

Key Issues Impacting Health Care Delivery - Now and into the Future

11 - 24 July 2027 | 24 CPD Hrs

CRUISING FROM TAHITI TO FIJI

9 PORTS OF CALL

NURSES FOR NURSES NETWORK

EDUCATION *at* SEA



We're Going to Tahiti and Beyond!!!!

We are so excited to announce our next CPD cruise adventure — a conference that sails from Tahiti to Fiji aboard the Norwegian Spirit!

Imagine crystal-clear lagoons, palm-fringed beaches, where the gentle ocean breezes form the backdrop for an unforgettable conference experience.

Between vibrant learning sessions and thought-provoking discussions, you'll have time to unwind, connect, and explore some of the world's most breathtaking destinations.

WHAT THIS CONFERENCE IS ABOUT

In an era of rapidly evolving demographics, technologies, workforce shifts and global health threats, the delivery of health care is under unprecedented pressure — and unprecedented opportunity. Health systems everywhere wrestle with ageing populations, rising chronic disease burdens, escalating costs, workforce fatigue and shortages, digital & data transformation, equity and access gaps, climate change, pandemics and the burgeoning promise (and peril) of artificial intelligence and genomics.

By 2027, we expect these pressures to intensify and intersect in new ways: models of care must shift from acute, episodic treatment to proactive, integrated, community-based, data-driven, patient-centred structures. Attention must be paid not just to what care is delivered, but how, where, by whom, and under what system of values.

This conference invites health care workers, educators, clinicians, policymakers, innovators and system leaders to explore the key issues shaping care delivery today — and to peer beyond the horizon to what is coming next. We'll challenge the status quo, interrogate assumptions, highlight evidence, and practise pragmatic strategies. The aim is less "fluffy vision" and more "what works now, and what we must be ready for".

WHY ATTEND?

Because this isn't your typical conference, it's professional growth wrapped in a tropical escape. Earn valuable CPD hours through engaging, evidence-based sessions while cruising from Tahiti to Fiji. Reconnect with like-minded professionals, recharge under the South Pacific sun, and return home inspired, renewed, and reminded why you love what you do.

LEARNING OUTCOMES

By the end of this Conference, participants will be able to:



1. Analyse major current and emerging drivers of change in health care delivery (e.g., demographic shifts, workforce dynamics, digital/AI, cost pressures, equity) and understand their implications for health care delivery, education and leadership.
2. Evaluate new models of care and organisational responses that are being developed or trialled, including community-based, virtual/telehealth, integrated care, and how nurses and other health care workers can lead or adapt within them.
3. Apply frameworks and strategies for building resilience in health services — across workforce wellbeing, health system shocks (pandemics, climate events), and digital threats (cybersecurity, data governance) — to their own local context.
4. Design or propose an initiative, practice improvement or policy change relevant to their setting that responds to one or more of these key issues (e.g., harnessing AI ethically in practice; redesigning care for older adults; strengthening inter-professional collaboration; addressing health inequities).

LEARNING OUTCOMES



- Issue impacting Health care delivery
- Why ageing is not the big issue it is claimed to be
- Workforce issues that impact health care delivery
- Community Expectation of Health Care Delivery – does the political talk meet what's delivered
- What is the dominant driver of health care use in Australia
- The gap between life expectancy and years lived in good health
- How emergency nursing is being delivered across screens, across distance, and often without the immediate physical presence of a team
- The widening mismatch between declining workforce experience and increasing patient acuity
- The impact of stress and burnout on the Nurses or midwives' ability to meet the code of conduct and standards of practice
- Thought you knew all about professional boundaries? Let your comfort zone be pushed in this presentation
- The impact of addiction with a focus on gambling and the use of party drugs – not just on the person, but their family and our society
- The impact of generational change and expectations in the health care workforce
- The uncertainty and ferocity of global warming is affecting the way the water industry adapts to protect human and environmental health
- The concept of workplace incivility including those subtle, low-level acts of rudeness and disrespect that often fly under the radar but still have a significant impact on team morale and wellbeing
- The importance of workplace manners and how small acts of kindness can have a massive impact on team dynamics, patient outcomes, and personal satisfaction
- The critical role that personality traits play in shaping workplace interactions, team dynamics, and overall organizational success
- Confidently conveying your opinions and concerns both in the workplace and your personal life
- A comprehensive, evidence-informed overview of psychotropics, focusing on antipsychotic use
- Gain an understanding how Australian healthcare recruitment panels assess written applications
- How digital systems actively shape medication safety, structure handover conversations, and guide patterns of nursing thinking
- A general overview of the importance of addressing public health in the context of climate change
- How will the Australian water industry protect human and environmental health to become more resilient?
- Are you dealing with a narcissist, a psychopath, or just a difficult nasty person
- Scope of practice and individual roles within the broader healthcare team
- You don't need a title to lead

