

The Future Is Built on Fundamentals

22 Feb - 04 Mar 2028 | 24 CPD Hrs

CRUISING FROM HONG KONG TO JAPAN

10 PORTS OF CALL

NURSES FOR NURSES

EDUCATION *at* SEA

WHAT THIS CONFERENCE IS ABOUT



Nursing fundamentals refer to the essential principles, skills, and knowledge that form the basis of nursing practice. They encompass a wide range of foundational concepts and abilities that nurses must master to provide safe, effective, and therapeutic care to patients. These essential principles change based on the latest Research and this conference will update this core knowledge to reflect what is expected in 2028.

Some of the key components of nursing fundamentals that will be explored in this conference program include:

Patient safety, effective communication, latest infection control guidelines, critical thinking, ethical and legal awareness, cultural competence, leadership and teamwork, and Medication Management. These key components improve patient outcomes and enhance the overall healthcare experience.

The concept of finding joy in the work and managing the response to workplace stress, as well as developing great relationships in the workplace will also be explored in the conference program. This will include a workshop focusing on stress management techniques and strategies to promote the psychological health of the clinician.

LEARNING OUTCOMES

At this Conference, participants will:

- Explore workplace issues that impact on job satisfaction and strategies to amend same
- Investigate updates in the fundamentals of Nursing Practice, Nursing Ethics, and Code of Conduct in 2028
- Review core competencies, including basic life support, advanced life support, and medication management
- Understand the concept of incivility and why workplace manners are so important.

YOU WILL ALSO LEARN

- How to find joy in your work
- About stress and how it can lead to burnout
- Strategies to get the joy back into your work experience
- Techniques to employ to assist you manage workplace stress
- How to get your voice heard
- About patient safety and what adverse events are trending
- The latest medications on the market and practice your maths
- How critical thinking can impact your work and how to mentor others
- What's happening in the world of infection control
- What role does leadership play in collaboration and what skills do we need to work effectively as part of a team
- How knowledge of ethical principles and legal responsibilities provides a solid foundation to navigate ethical dilemmas and legal complexities with confidence, ensuring the safety and rights of both the Nurse and the patient.
- About our code of conduct and look at the legal situations that can arise.
- How cultural awareness enhances your work
- Why you need to understand professional boundaries
- How the mandatory notification system works
- Why and how social media can get you into trouble
- A whole lot of concepts that will support your work in 2028 and beyond

"Presented so well, Sue captures the audience in a calm & happy way. Meditation should be a daily part of our lives & having the knowledge from Sue I am sure my day will be calmer as I practice what Sue has shown us."
- Leanne, South Pacific Cruise Conference

DETAILED ITINERARY

Day 1: 22/02/2028 | Depart Hong Kong, China



Neon signs galore, dim sum, and amazing temples are a few of the favourite experiences in Hong Kong. Take in as much as you can of this thrilling city with its endless shopping and towering skyscrapers. Your agenda for Hong Kong should include Victoria Peak, an Aberdeen Fishing Village, the Man Mo Temple and Sheung Wan Dried Food and Herbal Market. Be certain to have extra room in your suitcase for the bargains you are bound to discover.

Your ship departs promptly at 5:30 pm, so we recommend arriving at least 2-3 hours early to smoothly navigate check-in and boarding. All ship amenities are open and ready, so kickstart your vacation with a refreshing drink or a delicious snack.

1600: We set Sail
Make sure you are on deck to say bon voyage.

1700 – 1800: Conference Registration and Welcome Function (guests are welcome)
Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates are required to attend the Conference registration session to collect their Conference pack and confirm registration details to ensure the correct issuing of their CPD certificate.

Day 2: 23/02/2028 | Conference Day | Kaohsiung, Taiwan | 1100 – 1900

0800 – 0900: Scope of Practice
"While the foundational education of RNs, ENs, NPs and midwives in Australia capture the full breadth of the scope of the profession at the graduate entry level, the scope of practice of individual practitioners is influenced by the settings in which they practise. This includes the health needs of people, the level of competence and confidence of the nurse or midwife and the policy requirements of the service provider. As the nurse or midwife gains new skills and knowledge, their individual scope of practice changes."

In this session, we will explore the scope of practice and delegation framework.

0900 – 1000: The Concept of Incivility
The concept of incivility in healthcare refers to rude or disrespectful behaviour that can disrupt the working environment, impact teamwork, and ultimately affect patient care. Incivility can occur between healthcare professionals, such as doctors, nurses, and support staff, as well as between healthcare workers and patients or their families.



