Often called the Gateway to the Arctic, Tromsø is one of Norway's most vibrant and captivating northern cities. Surrounded by dramatic fjords, snow-capped peaks, and icy waterways, it blends breathtaking natural beauty with a lively cultural scene. Famous as one of the world's premier destinations for viewing the Northern Lights, Tromsø also offers charming cafés, fascinating polar history, striking Arctic architecture, and a warm Nordic atmosphere. Whether exploring the colourful waterfront, visiting the iconic Arctic Cathedral, or simply taking in the crisp northern air, Tromsø is a destination that leaves a lasting impression.



Day 09: 30/09/2027 | Conference Day Conference Day | Environment, Communities and Health Digital Health, AI and Virtual Models of Care



0830 – 0930: When the Environment Becomes a Health Emergency | Sue Walker

Climate Change, Environmental Exposures and the Changing Demands on Nursing Practice

Australia's changing environment is already influencing the health of the population. Extreme heat, bushfires, floods, air pollution and changing patterns of infectious disease are creating additional health risks, particularly for older people, children, people with chronic illness and communities with limited resources.

This presentation examines the emerging clinical consequences of environmental change, including heat-related illness, respiratory and cardiovascular complications, infectious disease risks, disruption to essential healthcare services and the psychological effects of environmental disasters.

The session considers how nurses across acute, primary, community and rural healthcare settings will need to adapt their assessment, clinical knowledge, patient education and preparedness as environmental health risks become an increasingly important part of everyday practice.

0930 – 1030: The Health of a Community Is More Than the Sum of Its Patients | Sue Walker
How Changing Communities and Population Health Needs Will Reshape Nursing Practice.

Australia's communities are changing. Population ageing, urban growth, regional population shifts, cultural diversity, changing family structures and increasing numbers of people living alone are influencing how healthcare is accessed and delivered.

This presentation explores how these changes affect health needs, informal caring arrangements, social isolation, access to services and the capacity of communities to support people living with chronic illness or disability.

It considers the implications for nursing practice as healthcare increasingly moves beyond hospitals and into homes and communities and examines the role nurses can play in identifying emerging population health needs, strengthening community connections and influencing how services respond.

1030 – 1100: Break

1100 – 1200: Digital Health and Public Health: Tools for the Modern Nurse | Dr Wendy McIntosh
This session will explore how telehealth, mobile apps, and digital records are transforming public health.

1200 – 1300: The Hospital Without Walls: Virtual Care, Remote Monitoring and the Changing Boundaries of Nursing Practice
Healthcare is increasingly being delivered outside traditional clinical environments through virtual hospitals, telehealth consultations, remote patient monitoring, hospital-in-the-home services and digitally supported chronic disease management.



These models are changing the relationship between nurses and patients, how clinical deterioration is recognised, and how responsibility for patient care is shared between healthcare professionals, patients and family carers.

This presentation examines the opportunities and limitations of virtual models of care, including the challenges of assessing patients remotely, interpreting physiological data, recognising deterioration without physical examination and ensuring appropriate escalation of care.

The session also explores patient safety, digital exclusion, professional accountability and the clinical competencies nurses will require as virtual healthcare becomes more widely integrated into Australian health services.

Afternoon: Online Self-directed Library



Reflections of Voluntary Assisted Dying from a Palliative Care Perspective: From a Queensland Experience
VAD has been available in Queensland since January 2023. This service has had a significant impact on the delivery of palliative care within the state in both the community and hospital setting. This webinar focuses on the personal reflections of a Nurse Practitioner working in the field and the evolving roll out of this service and its relationship with the palliative care services in Brisbane and the Sunshine Coast.

Nursing in 2050: Navigating Dual Realities of Climate Change in Healthcare
This reading explores how climate change may shape the future of nursing and healthcare by presenting two contrasting scenarios set in 2050. It examines the potential impacts of extreme weather, rising temperatures and environmental challenges on patient care and healthcare services, while highlighting the important role nurses can play in promoting sustainable practices, strengthening healthcare resilience and advocating for positive change.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning.