DETAILED ITINERARY

Day 1: 11/07/2027, Sunday | Depart Papeete (Tahiti), French Polynesia

Your journey begins in Papeete, the vibrant capital of Tahiti, where French flair meets island soul. Fragrant frangipani fills the air, the waterfront hums with colour and music, and the locals greet you with that effortless Polynesian warmth.

Wander through bustling markets overflowing with tropical fruit, pearls, and handcrafted treasures, or take in the turquoise lagoons that fringe the island. With its blend of natural beauty and cultural charm, Papeete is the perfect place to begin your CPD adventure — a paradise that instantly reminds you to slow down, breathe deeply, and simply *be*.

1800 – 1900: Conference Registration and Welcome Function
Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates should attend the Conference registration session to collect their Conference pack and confirm registration details to ensure the correct issuing of their CPD certificate.

2200: We set Sail
Make sure you are on deck to say bon voyage.



Day 2: 12/07/2027, Monday | Moorea, French Polynesia

0700 – 1700: Explore this Port at your Leisure
Just a short sail from Tahiti lies Moorea, a vision of emerald peaks rising from a turquoise lagoon. Known as the "Magical Island," Moorea feels like stepping into a postcard where lush mountains tumble into the sea, and time slows to the rhythm of the waves. Whether you're exploring hidden bays, tasting fresh pineapple from local plantations, or simply floating in the warm, crystal-clear water, Moorea captures the heart and leaves a lasting sense of calm and wonder.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 3: 13/07/2027, Tuesday | Raiatea, French Polynesia



0700 – 1700: Explore this Port at your Leisure
Rich in legend and lush with tropical beauty, Raiatea is often called the "Sacred Island" — the spiritual heart of Polynesia. It's a place where history, culture, and nature intertwine; where ancient marae (temples) whisper stories of the past, and winding rivers lead deep into rainforest valleys. Peaceful and profoundly beautiful, Raiatea offers a glimpse into the soul of the islands — calm, connected, and timeless.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 4: 14/07/2027, Wednesday | Bora Bora, French Polynesia

0700 – 1700: Explore this Port at your Leisure
Few places on earth capture the imagination quite like Bora Bora. With its crystal-clear lagoon, overwater bungalows, and emerald peaks rising straight from the sea, it's the very definition of paradise. Whether you're drifting over coral gardens, strolling the soft white sands, or simply watching the sun paint the sky in shades of gold and rose, Bora Bora will leave you breathless — and wishing time would stand still.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 5: 15/07/2027, Thursday | Conference Day

0830 – 0930: Key Issues Impacting Health Care Delivery — Now and in the Future | Sue Walker
Health care delivery is being shaped by several pressures occurring at the same time. Ageing populations and rising chronic disease are increasing complexity, with more care delivered across community and home settings rather than short hospital episodes.

Workforce expectations are changing alongside this, with evolving roles, ongoing shortages and a need for stronger digital capability. Technology such as telehealth and artificial intelligence is now part of routine care, bringing both benefit and risk in relation to safety, data and decision-making.

Inequities in access remain, particularly in rural and remote areas, while financial and environmental pressures are influencing how services are prioritised and delivered. Patient expectations for accessible and personalised care continue to grow.

This first session provides a concise overview of the key factors shaping health care delivery and what they mean for current and future health care delivery.