We will explore the Forms of Incivility, causes, Impact, and strategies to address incivility in the workplace.

1000 – 1100: Why Workplace Manners Matter and what do the look like in 2028
Workplace manners, often referred to as workplace etiquette, are the behaviours and practices that promote respect, professionalism, and effective communication in a professional setting. These manners help create a positive and productive work environment, fostering good relationships among colleagues, supervisors, and clients. Let's investigate what they look like in practice and dissect your experience in the workplace.



1100 – 1900: Kaohsiung, Taiwan | Explore at your Leisure
Discover the vibrant port city of Kaohsiung, where traditional Taiwanese culture meets modern waterfront attractions. Located on Taiwan's southern coast, Kaohsiung offers a fascinating mix of colourful temples, bustling markets, beautiful parks and impressive architecture.

Take a stroll along the scenic Love River, explore the creative spaces of the Pier-2 Art Centre or sample delicious local street food at one of the city's famous night markets. With its welcoming atmosphere, rich cultural heritage and tropical charm, Kaohsiung is a wonderful destination to explore during your cruise.

Online Library Self-directed Activities
The online library is provided to attendees one week before the sail date and two weeks after the conference has finished. Attendees can complete the sessions at any time during that period.

Dealing with difficult people and how do I know I'm not the difficult person? | Sue Walker
This presentation aims to equip professionals with practical strategies and tools to handle difficult people in the workplace effectively. It will cover various types of challenging behaviours, their impact on the work environment, and actionable techniques to manage and mitigate conflicts.

Why Personality Traits Matter | Sue Walker
This presentation aims to highlight the critical role that personality traits play in shaping workplace interactions, team dynamics, and overall organizational success. It will delve into the understanding of different personality traits, how they influence behaviour and performance, and strategies for leveraging this knowledge to enhance workplace effectiveness. This presentation will provide attendees with valuable insights into the role of personality traits in the workplace, equipping them with the knowledge and strategies to create a more cohesive, motivated, and successful work environment.

Finding Joy in the Work I Do
Studies have indicated that joy is an emotional reaction and perspective crucial for our overall health, cognitive capabilities, and professional efficacy. So, how can we discover or rekindle this sense of joy? It doesn't involve pursuing perfection. Rather, research suggests it stems from leveraging our strengths, embracing courage, authenticity, gratitude, and fostering connections. Let' explore

Day 3: 24/02/2028 | Taipei (Keelung), Taiwan | 0900 – 1830



Explore at your Leisure
Discover the vibrant port city of Kaohsiung, where traditional Taiwanese culture meets modern waterfront attractions. Located on Taiwan's southern coast, Kaohsiung offers a fascinating mix of colourful temples, bustling markets, beautiful parks and impressive architecture.

Take a stroll along the scenic Love River, explore the creative spaces of the Pier-2 Art Centre or sample delicious local street food at one of the city's famous night markets. With its welcoming atmosphere, rich cultural heritage and tropical charm, Kaohsiung is a wonderful destination to explore during your cruise.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 4: 25/02/2028 | Miyakojima (Okinawa), Japan | 0900 – 1800



Explore at your Leisure
Discover the tropical beauty of Miyakojima, a stunning island paradise in Japan's Okinawa region. Famous for its crystal-clear turquoise waters, pristine white sandy beaches and relaxed island atmosphere, Miyakojima offers a refreshing escape from Japan's bustling cities.

Explore picturesque coastal landscapes, admire the spectacular views from Cape Higashi-Hennazaki or discover the island's unique Ryukyuan culture and traditions. Whether you choose to relax by the sea, browse local shops or sample delicious Okinawan cuisine, Miyakojima promises a memorable taste of Japan's tropical charm.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 5: 26/02/2028 | Conference Day



0800 **– 0900: Let's Investigate Workplace Stress**
Workplace stress refers to the physical and emotional responses that individuals experience when they perceive a discrepancy between the demands of their job and their ability to cope with those demands. It's a common phenomenon in modern work environments and can result from a variety of factors, including high workloads, time pressure, lack of control over tasks, poor communication, job insecurity, lack of support, and conflicting priorities.

0900 – 1000: Compassion Fatigue and Quiet Quitting | Dr Paula Foran
Discussion will surround the difference of both compassion fatigue and quiet quitting and the sad erosion this has on us and nursing as a whole.

1000 – 1030: Break

1030 – 1130: The Techniques we can Employ to Find Joy in the Work and Minimise the Impact of the Work on Us
Certainly, finding joy in work and minimizing its negative impact involves a combination of strategies that focus on both individual well-being and optimizing the work environment. In this session we will explore how to achieve this.

