



Wound Care in Practice: A Cambodian Study Tour

Phnom Penh | Siem Reap

31st August to 9th September

CPD HOURS: ??

Cambodia



EDUCATION *at* SEA

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ABOUT THE STUDY TOUR:

This unique wound care study tour explores the everyday challenges of wound management, from the fascinating history of wound healing to the evidence, practices and products shaping care today.

Beginning with the origins of wound healing in ancient times, we'll explore how early approaches have evolved over the centuries and influenced modern wound management. Along the way, we'll examine current practice, common barriers to healing and practical approaches that can help improve outcomes — while navigating the ever-growing maze of wound care products and treatment options.

Through engaging presentations, hands-on workshops and interactive sessions, you'll have the opportunity to reflect on your own wound management challenges, share experiences and explore practical strategies that can be applied to everyday clinical practice.

Join us in Cambodia for a study tour that combines education, discussion and real-world learning to deepen your wound care knowledge and enhance your approach to achieving better healing outcomes.



LEARNING OUTCOMES:

In this study tour you will:

- Explore the history of wound care & modern day products
- Gain a practical understanding of wound assessment
- Develop skills in wound bed preparation – clean it like you mean it!
- Explore challenges of wound healing and barriers to healing outcomes

You will also learn:

- All about the wound healing process from a practical perspective
- Practical wound bed preparation within your scope of practice
- About the Australian standards for wound management
- How to formulate a wound management plan based on your assessment
- Explore the differences between acute & chronic wounds
- How to simplify your wound management plan to improve healing outcomes
- Understand the importance of collaboration in wound management planning



CLINICAL LEADS:

LOUISE WEBBER

Masters Nursing Science (Nurse Practitioner), BA (Hons), RN



Louise has over 25 years of experience in Wound Management and established her Private Practice (Wound Therapies) in 2014. She has worked in several public hospitals and Community settings in Australia and overseas.

She currently works collaboratively with several Aged Care Providers and private hospitals and runs her specialist community wound clinic. Louise was previously an Honorary Clinical Fellow for Australian Catholic University and continues to participate in research projects with a leading Queensland University.

Louise is passionate about wound care and strives for best practices. Additionally, she has participated in several international working groups for Pressure Injuries and Leg ulcers and frequently presents at workshops, conferences & seminars. She is a mum of two, loves the Sunny Coast lifestyle and attempting to play golf!

JASON DAWSON

Education at Sea



Jason Dawson is from the Gold Coast, Queensland. Whilst studying his Bachelor of Nursing at Southern Cross University he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008.

In this time, Jason has undertaken varied roles including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions. In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses the opportunity to update and improve their skills in diverse and unique locations.



JEAN-MICHEL FILIPPI

Jean-Michel Filippi is a professor of Khmer studies at the Royal University of Phnom Penh. He holds a Ph.D. in linguistics and master's degrees in anthropology and mathematics.

He specialises in the description of the Khmer language and various minority languages of Cambodia and Southeast Asia. He is currently in charge of a UNESCO program about minority languages and cultures in Cambodia's Cardamom Mountains.

Jean-Michel has published several articles and books about these topics, mainly in French and Khmer, but also in English, including "Everyday Khmer" and the soon to be published

"Preliminary Researches About Cambodian Minority Languages"
Apart from linguistics, he has always had a great interest in Cambodian history and art. His wealth of knowledge on Cambodia makes him a fascinating speaker on a diverse range of topics.



Mark Dainty

Mark Dainty is the founder of the Snakebite Relief Program, a Cambodian initiative focused on improving snakebite awareness, prevention, and emergency response in vulnerable communities. Based in Siem Reap, Mark combines more than two decades of experience working with wildlife and venomous snakes with a strong commitment to public health education and community outreach.

Originally from the United Kingdom, Mark began working professionally with wildlife in 2002 across several zoological institutions before relocating to Cambodia in 2018 to support conservation and biodiversity programs. He is currently the Senior Animal Curator at Angkor Wildlife and Aquarium, where his work includes wildlife conservation, animal care, and public education.