Day 5 Continued:



0930 – 1030: Living Longer, Living with Disease: What the Data Is Telling Us | Sue Walker
Chronic disease is now the dominant driver of health care use in Australia, and it is not limited to older age. Many people develop long-term conditions earlier in life and live with them for decades, while older populations are increasingly managing multiple conditions at once. The result is sustained demand, rising complexity and longer engagement with health services.

This session examines what current evidence shows about the distribution of chronic disease across the lifespan, the growth of multimorbidity, and the gap between life expectancy and years lived in good health. It considers how these trends are changing the nature of care from episodic treatment to ongoing management, often across multiple providers and settings.

1030 – 1100: Break

1100 – 1200: Emergency Nursing Without Walls: Telehealth, AI, and the New Front Line | Carmen Bruce
Emergency nursing is no longer confined to the resus bay or the ambulance ramp. Care is being delivered across screens, across distance, and often without the immediate physical presence of a team. In regional and remote settings, this shift is not theoretical, it is already shaping how nurses assess, escalate, and intervene when resources are limited and time matters.

1200 – 1300: Experience-Complexity Gap: The Other Nursing Shortage | Christine Wittkopp
The experience–complexity gap in nursing describes the widening mismatch between declining workforce experience and increasing patient acuity. In Australia, accelerated retirements, pandemic-related burnout, and disrupted clinical education have reduced the proportion of highly experienced nurses. Simultaneously, patients present with greater comorbidity, higher acuity, and shorter hospital stays, intensifying clinical demands.

This imbalance poses risks to patient safety, workforce wellbeing, and care quality. Drawing on Australian workforce data and contemporary literature, this presentation examines the drivers and consequences of the gap.

1300 – 1430: Lunch

Afternoon: Self-directed Activities via the Online Library



Codes and Standards of Practice
The Nursing and Midwifery Board of Australia (NMBA) regulates the practice of nursing and midwifery in Australia, and one of its key roles is protecting the public. In this session we will explore the impact of stress and burnout on the Nurses or midwives' ability to meet the code of conduct and standards of practice.

Let's Explore Professional Boundaries
This webinar will introduce participants to the nuances and complexities of professional boundaries. Thought you knew all about professional boundaries? Let your comfort zone be pushed in this webinar.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 6: 16/07/2027, Friday | Rarotonga, Cook Islands

0700 – 1600: Explore this Port at your Leisure
Rarotonga is the kind of place that stays with you long after you leave. Encircled by a turquoise lagoon and framed by lush volcanic peaks, it's both breathtaking and beautifully simple. Whether you're exploring coral reefs, strolling through the markets, or simply watching the palm trees sway, Rarotonga feels like the South Pacific at its most pure — warm, welcoming, and wonderfully unhurried.



1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 7: 17/07/2027, Saturday | Conference Day

0830 – 1030: Legal and Ethical Considerations of Gambling and the use of Party Drugs | Jason Dawson
Overview of the legal issues surrounding gambling and the use of party drugs, including regulatory challenges, ethical considerations in treatment, and the impact of legislation on public health.

1030 – 1100: Break

1100 – 1230: The Evolving Needs and Expectations of the Healthcare Workforce | Sue Walker
In this session we will explore the issues driving the discussion on the needs and expectations of the health care workforce. Generational change can be difficult to manage – this issue alongside community expectation and a shrinking workforce provides the perfect storm for health service delivery.



1230 – 1300: Water Security in Australia | Mark Wiltshire
Human and environmental health outcomes drive the water industry. These guide what we do as engineers to design water and wastewater systems. The uncertainty and ferocity of global warming is affecting the way the water industry adapts to protect human and environmental health.

As these health outcomes converge, our water industry is striving for new and more resilient ways to adopt to global warming such as more water storages, protecting infrastructure in the face of frequent and increasing natural disasters, micro pollutants and adoption of the circular economy to improve carbon footprint.