"Exceptional engagement with the group. Delivers in a style that allows flexibility in the discussions. A great way to relax, leave the world behind and meet some other like-minded people, all whilst visiting new places. Oh, and learning something too!!!!"- Brenton

Day 10: 01/10/2027 | Alesund, Norway



1000 – 1700: Explore this Port at your Leisure
One of Norway's most beautiful coastal towns, Ålesund is renowned for its striking Art Nouveau architecture and island setting. Rebuilt in elegant style after a fire in 1904, the town is a masterpiece of design surrounded by sea, mountains, and fjords. A walk to the Aksla viewpoint rewards visitors with spectacular panoramic views.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning.

Day 11: 02/10/2027 | Conference Day | Professional Identity, Culture and Workplace Behaviour
Workforce Reality: The Pressure Points in Practice

0830 – 0930: The Concept of Incivility in Healthcare | Sue Walker
Incivility refers to rude or disrespectful behaviour that can disrupt the working environment, impact teamwork, and ultimately affect patient care. Incivility can occur between healthcare professionals, such as doctors, nurses, and support staff, as well as between healthcare workers and patients or their families. Let's explore incivility.



0930 – 1030: Relationship Between Boundary Transgressions and Incivility | Dr Wendy McIntosh
Using scenarios from working with health professionals reported to Ahpra, the presenter will explore the nexus between the influence of workplace culture on the decision making and actions of health professionals. This relationship can be demonstrated through acts of kindness, developing alliances with patients against colleagues and aggressive acts towards colleagues.

1030 – 1100: Break

1100 – 1200: The Future Is Ours to Shape: Nursing in the Next Decade | Sue Walker
Healthcare is changing, and while much of the conversation focuses on workforce shortages, increasing demands and the pressures facing nurses, there is another side to the story.

This closing session takes an optimistic but realistic look at the future of healthcare and nursing over the next decade. We will explore developments already changing practice, consider emerging opportunities for professional growth and influence, and reflect on the uniquely human qualities that remain central to nursing.

1200 – 1300: Conference Summation and Q and A Discussion
Conference Summation and QA Discussion

Afternoon: Online Self-directed Library



A Little Book of Manners in Health Care
"How to curb your inner psychopath, prevent incivility, lead with kindness, and enjoy your work"

This session examines how behaviour in healthcare workplaces changes under pressure and why lapses in professional manners are rarely about personality and more often about fatigue, cognitive overload, stress, and organisational culture. Workplace manners matter and this session provides the why and how of maintaining them.

Professional Boundaries
This session will introduce participants to the nuances and complexities of professional boundaries. Thought you knew all about professional boundaries? Let your comfort zone be pushed in this webinar. Professional boundaries are about safety, the safety of the professional and safety of the patient.

Evening: Farewell Function
Join us for a Conference farewell drinks function to celebrate our time together. Conference photo will be taken (via iPhone!) if you are interested during this event.

Day 12: 03/10/2027 | Arrive Hamburg, Germany

Disembark – safe travels!

OUR PRESENTERS



Sue Walker, RN, BN, BN (ADMIN), MPHC (PALCARE), MACN, Specialist Nurse Educator

Sue is an Australian nurse educator, conference director and CPD specialist with extensive experience in clinical practice, leadership, education and public health.

She is the Director and Co-Founder of the Nurses for Nurses Network and a key contributor to Nursing CPD, where she helps deliver evidence-based education and professional development programs for nurses and midwives across Australia and internationally.

Sue holds qualifications in nursing, health administration and public health, along with postgraduate studies in gerontology, psychiatry of ageing, chemotherapy administration and training and assessment. Her career has included frontline nursing, senior management and education leadership.

At the heart of her work is a simple belief: nurses and midwives are not just the backbone of healthcare, they are critical decisionmakers whose knowledge, judgement and advocacy directly influence patient outcomes and system safety. Sue's goal is to ensure nurses and midwives are supported and professionally empowered to meet the growing complexity of modern healthcare while sustaining long, fulfilling careers.

"I do frequently recommend this form of education. The benefits of knowledge gained, friendships made and fabulous locations ...plus gaining CPD and tax breaks...is second to none"- Kate

Dr Wendy McInosh, RGN, RMHN, GRAD. DIP MH, MN, CERT IV WORKPLACE ASSESSMENT & TRAINING, GROUP LEADERSHIP CERT, MRCNA, MANZCMHN, AANZPA



Wendy has over 30 years of experience as a health professional (clinical, education, and research), twenty-five of those years in mental health. Areas of specific interest and passion for Wendy include professional supervision, professional boundaries, professional identity, links between childhood trauma and mental illness, and workplace bullying. Wendy has over 20 years of experience as a psychodrama trainee – lifelong learning.