Throughout his career, Mark has specialised in venomous snakes from Southeast Asia and Africa, with extensive experience handling vipers, cobras, and other medically significant species. His work has included research, snake rescue, public education, and the safe management of dangerous wildlife in both rural and urban environments.

In 2017, Mark survived a life-threatening King Cobra bite sustained while assisting with venom research. The incident resulted in a week in intensive care and the amputation of his right index finger. The experience profoundly changed his perspective, highlighting not only the medical impact of snakebite, but also the long-term physical, emotional, and financial consequences faced by victims and their families.

After arriving in Cambodia, Mark became increasingly aware of the significant burden snakebite places on rural communities, particularly where access to education, emergency care, and treatment can be limited. Witnessing these challenges firsthand inspired him to establish the Snakebite Relief Program in 2023.

Today, Mark works closely with local communities, schools, healthcare workers, and organisations across Cambodia to improve snakebite prevention and emergency response knowledge.

His work focuses on practical education, community empowerment, and reducing the devastating health impacts of snakebite through awareness, training, and collaboration.





INCLUSIONS:

- 4 Nights stay at 5* TRIBE Phnom Penh Post Office Hotel including breakfast
- Boutique cocktail tour
- Phnom Penh History Half Day Tour – Includes S21 at Tuol Sleng and the ‘Killing Field’ of Choeung Ek
- Sunset boat cruise on the Mekong River including canapés
- Preah Ket Mealea Military Hospital visit in Phnom Penh
- Transfer to Siem Reap
- 5 nights stay at 5* FCC Angkor by Avani including breakfast
- Sunrise at Angkor Wat and full day temple exploration
- Tonle Sap Floating village and health care centre visit.
- Jayavarman VII Hospital (Kantha Bopha III Hospital) hospital visit in Siem Reap
- Medical market tour by ‘Noo’
- Sightseeing with national English-speaking guide
- Entrance fees
- Meals as specified
- Donations to all healthcare visits

PROGRAM INCLUSIONS:

- An extensive program based on current best practice
- Dedicated Space for expert presentations and reflection
- Coffee breaks and lunches on presentation days
- Education content that meets the same exacting standards as anything offered in an Australian program
- Presenters that are excited to be able to share their skill, knowledge, and passion with Attendees
- An online library filled to the brim with educational content that allows you to create your own learning experience
- A Registration Reception including complimentary drinks where you can meet other Attendees and network with Convenors and Presenter/s
- A locally sourced handcrafted Cambodian Welcome pack and additional information to support a fantastic study tour experience
- A Certificate of Completion identifying the 35 CPD hours attached to the Program for you to include in your CPD Evidence Portfolio





INTINERARY:

DAY 1:

31st August 2027

TRIBE, Phnom Penh

Inclusions: Welcome Drinks

Located on the Mekong River in the vibrant Post Office Square district, TRIBE Phnom Penh is surrounded by French colonial heritage and iconic New Khmer architecture, just a short stroll from the city's most famous landmarks.

Take some time to unwind, freshen up, and settle into your room at Take a short stroll around the neighborhood to get your bearings, Light local exploration: Consider visiting the nearby Independence Monument or Wat Botum if you're up for a relaxed walk.

DAY 2:

1st September 2027

TRIBE, Phnom Penh

Inclusions: Breakfast, Lunch & Cocktail Tour

CPD Hours:

6 Face to face

9am: Visit S21 (Tuol Sleng Genocide Museum)

After breakfast, the tour will begin with a visit to S21 Genocide Museum. S21 is one of the most notorious sites associated with the Khmer Rouge regime in Cambodia. Located in Phnom Penh, it was originally a high school but was converted into a prison and interrogation center by the Khmer Rouge between 1975 and 1979, under the leadership of Pol Pot.

Please be aware that the exhibits are, by their very nature, both graphic and disturbing, highlighting the atrocities committed against an entire population during one of the most terrifying periods in Cambodia's history.

12pm to 1pm: Lunch

1pm to 4pm: Killing Fields of Choeung Ek.