1300 – 1430: Lunch

Afternoon Self-directed Activities via the Online Library

The Concept of Incivility
Not all harmful workplace behaviour is loud or obvious. This session explores the concept of workplace incivility—those subtle, low-level acts of rudeness and disrespect that often fly under the radar but still have a significant impact on team morale and wellbeing. Drawing on insights from the Royal College of Nursing and the CIPD's Managing Conflict in the Modern Workplace report, we'll unpack why incivility is so common (with 66% of workers citing lack of respect as a key issue), how to spot it, and what leaders and staff can do to build a more respectful, professional culture.

A Little Book of Manners in Health Care: How to Curb your Inner Psychopath, Prevent Incivility, Lead with Kindness, and Enjoy your Work
Healthcare is demanding, fast-paced, and full of pressure but that doesn't mean we should let civility fall by the wayside. In this insightful and light-hearted session, we'll explore the importance of workplace manners and how small acts of kindness can have a massive impact on team dynamics, patient outcomes, and personal satisfaction.

This session offers a mix of humour, real-world examples, and actionable strategies to help you navigate the unique challenges of healthcare with grace and professionalism. Whether you're dealing with difficult colleagues, overwhelming demands, or simply want to make your workplace more enjoyable, this presentation is a reminder that good manners and kindness can truly change everything.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 8: 18/07/2027, Sunday | Pago Pago, American Samoa

0900 – 1800: Explore this Port at your Leisure
Framed by dramatic green peaks and a sparkling harbour, Pago Pago is pure island beauty.

Friendly locals, colourful markets, and lush rainforest walks make it a stop that feels both wild and welcoming — the perfect mix of adventure and island charm.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 9: 19/07/2027, Monday | (Crossing International Date Line)

Self-directed Activities via the Online Library

Why Personality Traits Matter
This presentation aims to highlight the critical role that personality traits play in shaping workplace interactions, team dynamics, and overall organizational success. It will delve into understanding different personality traits, how they influence behaviour and performance, and strategies for leveraging this knowledge to enhance workplace effectiveness.

This presentation will provide attendees with valuable insights into the role of personality traits in the workplace, equipping them with the knowledge and strategies to create a more cohesive, motivated, and successful work environment.

From Hesitant to Confident: Developing Assertiveness to Use in Challenging Situations
This webinar addresses the obstacle of developing assertiveness to use in challenging situations by combining assertiveness techniques with practical guidance on confidently conveying your opinions and concerns both in the workplace and your personal life.

Psychotropics in Disability and Aged Care
This webinar provides a comprehensive, evidence-informed overview of psychotropics, focusing on antipsychotic use across both sectors. Drawing on current Australian clinical guidelines, regulatory frameworks, and peer-reviewed evidence, it addresses the clinical, ethical, and legal dimensions of psychotropic prescribing.

Standing out in the Job Market
This webinar has been designed to address one of the most common gaps in professional development for nurses: understanding how Australian healthcare recruitment panels assess written applications. This webinar is suitable for nurses and midwives at all career stages, including those applying for graduate roles, advanced practice positions, leadership roles, or returning to the workforce.

Day 10: 20/07/2027, Tuesday | Apia, Samoa Islands



0700 – 1700: Explore this Port at your Leisure
Bursting with colour and culture, Apia is the heart of the Samoan Islands — where island life feels both relaxed and deeply alive. Wander the waterfront, visit the lively markets, or take in the island's natural beauty with waterfalls and lush gardens just a short drive away. Everywhere you go, you'll be met with warmth, music, and that unmistakable Samoan spirit.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 11: 21/07/2027, Wednesday | Apia, Samoa Islands

0700 – 1700: Explore this Port at your Leisure
Bursting with colour and culture, Apia is the heart of the Samoan Islands — where island life feels both relaxed and deeply alive. Wander the waterfront, visit the lively markets, or take in the island's natural beauty with waterfalls and lush gardens just a short drive away. Everywhere you go, you'll be met with warmth, music, and that unmistakable Samoan spirit.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 12: 22/07/2027, Thursday | Conference Day