Wendy is committed to using experiential learning in the work she does with individuals and groups. Wendy maintains a full diary of workshops throughout Australia and London UK and consistently receives feedback on her passion, knowledge, and creativity as a presenter and facilitator.

Wendy is continually integrating learning and insights she gains from the work she does within professional boundaries. She has developed internet training tools and education packages for individuals/organisations and delivers webinars for organisations.

With the assistance of six podcast episodes titled 'Professional Boundaries', Wendy is exploring and guiding listeners on their own personal and reflective journey through boundaries. Further podcasts are currently in production.

OUR CONVENOR

Jason Dawson, RN,



Jason is from the Gold Coast, Queensland. Whilst studying for his Bachelor of Nursing at Southern Cross University, he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008. During this time, Jason has undertaken varied roles, including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions.

In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses, Midwives, Allied Health Professionals and Teachers /Educators the opportunity to update and improve their skills in diverse and unique locations.

VENUE



MSC Preziosa
Elegant, modern, and designed for unforgettable travel experiences, MSC Preziosa combines Mediterranean style with world-class comfort. This sophisticated flagship offers spacious lounges, refined dining, premium wellness facilities, and outstanding entertainment, creating the perfect setting for both business and leisure at sea.

Guests can enjoy panoramic ocean views, stylish accommodations, and exceptional onboard amenities while sailing through some of Northern Europe's most spectacular destinations. With versatile meeting spaces and a welcoming atmosphere, MSC Preziosa is an ideal host for a memorable cruise conference experience.

HOW TO DRESS ON A CRUISE SHIP



Most cruise lines offer a casual atmosphere onboard. Casual attire is the norm during the day, and there is no formal dress code at night. However, many passengers choose to change into something slightly less casual for dinner.

At least once per sailing, during which passengers are encouraged to dress up. While you rarely see tuxedos or evening gowns, suits and cocktail dresses are quite common.

Additionally, ships usually host several themed nights, such as White Parties, '70s, or '80s Night, Hawaiian or even Mexican during each sailing. It's a good idea to bring along a few themed items.

NB: Closer to your sail date you will be able to see what the exact theme nights are being held via your cruise companies app.

REGISTRATION COSTS

Contact the Team at Education at Sea for a personalised quote.

General Registration: $1390.00 | Non-practising Nurse: $290.00

We've realised that many past customers still want to travel with us. We have created a customer classification called non-practising Nurse.

It is for non-practising Nurses who want to travel with our group but no longer need CPD hours. They like to travel with like-minded people, people who get them because they have had similar experiences, and there is a shared connection that creates friendships quickly. Also, travelling as part of a group provides an extra level of support and safety.

The non-practicing registration is only available for our cruise conferences, as the study tours are all-inclusive.

(NB: Registration cost doesn't include travel, accommodation, or travel insurance.)

INCLUSIONS

General registration includes:

- A comprehensive conference program based on current best practice and meets the same exacting standards as anything offered in an Australian land-based program
- Access to experienced presenters eager to share their skills, knowledge, and passion with attendees
- Welcome function with drinks (travelling companions welcome)
- Farewell function with drinks (travelling companions welcome)
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests) (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic conference experience
- Access to an online conference library with educational content, allowing you to complete pre-conference learning activities and tailor your own learning experience
- A conference transcript outlining each session, including session synopses and presenter details
- The opportunity to meet as a group in various conference open forums, in one of the many fabulous locations on the ship
- A Certificate of Completion for you to include in your CPD Portfolio

Non-practising nurse registration includes:

- Inclusion in the Education at Sea / Nurses for Nurses travel group
- Welcome drinks on the first night at the registration function for you and your travelling companion
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests)
- Access to any networking events held onboard
- Opportunity to book shore tours, including hospital visits
- Ability to attend a maximum of five conference sessions that pique your interest – you may not need CPD points, but you could still be interested in various health related topics
- Farewell function on the final night for you and your travelling companion
- Subscription to newsletters to stay informed about future travel events

Additional Information:

- There is no additional charge for your travelling companion

OFFICE CONTACT

Payments | Receipts | Refunds | Travel Arrangements
Education at Sea
02 7908 7774
enquries@educationatsea.com.au
BH: Mon – Fri | 1000 – 1700

Program | Online Library | Certificates
The Nurses for Nurses Network
07 4151 3884 (Select Option 3)
enquiries@nfnn.com.au
BH: Mon – Thu | 0900 – 1500

INSURANCE

The Nurses for Nurses Network and Education at Sea strongly recommends customers take out travel insurance at the time of registration for an event to cover any unforeseen circumstances that may prevent them attending and thus incurring any financial loss.