After lunch we will continue the tour with a visit to the Killing Fields of Choeung Ek, located about 15 kilometers south of Phnom Penh, Cambodia. Choeung Ek is one of the most



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infamous sites related to the Khmer Rouge regime, which ruled Cambodia from 1975 to 1979. During this time, the regime, led by Pol Pot, sought to establish a radical agrarian socialist society, but their efforts resulted in mass violence and widespread human rights abuses.

The Killing Fields became the site of mass executions, where thousands of innocent men, women, and children were killed. It is believed that around 17,000 people were taken to Choeung Ek from the infamous S-21 Prison (Tuol Sleng) for execution and burial in mass graves. Many of these victims were accused of being enemies of the Khmer Rouge, but often, the reasons for their execution were arbitrary.

6pm to 11pm: BOUTIQUE COCKTAIL TOUR

This evening, your expat guide will meet you at your hotel for a night-time exploration of some of Phnom Penh's most prestigious cocktail bars. Travel through the city by tuk tuk, taking in the energy and atmosphere of Cambodia's capital while enjoying expertly crafted cocktails and artful mixology. This is a highly recommended tour, offering a great ice-breaker opportunity to get to know your fellow colleagues and travellers in a relaxed and social setting while experiencing Phnom Penh by night.

DAY 3:
2nd September 2027

Tribe, Phnom Penh

Inclusions: Breakfast,
Lunch & Sunset Drinks
with light canapes

CPD Hours: 6 Face to Face

9am to 10.30am: Morning Session

Firstly, we start with a fascinating insight into the history of Cambodia and Phnom Penh by an expert historian, Linguist, and long-term expat Jean-Michel Filippi. His wealth of knowledge on Cambodia makes him a fascinating speaker on a diverse range of topics.

10.30am to 11am: Morning break

11am to 12.30pm: Morning Session

History of Wound Care:

- Explore the history of wound care and how it has influenced our current practice
- We will identify some of the "old school" products & their use today



1pm to 2pm: Networking Lunch

2pm to 4pm: Hospital Visit

We will visit Preah Ket Mealea Military Hospital and see how Women's health care is handled in Cambodia and the challenges they face. We will review the similarities and differences – this is an opportunity to learn from each other.

4.45pm: Sunset Boat Cruise on the Mekong River

This evening, as the sun descends, we will head out on your own private boat onto the Mekong River and enjoy the skyline of Phnom Penh as darkness falls. Relax with cocktails, drinks, and a selection of light canapés as you take in the atmosphere of the city from the water. Later, your driver will pick you up and return you to your hotel, or you may choose to walk back at your own pace.

Day 4:
3rd September 2027

Tribe, Phnom Penh

Inclusions: Breakfast,
Coffee Break & Lunch

CPD hours: 3 Face to Face

9am to 10.30am: Morning Session

How do wounds heal?

- Do all wounds heal the same way?
- When does a wound become a chronic wound?
- Understanding the Australian Standards for Wound Management

10.30am to 11am: Morning break

11am to 1pm: Morning Session

Wound assessment in practice:

- Assessing before dressing
- Keeping your assessment simple & practical
- Piecing the puzzle together: planning for wound care

1pm to 2pm: Lunch

Afternoon:

Explore Phnom Penh at your leisure, check out the 'Explore more' section of our website.



Day 5:
4th September 2027

FCC Angkor by Avani,
Siem Reap

Inclusions: Breakfast &
Welcome Drinks

8am: Morning

Today we take the journey to Siem Reap, gateway to Angkor Wat, the world's largest religious monument and the heart and soul of Cambodia.

During our journey we will explore the tarantula market and then have a further stop where you can buy lunch or snacks to eat on the bus.

Upon arrival to Siem Reap we will check into our hotel, FCC Angkor by Avani.

5pm to 6pm: Evening

Enjoy tantalising cocktails at our Welcome to Siem Reap Reception, held at the elegant Scribe Bar at FCC Angkor by Avani. This relaxed evening offers the perfect introduction to Siem Reap and a chance to discover more about the unique experiences awaiting over the coming days.

