



What's New in Perioperative Nursing Practice?

19 Feb - 03 Mar 2028 | 24 CPD Hrs

CRUISING FROM HONG KONG TO JAPAN

10 PORTS OF CALL



NURSES
FOR NURSES



EDUCATION *at SEA*

WHAT THIS CONFERENCE IS ABOUT



Perioperative nursing is a fabulous career; however, it can be very challenging when dealing with long hours, 'production pressure' and ongoing demands to keep up with learnings about new procedures and technologies. All these stressors can see the passion in our hearts for nursing diminish which is most undesirable for not just ourselves, but our patients. Combining education with cruising is the most fabulous way to, not just learn and gain your yearly CPD points, but to recharge your emotional batteries and come away with your 'passion' for nursing' reignited!

Perioperative nursing is not always taught in the undergraduate curricula; thus, the importance of post-registration education in this specialty cannot be overestimated. It will also provide valuable learning for surgical ward nurses (or any nurses who care for surgical patients) who want to have a better understanding of the surgical process to enhance their nursing care.

Suitable for both novice and experienced nurses, this conference will strengthen understanding of perioperative care, enhance clinical awareness and reinforce the critical role perioperative nurses play in safeguarding patients during surgery.

Learning will cover anaesthesia, intraoperative care, and Post Anaesthetic Care Unit (PACU) nursing topics. Whilst you may work in one specific area, it is vital to understand all facets of the perioperative patient journey as each phase impacts on the others. Please attend all sessions to ensure a full learning experience. You will come away educated and empowered and realise that perioperative nurses are really the most unique and talented speciality, who can make a HUGE difference to our patient care if we really try.

LEARNING OUTCOMES

At this Conference, participants will:

- Depart feeling educated, empowered and with a rejuvenated passion for perioperative nursing
- Have greater understanding of modern perioperative care and perioperative nursing practice
- Learn about new treatment and management in anaesthesia, intraoperative care, and Post Anaesthetic Care Unit (PACU)
- Enjoy learning via a case study approach to highlight real learning from the coroner and clinical practice

YOU WILL ALSO LEARN

- Current advances in anaesthesia, surgery and perioperative practice.
- The impact of obesity, bariatric surgery and GLP-1 medications on perioperative care.
- Modern fasting guidelines, including the "Sip til Send" approach and aspiration risk.
- Lessons from real coronial case studies involving airway emergencies, PACU care and air embolism.
- New developments in robotic surgery and the management of robotic surgical emergencies.
- The principles of surgical conscience and their importance in maintaining patient safety.
- Best practice in Post Anaesthesia Care Unit (PACU) assessment, monitoring and management.
- How to apply Australian and New Zealand College of Anaesthetists Guideline PS04 to everyday PACU practice.
- ECG interpretation and recognition of common postoperative cardiac complications in PACU.
- Ethical decision-making, informed consent and strategies for speaking up to improve patient safety.
- The causes and impact of workplace incivility, compassion fatigue and quiet quitting, with practical strategies to support wellbeing and professional resilience.

"The lectures given by Paula Foran were excellent - very informative and delightfully presented. Paula is clearly very passionate about patient care and has written a multitude of papers on perioperative nursing." - Renae

DETAILED ITINERARY

Day 1: 19/02/2028 | Depart Hong Kong, China



Neon signs galore, dim sum, and amazing temples are a few of the favourite experiences in Hong Kong. Take in as much as you can of this thrilling city with its endless shopping and towering skyscrapers. Your agenda for Hong Kong should include Victoria Peak, an Aberdeen Fishing Village, the Man Mo Temple and Sheung Wan Dried Food and Herbal Market. Be certain to have extra room in your suitcase for the bargains you are bound to discover.

Your ship departs promptly at 5:30 pm, so we recommend arriving at least 2-3 hours early to smoothly navigate check-in and boarding. All ship amenities are open and ready, so kickstart your vacation with a refreshing drink or a delicious snack.

1730: We set Sail

Make sure you are on deck to say bon voyage.

1700 – 1800: Conference Registration and Welcome Function (guests are welcome)

Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates are required to attend the Conference registration session to collect their Conference pack and confirm registration details to ensure the correct issuing of their CPD certificate.

Day 2: 20/02/2028 | Conference Day

0800 – 0900: What is new in Anaesthesia?

This session will discuss traditional and newer forms of modern anaesthesia.

0900 – 1000: Case History in Airway Emergency

Fabulous learning can occur from looking back at past events. This case history will help increase your procedural knowledge in difficult airway management.

1000 – 1030: Break

1030 – 1130: Obesity and its Impact on Surgical Care

This session explores obesity, its impact on surgical care, bariatric surgery, and the growing use of GLP-1 receptor agonists that delay gastric emptying. Learn how these factors influence modern fasting practices, including the "Sip til Send" approach, and the implications for safe perioperative care.