0830 – 0930: Informatics | Christine Wittkopp
This presentation explores informatic systems and how they can influence what nurses know, how they communicate, and how they make clinical decisions. This session will consider how digital systems actively shape medication safety, structure handover conversations, and guide patterns of nursing thinking

"She [Sue] was wonderful, very down to earth and I could easily relate with her and sence of humour. Totally enjoyed this event and would love to do another." - Yolanda



Day 12 Continued:

0930 – 1030: Public Health and Climate Change: Understanding the Intersections and Implications | Sue Walker
This presentation will provide a general overview of the importance of addressing public health in the context of climate change. We will discuss how climate change affects public health, particularly the increasing frequency of extreme weather events, heat waves, and air pollution. We will also discuss the relationship between air quality and respiratory health and the impact on respiratory illnesses such as asthma and COPD. The statistics on the rise of air pollution-related health issues.

We will also explore how climate change influences the spread of vector-borne diseases, such as Malaria, Dengue Fever, and Lyme disease. We will also look at the impact of climate change on food security and nutrition from crop failure, malnutrition, and foodborne illnesses.

1030 – 1100: Break

1100 – 1130: Water Recycling: Natural Order of Things or Not | Mark Wiltshire
Population growth and climate uncertainty are requiring the water industry to focus increasingly on solutions that balance Human and environmental health outcomes. Not just the cost of managing the assets. Water recycling passes the pub test for greater water security, but how will the Australian water industry protect human and environmental health to become more resilient?

1130 – 1230: Reflection on Manners, Incivility and Personality Issues | Sue Walker
"How to curb your inner psychopath, prevent incivility, lead with kindness, and enjoy your work".

What's causing stress in the workplace – is it resources, processes, or people.

If it is people, are you dealing with a narcissist, a psychopath, or just a difficult nasty person who doesn't want to be there and hates the place, the job, and their colleagues (AH). How do you know that you are not the problem?

1230 – 1300: Conference Summation and Questions
Join the presenter Panel to ask any questions and reflect on conference activities.



Afternoon Self-directed Activities via the Online Library

Scope of Practice: How do you Know you are Working Within Yours?
This session is designed to help nurses, midwives, and assistants in nursing (AINs) or carers (in the community setting) navigate their individual roles within the broader healthcare team, understand where their responsibilities begin and end, and collaborate effectively with others.

Leading from the Floor -Everyday Influence Without the Title
In this webinar, we explore one of the most powerful truths in healthcare leadership: you don't need a title to lead. Leadership isn't reserved for Nurse Unit Managers or executives it lives in the everyday actions, tone, and choices of front-line nurses and midwives who influence their teams from the ground up.

1800 – 1900: Networking Session
Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 13: 23/07/2027, Friday | Dravuni Island, Fiji

0700 – 1700: Explore this Port at your Leisure
Tiny, untouched, and utterly beautiful — Dravuni Island is the South Pacific at its most pure. With soft white sand, swaying palms, and water so clear it feels unreal, this little gem offers a glimpse of island life unchanged for generations. A perfect spot to slow down, breathe, and simply enjoy paradise.

1800 – 1900: Farewell Function
Join us for a Conference farewell drinks function to celebrate our time together. Conference photo will be taken (via iPhone!) if you are interested during this event.

Day 14: 24/07/2027, Saturday | Lautoka, Fiji

0700: Disembark – safe travels!

Our journey ends in Lautoka, Fiji's lively "Sugar City," where emerald mountains meet the sparkling sea. It's the perfect place to say vinaka — thank you — to the islands that have inspired, restored, and reconnected us. As you disembark, take with you the warmth of Fijian smiles, the calm of the ocean, and memories of a voyage that blended learning, laughter, and pure island magic.

OUR PRESENTERS

Carmen Bruce



Carmen Bruce brings a diverse clinical background to her nursing practice, beginning her career as a veterinary nurse before transitioning into human healthcare. She completed her Registered Nurse qualification at the University of South Australia and trained at the Royal Adelaide Hospital, with experience in colorectal and acute care.

Following a move to Sydney, Carmen transitioned into emergency nursing, where she found her niche. She has since returned to Adelaide and continues to work in emergency care, bringing a breadth of experience across both metropolitan and acute settings.