Day 6:
5th September 2027

FCC Angkor by Avani,
Siem Reap

Inclusions: Breakfast

CPD hours: 4 Face to Face

9am to 11am: Noo's Market Tour

Traditional medicine in Cambodia also known as complementary and alternative medicine, is a practice that has been used for centuries to treat various ailments in different parts of the world.

In Cambodia, traditional medicine has played an essential role in the healthcare system, particularly in rural areas where access to modern medicine is limited.

The use of traditional medicine has been deeply rooted in Cambodian culture, and it is considered an integral part of the country's healthcare system.

Our local guide 'Noo' will teach us the rich tradition of using natural remedies and spiritual practices to cure illnesses.



2.30pm: Tonle Sap Floating village and health care centre visit

Once at the lake, we'll boat to one of the lake's floating village communities and gain an insight into how the villagers live and what local life is like.

We'll visit the local provincial health care centre. Here we'll have a presentation and discussion to delve deeper into how emergency management and referral is conducted in the more remote areas of Cambodia, the reasons why, and what future advances are planned for these regions.

We'll then continue the journey out onto the lake with a cold drink to watch as the sun descends before heading back to the hotel.

9am to 11am: Mark Dainty – Snakebite Relief Program

Snakebite remains a significant yet under-reported public health issue in Cambodia, particularly in rural farming communities where women and children are most at risk. During the rainy season, women working in agricultural fields and children playing outdoors are frequently exposed to venomous snakes, often with limited access to timely medical care.

While many snakebites are survivable with appropriate treatment, delays in reaching hospital care, reliance on traditional remedies, and limited community education can lead to devastating outcomes including disability, loss of livelihood, and death.

This is a valuable opportunity to hear from Mark Dainty, founder of the Snakebite Relief Program, who works extensively across Cambodia educating communities on snakebite prevention, emergency response, and improving awareness around this critical public health issue.

Following the presentation, the afternoon will be at leisure. Guests who wish may choose to visit Angkor Wildlife and Aquarium, where Mark serves as Senior Animal Curator.

Afternoon: Free afternoon to explore Siem Reap or Ask us to help organise an additional tour!

Day 7:
6th September 2027

FCC Angkor by Avani,
Siem Reap

Inclusions: Breakfast

CPD Hours: 2 Face to Face



DAY 8:

7th September 2027

FCC Angkor by Avani,
Siem Reap

Inclusions: Breakfast and
Lunch



ANGKOR SUNRISE & FULL DAY TEMPLE EXPLORATION

Wake up early this morning to depart at 4:45 AM, to see the amazing sunrise at Angkor Wat, a bucket list item on any trip to Siem Reap, the pre-dawn view provides a different and tranquil feeling in the cool of the morning.

We will return to your hotel in time for breakfast.

After breakfast we will start with a visit to Angkor Thom, the ancient royal city of the Khmer Empire with its centerpiece; the Bayon temple.

Although it may look like a shapeless mass of stone, further scrutiny reveals towers with enigmatic faces of former King Jayavarman VII. Continue to the Terrace of the Elephants, which served as a platform from where the King could welcome back his victorious army and the Terrace of the Leper King, which holds perfect carvings winding along a narrow passageway that leads to the Baphuon complex.

Next head to the picturesque Ta Prohm. This temple is considered to be Angkor's most beautiful structure and is overgrown with fig trees, giving a haunting yet exotic atmosphere. The magnificent roots of the trees have merged over the centuries with the temple's huge stone blocks, emphasizing a 'forgotten city' feeling.

Enjoy Lunch at a local restaurant nearby Srah Srang lake before continuing to Angkor wat. In the afternoon, visit the most famous of all the temples on the Angkor plain: Angkor Wat.

The temple complex covers 81 hectares and is comparable in size to the Imperial Palace in Beijing. Its distinctive five towers are emblazoned on the Cambodian flag and the 12th century masterpiece is considered by art historians to be the prime example of classical Khmer art and architecture.