1130 – 1230: Leadership and Team Collaboration
Healthcare is a collaborative effort, and communication skills and a teamwork mindset is necessary for effective collaboration with other healthcare professionals. What role does leadership play in collaboration and what skills do we need to work effectively as part of a team.

1230 – 1400: Break

1400 – 1500: Communication and Advocacy
Effective communication is at the heart of nursing fundamentals. Nurses need to communicate with patients, families, and interdisciplinary teams to ensure coordinated and patient-centred care. Moreover, nurses often act as patient advocates, ensuring that patients' voices are heard, and their safety maintained. Let's explore best practice communication strategies.



1500 – 1600: Patient Safety
What are the current safety concerns in our health care system. Medication management and incidents continue to be a cause of adverse events as does communication as we have discussed in the previous sessions. Here we will discuss trends in adverse events and how we can modify practice to minimise same.

1600 – 1700: Cultural Competence
Exceptional healthcare requires cultural competence, sensitivity and respect for diverse backgrounds and beliefs. Nursing fundamentals emphasize cultural awareness, enabling nurses to provide care that is respectful and tailored to individual needs.

Online Library Self-directed Activities

Let's Practice Those Techniques
The techniques we can employ to find joy in the work and minimise the impact of the work on us. In this online workshop, we will practice some of those techniques and examine the science supporting their use. A copy of the techniques will be provided in the online library, and you will be asked to practice them during some of your self-directed sessions.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 6: 27/02/2028 | Sasebo, Japan | 0700 – 1800



Explore at your Leisure
Discover the coastal charm of Sasebo, a picturesque port city in Japan's Nagasaki Prefecture, known for its beautiful island scenery, fascinating history and unique blend of Japanese and Western influences. Wander through local shopping streets, sample the famous Sasebo Burger or discover the city's maritime heritage. With its relaxed atmosphere, stunning natural landscapes and welcoming culture, Sasebo offers a delightful glimpse into a lesser-known side of Japan.

Day 6 Continued:

Online Library Self-directed Activities
Journalling
Let's explore journaling – why people find it helpful and how to introduce the practice into your day.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 7: 28/02/2028 | Hakata (Fukuoka), Japan and Kanmon Strait | 0700 – 1700

Explore at your Leisure
Discover the vibrant city of Fukuoka, located on Japan's southern island of Kyushu, where rich history, modern attractions and delicious cuisine come together. Arriving in the port of Hakata, explore beautiful temples and shrines, wander through bustling shopping districts or sample the city's famous Hakata ramen at a traditional street food stall. Visit the historic Kushida Shrine or enjoy the peaceful surroundings of Ohori Park before returning to the ship.



The day also features a scenic passage through the Kanmon Strait, the narrow waterway separating Japan's islands of Honshu and Kyushu. Enjoy views of the surrounding coastline, impressive bridges and passing vessels as the ship navigates this historic and busy maritime route.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 8: 29/02/2028 | Hiroshima, Japan | 0900 – 1800



Explore at your Leisure
Discover the remarkable city of Hiroshima, a destination known for its moving history, beautiful gardens and enduring message of peace. Visit the Hiroshima Peace Memorial Park and Museum, where the events of 1945 are remembered through powerful exhibits and memorials, or explore the beautifully landscaped Shukkeien Garden. Take a trip to nearby Miyajima Island, famous for its iconic floating torii gate and the historic Itsukushima Shrine. Wander through lively shopping streets, sample Hiroshima's famous okonomiyaki or simply enjoy the city's welcoming atmosphere. With its fascinating cultural heritage, scenic surroundings and inspiring story of resilience, Hiroshima offers a memorable and meaningful experience during your cruise.

Online Library Self-directed Activities

Review of Basic Life Support
This presentation aims to provide an in-depth understanding of Basic Life Support (BLS) techniques, emphasizing the importance of these life-saving skills in emergency situations. It will cover the fundamentals of BLS, including CPR, AED usage, and how to manage choking incidents, ensuring participants are well-equipped to respond effectively in critical moments.

Review of Advanced Life Support
This presentation aims to provide healthcare professionals with a comprehensive understanding of Advanced Life Support (ALS) techniques. It will cover advanced resuscitation skills, airway management, pharmacology, and the integration of team dynamics during complex medical emergencies. The session is designed to enhance the participants' ability to respond effectively to life-threatening situations.