Christine Wittkopp



Christine is an experienced Nurse Unit Manager with over four decades in nursing and healthcare leadership. She is currently the Nurse Unit Manager at Healesville Hospital and Yarra Valley Health within Eastern Health, a role she has held since 2013 (with a brief period contributing to the Eastern Health EMR Project at Box Hill Hospital).

Christine's career spans acute care, rehabilitation, day surgery, orthopaedics, colorectal and vascular nursing, aged care, and private and public health sectors. She has held numerous senior clinical and leadership roles across Eastern Health and Knox Private Hospital, demonstrating sustained expertise in team leadership, service development, education, and patient-centred care.

Her strong commitment to professional development is reflected in her academic achievements, including a Master of Nursing from Monash University, Graduate Certificates in Health Service Management, Clinical Leadership, Clinical Education, and Orthopaedics, as well as a Certificate IV in Training and Assessment. Christine began her nursing career following General Nurse Training at Epworth Hospital in 1985.

In addition to her clinical and leadership roles, Christine has contributed significantly to nursing education as a Clinical Nurse Educator and remains actively engaged in professional development and governance. She is a member of the Golden Key International Honour Society (Monash and La Trobe Chapters), the College of Nursing, and the Nurses Memorial Centre.

Christine is recognised for her leadership integrity, commitment to quality improvement, and dedication to fostering supportive and high-performing clinical environments.

Jason Dawson



Jason is from the Gold Coast, Queensland. Whilst studying for his Bachelor of Nursing at Southern Cross University, he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008. During this time, Jason has undertaken varied roles, including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions.

In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses, Midwives, Allied Health Professionals and Teachers /Educators the opportunity to update and improve their skills in diverse and unique locations.

Mark Wiltshire



Mark is an environmental engineer with over 25 years experience in the water industry. He has worked in technical, business development, project and managerial capacities in water utilities and the private sector. Over this time he has been involved in the many different aspects of the water industry including stakeholder engagement, managing water infrastructure, delivering water recycling schemes and other water technologies.

Mark's work in community engagement, spans decades and he has been responsible for delivering community change programs to reduce water consumption and environmental pollution. He is an avid traveller, a lover of cruising and has a keen interest for human health through water.

OUR PRESENTERS CONTINUED



Steven Potkonjak

Steven is an experienced information technology professional with over four decades in the IT industry, having begun his career in 1984. Throughout his career, he has worked through every major wave of technological change, from the early days of business computing to cloud services, cybersecurity, and the emergence of artificial intelligence.

In his presentation, "Safety and Security of Data in the AI World: How Safe Is Your Client and How Do You Keep Yourself Safe?", Steven explores the challenges of protecting sensitive information in an increasingly connected and AI-driven environment. He shares insights into data privacy, cyber threats, responsible AI use, and the essential steps individuals can take to safeguard themselves and those they serve.

Steven inspires audiences to embrace innovation while maintaining a strong focus on security, trust, and responsible technology practices.



Sue Walker, RN, BN, BN (ADMIN), MPHC (PALCARE), MACN, Specialist Nurse Educator

Sue is the director and co-founder of the Nurses for Nurses Network. Sue is a key contributor to the online education platform Nursing CPD – a Continuing Professional Development library.

As a Registered Nurse, Sue holds Degrees in both Nursing and Health Administration, a Master's Degree in Public Health, as well as a number of certificate courses in Psychiatry of Ageing, Gerontology, Chemotherapy Administration, Training and Assessment. She is also an Accredited Mental Health First Aid Trainer, Mindfulness Practitioner, and Clinical Supervisor.

Sue has extensive experience both as a clinician, educator, and senior manager. She has presented at local and international conferences on many topics including key issues such as the psychological impact of the work that Nurses do and how the work requirements to deliver healthcare impact on the health of the clinician. Sue is passionate about making a difference to the way in which people experience the health care system.