Angkor Wat's five towers symbolize Meru's five peaks, the enclosed wall represents the mountains at the edge of the world and the surrounding moat symbolizes the ocean beyond.



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DAY 9:

Tuesday 28th July 2026

FCC Angkor by Avani,
Siem Reap

Inclusions: Breakfast and
Lunch

CPD Hours: 3 Face to face

9am to 10.30am: Morning

Wound Bed Preparation – Clean it like you mean it!

- Supporting wound healing – it starts with wound bed preparation
- A hands on workshop all about therapeutic cleansing & some debridement too!

10.30am to 11am: Break

11am to 1pm: Morning session

Barriers in wound management:

- Barriers to wound management planning
- How can we overcome them?

The product selection challenge

- Choosing a dressing with limited resources

1pm: Lunch

Afternoon: Enjoy this afternoon at your leisure or join one of our suggested tours!

5pm to 7pm: OPTIONAL FUNDRAISER QUIZ NIGHT

Join us this evening at Pomme Restaurant Brewhouse for a relaxed and entertaining fundraising quiz night in support of the Snakebite Relief Program.

Guests will enjoy a fun evening of trivia, connection, and friendly competition while helping raise funds for a young Cambodian girl named Srey Net, who suffered a venomous spitting Cobra bite and was unable to access timely medical treatment. She will now undergo various surgeries to help her leg recover as much as possible from direct support from the Snakebite Relief Program.

Your ticket includes a sharing platter for teams of four, along with two drinks per person. All proceeds from the evening will go toward supporting the ongoing community work of the Snakebite Relief Program and assisting vulnerable snakebite victims in Cambodia.



Day 10:
9th September 2027

FCC Angkor by Avani,
Siem Reap

Inclusions: Breakfast

CPD Hours: 3 Face to face

9am to 12pm: Jayavarman VII Hospital (Kantha Bopha III Hospital)

This morning, we will visit Jayavarman VII (Kantha Bopha III) hospital, where dedicated Cambodia medical professionals are delivering exceptional healthcare services that are rarely accessible within the country. During this special visit, we will have the privilege of gaining exclusive insights into the hospital’s impactful work through a guided tour led by the management team.

Afternoon: Free to explore Siem Reap

OPTIONAL NON-GROUP TOUR - Khmer cooking class (limited to 15 guests)

Discover Khmer food with a local in their home on this intimate, small-group cooking class.

5pm to 6pm: Farewell Drinks

Join us for a memorable evening of farewell drinks at the iconic Poolside Bar at Raffles Grand Hotel d’Angkor. Set amongst lush tropical gardens and overlooking one of Cambodia’s most stunning swimming pools, this elegant gathering is the perfect way to reflect on the journey, share stories from the tour, and toast an unforgettable time in Cambodia.

We say our final goodbyes – Safe Travels

OPTIONAL TOUR: 6 Day Vietnam Holiday by Travel Direct Australia

Day 11:
10th September 2027

Inclusions: Breakfast





EXCLUSIONS:

- Flights to and from Cambodia
- Travel Insurance
- Personal expenses, Airport and hotel portorage fees
- Meals & drinks not mentioned
- Arrival & departure transfer to airport
- Visa
- Tips and gratuities for driver and guide
- Visits, other entrances not mentioned above
- Optional Tours (if required)



INTERNATIONAL FLIGHTS & TRAVEL INSURANCE:

We are happy to provide airfare quotes upon request for any travel needs, there is no obligation.

Booking your airfare with Travel Direct Australia/Education At Sea provides the convenience of having all your travel plans organized under one roof. This also comes with the advantage of having all your associated travel costs on a single statement of account.

As airlines no longer provide commission on airfare bookings, Travel Direct Australia charges a flat service fee of \$75 per person should you decide to move forward with this booking. Any amendment, cancellation, etc. fees are subject to carrier terms and conditions. Travel Direct Australia will not be responsible for any financial loss due to cancellation from unforeseen circumstances. We strongly recommend you take out travel insurance at time of booking.

COSTS:

Twin share	\$3495 per person
Single Occupancy Supplement	\$800
Deposit	\$600 per person