Medication Administration
Nurses must be proficient in safely administering medications, - as previously discussed - including understanding dosage calculations, routes of administration, potential side effects, and drug interactions.

In this session we will explore newly release medications on the Australian market and test our calculation skills.

Day 8 Continued:

Let's Practice Those Medication Calculation Skills
There are a number of activities in the online library for you to complete on medication calculations

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 9: 01/03/2028 | Kochi, Japan | 0800 – 1700

Explore at your Leisure
Discover the natural beauty and rich cultural heritage of Kochi, a charming coastal city on Japan's island of Shikoku. Known for its magnificent mountain scenery, historic landmarks and relaxed atmosphere, Kochi offers a wonderful glimpse into traditional Japanese life.

Explore the beautifully preserved Kochi Castle, wander through the colourful stalls of Hirome Market or visit the picturesque Katsurahama Beach, famous for its sweeping coastal views. Sample local specialities, including the region's renowned seared bonito, known as *katsuo no tataki*. With its fascinating history, welcoming locals and beautiful landscapes, Kochi is a delightful destination to explore during your cruise.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 10: 02/03/2028 | Kyoto (Osaka), Japan | 0630 – 1800



Explore at your Leisure
Experience the fascinating contrast between Japan's ancient traditions and modern city life with a visit to Kyoto and Osaka. From the bustling port city of Osaka, discover Kyoto's magnificent temples, peaceful gardens and historic streets, where centuries of Japanese culture have been beautifully preserved. Explore the famous Fushimi Inari Shrine with its thousands of red torii gates, admire the stunning Golden Pavilion or wander through the traditional streets of Gion. Alternatively, spend time in Osaka, renowned for its impressive castle, vibrant shopping districts and delicious street food. Whether you're drawn to Kyoto's timeless beauty or Osaka's lively atmosphere, this destination offers a memorable taste of Japan's rich history and culture.

Online Library Self-directed Activities

Professional Boundaries
This webinar will introduce participants to the nuances and complexities of professional boundaries. Thought you knew all about professional boundaries? Let your comfort zone be pushed in this webinar. Professional boundaries are about safety, the safety of the professional and safety of the patient. Few organisations however offer education or training that dives deep into the importance of boundaries to protect vulnerabilities in professionals that could lead to boundary transgressions.

Standards for Practice
The practice of a Registered Nurse (RN) revolves around individual-focused and evidence-grounded approaches, encompassing preventive, healing, developmental, supportive, recuperative, and palliative aspects. RNs engage in therapeutic and expert connections with individuals, as well as with families, groups, and communities. Let's explore the Standards.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 11: 03/03/2028 | Conference Day | Mount Fuji (Shimizu), Japan | 1100 – 1800



0800 – 0900: Mandatory Notifications
In order to safeguard the public against potential harm, registered health professionals and their employers are obligated to submit mandatory notifications in specific, restricted situations. This obligation is a legal mandate outlined in the National Law.

A Little Bit on the Use of Social Media
In this session we will explore the issues of social media and our responsibility as clinicians. There will be a conference summation with the opportunity for a Q&A. We will finish with a big deep breath (meditation strategy) as we head back into the workforce refreshed and reinvigorated.

0900 – 1000: Code of Conduct for Nurses and Midwives
Registration as a Nurse and or Midwife requires you to meet the NMBA's mandatory registration standards and to practise within the relevant NMBA-approved standards, codes, guidelines and frameworks.

In this session, we'll explore the code and discuss the application to our working lives. Have you read it? Do you understand the implications?

1000 – 1100: Ethical and Legal Considerations
Knowledge of ethical principles and legal responsibilities provides a solid foundation to navigate ethical dilemmas and legal complexities with confidence, ensuring the safety and rights of both the Nurse and the patient. In this session we will explore our code of conduct and look at the legal situations that can arise.

1100 – 1800: Mount Fuji | Explore at your Leisure



Discover the breathtaking scenery of Shimizu, a picturesque port city offering spectacular views of Japan's most iconic landmark, Mount Fuji. Set against the beautiful coastline of Suruga Bay, Shimizu is known for its stunning natural landscapes, rich cultural heritage and delicious local seafood. Visit the scenic Miho no Matsubara pine grove, where Mount Fuji provides a magnificent backdrop on clear days, or explore the historic Kunozan Toshogu Shrine. Wander through local markets, sample freshly caught seafood or simply enjoy the peaceful coastal surroundings. With its blend of natural beauty, traditional culture and unforgettable scenery, Shimizu offers a wonderful opportunity to experience the charm of Japan beneath the majestic Mount Fuji.