Nurses are the backbone of the healthcare system and work in difficult environments that can take advantage of their caring nature and commitment to ensuring the best possible care is delivered. Our health care system relies on Nurses to work extra shifts, longer shifts, double shifts. It relies on Nurses and Midwives willingly changing their plans to meet the needs of the organisation, to the detriment of their own personal lives and relationships.

"Healthcare should be delivered by competent, knowledgeable individuals to ensure the best possible experience for the recipient of that care. Nursing is a fabulous profession. It is the knowledge and skill of the individual Nurse that will have the greatest influence on the happiness and health outcomes of each and every client."

VENUE



Norwegian Spirit

Elegant, modern, and designed for adventure, the Norwegian Spirit is the perfect home at sea. With spacious decks, ocean-view lounges, world-class dining, and attentive service, every moment on board feels effortless.

Whether you're unwinding by the pool, catching a show, or watching the sun dip below the horizon, the *Spirit* makes the journey as unforgettable as the destinations themselves.

"I highly recommended a cruising conference with Nurses for Nurses as it allows for you to obtain your yearly continuing professional development. Not only do you get to learn about your own field of nursing, but you also get to learn about other areas of nursing. In addition, networking is a great way to see opportunities." – Carla

HOW TO DRESS ON A CRUISE SHIP



Most cruise lines offer a casual atmosphere onboard. Casual attire is the norm during the day, and there is no formal dress code at night. However, many passengers choose to change into something slightly less casual for dinner.

At least once per sailing, during which passengers are encouraged to dress up. While you rarely see tuxedos or evening gowns, suits and cocktail dresses are quite common.

Additionally, ships usually host several themed nights, such as White Parties, '70s, or '80s Night, Hawaiian or even Mexican during each sailing. It's a good idea to bring along a few themed items.

NB: Closer to your sail date you will be able to see what the exact theme nights are being held via your cruise companies app.

REGISTRATION COSTS

Contact the Team at Education at Sea for a personalised quote.

General Registration: $1390.00 (NB: Registration cost doesn't include travel, accommodation, or travel insurance.)

Non-practising Nurse: $290.00

We've realised that many past customers still want to travel with us. We have created a customer classification called Non-Practising Nurse.

It is for Retired Nurses who want to travel with our group but no longer need CPD hours. They like to travel with like-minded people, people who get them because they have had similar experiences, and there is a shared connection that creates friendships quickly. Also, travelling as part of a group provides an extra level of support and safety.

The non-practicing registration is only available for our cruise conferences, as the study tours are all-inclusive.

INCLUSIONS

General registration includes:

- A comprehensive conference program based on current best practice and meets the same exacting standards as anything offered in an Australian land-based program
- Access to experienced presenters eager to share their skills, knowledge, and passion with attendees
- Welcome function with drinks (travelling companions welcome)
- Farewell function with drinks (travelling companions welcome)
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests) (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic conference experience
- Access to an online conference library with educational content, allowing you to complete pre-conference learning activities and tailor your own learning experience
- A conference transcript outlining each session, including session synopses and presenter details
- The opportunity to meet as a group in various conference open forums, in one of the many fabulous locations on the ship
- A Certificate of Completion for you to include in your CPD Portfolio

Non-practising nurse registration includes:

- Inclusion in the Education at Sea / Nurses for Nurses travel group
- Welcome drinks on the first night at the registration function for you and your travelling companion
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests)
- Access to any networking events held onboard
- Opportunity to book shore tours, including hospital visits
- Ability to attend a maximum of five conference sessions that pique your interest – you may not need CPD points, but you could still be interested in various health related topics
- Farewell function on the final night for you and your travelling companion
- Subscription to newsletters to stay informed about future travel events

OFFICE CONTACT

Payments | Receipts | Refunds | Travel Arrangements
Education at Sea
02 7908 7774
enquries@educationatsea.com.au
BH: Mon – Fri | 1000 – 1700

Program | Online Library | Certificates
The Nurses for Nurses Network
07 4151 3884 (Select Option 3)
enquiries@nfnn.com.au
BH: Mon – Thu | 0900 – 1500

INSURANCE

The Nurses for Nurses Network and Education at Sea strongly recommends customers take out travel insurance at the time of registration for an event to cover any unforeseen circumstances that may prevent them attending and thus incurring any financial loss.