DISCLAIMER

The opinions and statements of facts expressed in the Papers in these proceedings are those of the Authors and do not necessarily represent those of the Nurses for Nurses Network (NfNN), the editors, the organising committee or the supporters of this Conference. The organisers can accept no responsibility for errors or omissions in the individual papers. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the organisers. NfNN reserves the right to alter charges, cancel, postpone, change or withdraw the product or service at any time.

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Real Stories, Recipes, and Inspiration
This Nursing Life
thisnursinglife.com.au

Combine Great Locations with Fantastic CPD
Nurses for Nurses Network
nfnn.com.au

CONDENSED ITINERARY

DAY 1: 22/09/2027 | Depart Hamburg, Germany
1700 – 1800: Conference Registration and Welcome Function
2100: We set Sail

DAY 2: 23/09/2027 | Conference Day
0830 – 0930: Beyond the Diagnosis: How Social Determinants Shape Everyday Nursing Care
0930 – 1030: Health Literacy and Access to Healthcare: Is the Australian Health System Easy to Navigate?
1030 – 1100: Break
1100 – 1200: The Importance of Postcodes and Where you Live in Determining Health Outcomes
1200 – 1300: When Healthcare Doesn't Feel Safe: Culture, Trust and Access to Care
Afternoon: Online Library Self-directed Sessions
- Racism in Health Care in Australia and Beyond Understanding Impacts and Driving Change and Perpetrator
- Social determinants of health - Australian Institute of Health and Welfare

1800 – 1900: Networking Session

DAY 3: 24/09/2027 | Bergen, Norway
0800 – 1800: Explore at Your Leisure
1800 – 1900: Networking Session

DAY 4: 25/09/2027 | Molde Fjord, Norway
1000 – 2100: Explore at Your Leisure

DAY 5: 26/09/2027 | Trondheim, Norway
0900 – 1900: Explore at Your Leisure

DAY 6: 27/09/2027 | Conference Day
0830 – 0930: Scope of Practice
0930 – 1030: When One Diagnosis Is Never the Whole Story
1030 – 1100: Break
1100 – 1200: Higher Acuity, Shorter Stays, Greater Expectations
1200 – 1300: Medical Gaslighting: Recognising and Responding to Patient Experiences
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
- Polypharmacy and Ageing
- The Evolving Role of Nurses in Hospital Settings — A Scoping Review

1800 – 1900: Networking Session

DAY 7-8: 28-29/09/2027 | Honningsvag, Norway
Arrive 28/09 @ 1300 Depart 29/09 @ 0100
Explore at Your Leisure
1800 – 1900: Networking Session

Day 8: 29/09/2027 | Tromso, Norway
1400 – 2100: Explore this Port at your Leisure

Day 9: 30/09/2027 | Conference Day
0830 – 0930: When the Environment Becomes a Health Emergency
0930 – 1030: The Health of a Community Is More Than the Sum of its Patients
1030 – 1100: Break
1100 – 1200: Digital Health and Public Health: Tools for the Modern Nurse
1200 – 1300: The Hospital Without Walls
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
- Reflections of Voluntary Assisted Dying from a Palliative Care Perspective
- Nursing in 2050: Navigating Dual Realities of Climate Change in Healthcare

1800 – 1900: Networking Session

Day 10: 01/10/2027 | Alesund, Norway
1000 – 1700: Explore this Port at your Leisure

Day 11: 02/10/2027 | Conference Day
0830 – 0930: The Concept of Incivility in Healthcare
0930 – 1030: Relationship Between Boundary Transgressions and Incivility
1030 – 1100: Break
1100 – 1200: The Future Is Ours to Shape: Nursing in the Next Decade
1200 – 1300: Conference Summation and Q and A Discussion
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
- A Little Book of Manners in Health Care
- Professional Boundaries

1800 – 1900: Farewell Function

DAY 12: 03/10/2027 | Hamburg, Germany
Disembark – safe travels!