1700 – 1800: Farewell Function (guests are welcome)
Join us for a Conference farewell drinks function to celebrate our time together. Conference photo will be taken (via iPhone!) if you are interested during this event.

Day 12: 04/03/2028 | Arrive Tokyo (Yokohama), Japan

0800: Disembark – safe travels!

"*To mix travel and a conference has made such a difference to me at a time when our health system is experiencing such difficult times. To escape for a while to learn & explore some of the world has made a significant positive difference emotionally and mentally.* - Vivienne, Icelandic Cruise Conference

OUR PRESENTERS

Sue Walker, RN, BN, BN (ADMIN), MPHC (PALCARE), MACN, Specialist Nurse Educator



Sue is an Australian nurse educator, conference director and CPD specialist with extensive experience in clinical practice, leadership, education and public health. She is the Director and Co-Founder of Nurses for Nurses and a key contributor to Nursing CPD, where she helps deliver evidence-based education and professional development programs for nurses and midwives across Australia and internationally.

Sue holds qualifications in nursing, health administration and public health, along with postgraduate studies in gerontology, psychiatry of ageing, chemotherapy administration and training and assessment. Her career has included frontline nursing, senior management and education leadership.

At the heart of her work is a simple belief: nurses and midwives are not just the backbone of healthcare, they are critical decision-makers whose knowledge, judgement and advocacy directly influence patient outcomes and system safety. Sue's goal is to ensure nurses and midwives are supported and professionally empowered to meet the growing complexity of modern healthcare while sustaining long, fulfilling careers.

OUR CONVENOR



JASON DAWSON, RN, BN

Jason is from the Gold Coast, Queensland. Whilst studying for his Bachelor of Nursing at Southern Cross University, he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008. During this time, Jason has undertaken varied roles, including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions.

In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses, Midwives, Allied Health Professionals and Teachers /Educators the opportunity to update and improve their skills in diverse and unique locations.

REGISTRATION COSTS

Contact the Team at Education at Sea for a personalised quote.

General Registration: $1390.00

(NB: Registration cost doesn't include travel, accommodation, or travel insurance.)

Non-practising Nurse: $290.00

We've realised that many past customers still want to travel with us. We have created a customer classification called Non-Practising Nurse.

It's for Retired Nurses who want to travel with our group but no longer need CPD hours. They like to travel with like-minded people, people who get them because they have had similar experiences, and there is a shared connection that creates friendships quickly. Also, travelling as part of a group provides an extra level of support and safety.

The non-practicing registration is only available for our cruise conferences, as the study tours are all-inclusive.

INCLUSIONS

General registration includes:

- A comprehensive conference program based on current best practice and meets the same exacting standards as anything offered in an Australian land-based program
- Access to experienced presenters eager to share their skills, knowledge, and passion with attendees
- Welcome function with drinks (travelling companions welcome)
- Farewell function with drinks (travelling companions welcome)
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests) (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic conference experience
- Access to an online conference library with educational content, allowing you to complete pre-conference learning activities and tailor your own learning experience
- A conference transcript outlining each session, including session synopses and presenter details
- The opportunity to meet as a group in various conference open forums, in one of the many fabulous locations on the ship
- A Certificate of Completion for you to include in your CPD Portfolio

Non-practising nurse registration includes:

- Inclusion in the Education at Sea / Nurses for Nurses travel group
- Welcome drinks on the first night at the registration function for you and your travelling companion
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests)
- Access to any networking events held onboard
- Opportunity to book shore tours, including hospital visits
- Ability to attend a maximum of five conference sessions that pique your interest – you may not need CPD points, but you could still be interested in various health related topics
- Farewell function on the final night for you and your travelling companion
- Subscription to newsletters to stay informed about future travel events

VENUE

Norwegian Jade
The Norwegian Jade offers a relaxed and welcoming cruising experience, with a wonderful selection of dining options, bars, lounges and entertainment. Guests can unwind by the pool, enjoy a treatment at the spa, take in a live show or simply relax while sailing between destinations. With its comfortable accommodation and inviting atmosphere, the Norwegian Jade provides the perfect setting to combine professional development with the pleasures of cruising.



HOW TO DRESS ON A CRUISE SHIP



Most cruise lines offer a casual atmosphere onboard. Casual attire is the norm during the day, and there is no formal dress code at night. However, many passengers choose to change into something slightly less casual for dinner.

At least once per sailing, during which passengers are encouraged to dress up. While you rarely see tuxedos or evening gowns, suits and cocktail dresses are quite common.