DISCLAIMER

The opinions and statements of facts expressed in the Papers in these proceedings are those of the Authors and do not necessarily represent those of the Nurses for Nurses Network (NfNN), the editors, the organising committee or the supporters of this Conference. The organisers can accept no responsibility for errors or omissions in the individual papers. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the organisers. NfNN reserves the right to alter charges, cancel, postpone, change or withdraw the product or service at any time.

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ITINERARY

Day 1: 11/07/2027, Sunday | Depart Papeete (Tahiti), French Polynesia
1800 – 1900: Conference Registration and Welcome Function

Day 2: 12/07/2027, Monday | Moorea, French Polynesia
0700 – 1700: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 3: 13/07/2027, Tuesday | Raiatea, French Polynesia
0700 – 1700: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 4: 14/07/2027, Wednesday | Bora Bora, French Polynesia
0700 – 1700: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 5: 15/07/2027, Thursday | Conference Day
0830 – 0930: Key Issues Impacting Health Care Delivery — Now and in the Future | Sue Walker
0930 – 1030: Living Longer, Living with Disease: What the Data Is Telling Us | Sue Walker
1030 – 1100: Break
1100 – 1200: Emergency Nursing Without Walls: Telehealth, AI, and the New Front Line | Carmen Bruce
1200 – 1300: Experience-Complexity Gap: The Other Nursing Shortage | Christine Wittkopp
1300 – 1430: Lunch
Afternoon: Self-directed Activities via the Online Library
- Codes and Standards of Practice
- Let's Explore Professional Boundaries

1800 – 1900: Networking Session

Day 6: 16/07/2027, Friday | Rarotonga, Cook Islands
0700 – 1600: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 7: 17/07/2027, Saturday | Conference Day
0830 – 1030: Legal and Ethical Considerations of Gambling and the use of Party Drugs | Jason Dawson
1030 – 1100: Break
1100 – 1230: The Evolving Needs and Expectations of the Healthcare Workforce | Sue Walker
1230 – 1300: Water Security in Australia | Mark Wiltshire
1300 – 1430: Lunch
Afternoon Self-directed Activities via the Online Library
- The Concept of Incivility
- A Little Book of Manners in Health Care: How to Curb your Inner Psychopath, Prevent Incivility, Lead with Kindness, and Enjoy your Work

1800 – 1900: Networking Session

Day 8: 18/07/2027, Sunday | Pago Pago, American Samoa
0900 – 1800: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 9: 19/07/2027, Monday | Conference Day (Crossing International Date Line)
Self-directed Activities via the Online Library
- Why Personality Traits Matter
- From Hesitant to Confident: Developing Assertiveness to Use in Challenging Situations
- Psychotropics in Disability and Aged Care Standing out in the Job Market

Day 10: 20/07/2027, Tuesday | Apia, Samoa Islands
0700 – 1700: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 11: 21/07/2027, Wednesday | Apia, Samoa Islands
0700 – 1700: Explore this Port at your Leisure
1800 – 1900: Networking Session

Day 12: 22/07/2027, Thursday | Conference Day
0830 – 0930: Informatics | Christine Wittkopp
0930 – 1030: Public Health and Climate Change: Understanding the Intersections and Implications
1030 – 1100: Break
1100 – 1130: Water Recycling: Natural Order of Things or Not | Mark Wiltshire
1130 – 1230: Reflection on Manners, Incivility and Personality Issues | Sue Walker
1230 – 1300: Conference Summation and Questions
Afternoon Self-directed Activities via the Online Library
- Scope of Practice: How do you Know you are Working Within Yours?
- Leading from the Floor -Everyday Influence Without the Title

1800 – 1900: Networking Session

Day 13: 23/07/2027, Friday | Dravuni Island, Fiji
0700 – 1700: Explore this Port at your Leisure
1800 – 1900: Farewell Function

Day 14: 24/07/2027, Saturday | Lautoka, Fiji
0700: Disembark – safe travels!