Additionally, ships usually host several themed nights, such as White Parties, '70s, or '80s Night, Hawaiian or even Mexican during each sailing. It's a good idea to bring along a few themed items.

NB: Closer to your sail date you will be able to see what the exact theme nights are being held via your cruise companies app.

OFFICE CONTACT

Payments | Receipts | Refunds | Travel Arrangements
Education at Sea
02 7908 7774
enquries@educationatsea.com.au
BH: Mon – Fri | 1000 – 1700

Program | Online Library | Certificates
The Nurses for Nurses Network
07 4151 3884 (Select Option 3)
enquiries@nfnn.com.au
BH: Mon – Thu | 0900 – 1500

INSURANCE

The Nurses for Nurses Network and Education at Sea strongly recommends customers take out travel insurance at the time of registration for an event to cover any unforeseen circumstances that may prevent them attending and thus incurring any financial loss.

DISCLAIMER

The opinions and statements of facts expressed in the Papers in these proceedings are those of the Authors and do not necessarily represent those of the Nurses for Nurses Network (NfNN), the editors, the organising committee or the supporters of this Conference. The organisers can accept no responsibility for errors or omissions in the individual papers. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the organisers. NfNN reserves the right to alter charges, cancel, postpone, change or withdraw the product or service at any time.

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thisnursinglife.com.au

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Nurses for Nurses Network

nfnn.com.au

CONDENSED ITINERARY

Day 1: 22/02/2028 | Hong Kong, China
1600: We set Sail
1700 – 1800: Conference Registration and Welcome Function (guests are welcome)

Day 2: 23/02/2028 | Conference Day | Kaohsiung, Taiwan
0800 – 0900: Scope of Practice
0900 – 1000: The Concept of Incivility
1000 – 1100: Why Workplace Manners Matter and what do the look like in 2028
Online Library Self-directed Activities
- Dealing with difficult people and how do I know I'm not the difficult person?
- Why Personality Traits Matter
- Finding Joy in the Work I Do

1100 – 1900: Kaohsiung, Taiwan | Explore at your Leisure

Day 3: 24/02/2028 | Taipei, Taiwan
0900 – 1830: Explore at your Leisure
1800 – 1900: Networking Session

Day 4: 25/02/2028 | Miyakojima (Okinawa), Japan
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1800 – 1900: Networking Session

Day 5: 26/02/2028 | Conference Day
0800 – 0900: Let's Investigate Workplace Stress
0900 – 1000: Compassion Fatigue and Quiet Quitting
1000 – 1030: Break
1030 – 1100: The Techniques we can Employ to Find Joy in the Work and Minimise the Impact of the Work on Us
1130 – 1230: Leadership and Team Collaboration
1230 – 1400: Break
1400 – 1500: Communication and Advocacy
1500 – 1600: Patient Safety
1600 – 1700: Cultural Competence
Online Library Self-directed Activities
- Let's Practice Those Techniques

1800 – 1900: Networking Session

Day 6: 27/02/2028 | Sasebo, Japan
0700 – 1800: Explore at your Leisure
Online Library Self-directed Activities
- Journalling

1800 – 190: Networking Session

Day 7: 28/02/2028 | Hakata (Fukuoka), Japan and Kanmon Strait
0700 – 1700: Explore at your Leisure
1700 – 1800: Networking Session

Day 8: 29/02/2028 | Hiroshima, Japan
0900 – 1800: Explore at your Leisure
Online Library Self-directed Activities
- Review of Basic Life Support
- Review of Advanced Life Support
- Medication Administration
- Let's Practice Those Medication Calculation Skills

1800 – 1900: Networking Session

Day 9: 01/03/2028 | Kochi, Japan
0800 – 1700: Explore at your Leisure
1800 – 1900: Networking Session

Day 10: 02/03/2028 | Kyoto (Osaka), Japan
0630 – 1800: Explore at your Leisure
Online Library Self-directed Activities
- Professional Boundaries
- Standards for Practice

1800 – 1900: Networking Session

Day 11: 03/03/2028 | Conference Day | Mount Fuji (Shimizu), Japan
0800 – 0900: Mandatory Notifications
0900 – 1000: Code of Conduct for Nurses and Midwives
1000 – 1100: Ethical and Legal Considerations
1100 – 1800: Explore at your Leisure
1700 – 1800: Farewell Function (guests are welcome)

Day 12: 04/03/2028 | Tokyo, Japan
0800: Disembark - Safe Travels