1130 – 1230: Anaesthesia: Not One Size Fits All

It is still referred to as the 'art and science' of Anaesthesia, so not a one size fits all treatment. Learn more about this at this session.

1230 – 1430: Lunch

Afternoon: Self-directed via the Online Library

Fasting Guidelines

In this self-directed session, you will download the current fasting guidelines and compare them with your own facility's guidelines.

Airway Management Algorithms

In this self-directed session, you will download the current document provided and compare them with what your own facility uses.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 3: 21/02/2028 | Taipei, Taiwan | 0700 – 2200



Explore at your Leisure

Taipei is a vibrant city where ancient traditions meet modern innovation. From the iconic Taipei 101 and bustling night markets to peaceful temples and scenic mountain views, Taiwan's capital offers something for every traveller.

Wander through colourful streets, sample world-famous local cuisine, discover fascinating history, or simply soak up the welcoming atmosphere. Whether you're extending your stay or exploring during a port visit, Taipei is a destination that blends culture, cuisine and unforgettable experiences into every moment.

Day 4: 22/02/2028 | Conference Day

Morning: Self-directed via the Online Library

Robotic Surgery and Emergencies in Robotic Surgery

In this online workshop, we will practice some of those techniques and examine the science supporting their use. A copy of the techniques will be provided in the online library, and you will be asked to practice them during some of your self-directed sessions. Let's explore journaling – why people find it helpful and how to introduce the practice into your day.

New Surgical Techniques

In preparation for this afternoon's session, explore a selection of online resources introducing new and evolving surgical techniques. This self-directed learning activity provides background knowledge to enhance your understanding of advances in surgical practice and their impact on perioperative patient care.

1100 – 1230: Lunch

1230 – 1330: What's new in surgery?

The session looks at updates on surgery over the past few years.

1330 – 1430: Surgical Conscience

It is hard to believe that many perioperative nurses working do not know what surgical conscience is or believe it to be a new concept! This session will reveal all!

1430 - 1500 Break

1500 - 1600 Coronial Case History: See Blood, Think Air!

Learn about the real risks of an air embolism!

1600 - 1700 What's new in Robotic Surgery? Emergencies in Robotic Surgery

Update your knowledge on all things 'robotic'!

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 5: 23/02/2028 | Jeju, South Korea | 0700 – 2000



Explore at your Leisure

Jeju Island is South Korea's spectacular volcanic paradise, renowned for its dramatic coastlines, lush landscapes and unique natural wonders. Explore breathtaking lava cliffs, cascading waterfalls and picturesque beaches, or immerse yourself in the island's rich culture through traditional villages and vibrant local markets. Whether you're seeking scenic beauty, outdoor adventure or a taste of authentic Korean hospitality, Jeju offers an unforgettable experience at every turn.



Day 6: 24/02/2028 | Nagasaki, Japan | 0700 – 2000

Explore at your Leisure

Nagasaki is a captivating harbour city where history, resilience and natural beauty come together. Discover peaceful gardens, centuries-old temples, vibrant shopping streets and breathtaking views from the surrounding hills. From its fascinating international heritage to its welcoming atmosphere and renowned local cuisine, Nagasaki offers visitors a memorable glimpse into one of Japan's most unique and inspiring destinations.



Day 7: 25/02/2028 | Fukuoka, Japan | 0700 - 1800

Explore at your Leisure Fukuoka is a vibrant coastal city that perfectly balances modern energy with rich Japanese tradition. Stroll through beautiful parks and historic temples, explore lively shopping districts, and savour the city's famous street food, including its renowned ramen.

With its relaxed atmosphere, welcoming locals and blend of culture, cuisine and waterfront charm, Fukuoka is a wonderful destination to experience the best of southern Japan.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 8: 26/02/2028 | Conference Day

0800 – 0900: What's new in PACU?

What's new in PACU care? In this session we will look at new care and management in PACU.

0900 – 1000: Safety in the PACU – how well do you comply with PS04?

Many nurses who work in PACU do not fully understand the guidelines set down by ANZCA. This session will enlighten you!

1000 – 1030: Break

1030 – 1130: PACU Coronial Cases

Fabulous learning can occur from looking back at past events. This case history will help increase your procedural knowledge when caring for patients in PACU.

1130 – 1230: Respiratory Assessment and Complications

Update your knowledge on respiratory manage in PACU.

1230 - 1430 Lunch

Afternoon: Self-directed via the Online Library

ANZCA Guideline PS04

Extend your learning by reviewing the Australian and New Zealand College of Anaesthetists Guideline PS04. Reflect on how closely the recommendations align with practice in your own PACU and identify opportunities to enhance patient safety and perioperative care.

ECG Use in PACU

Consolidate your learning by reviewing current evidence on the use of electrocardiography (ECG) in the Post Anaesthesia Care Unit (PACU). This self-directed scholarly reading explores the role of ECG monitoring in the early recognition of cardiac complications, interpretation of common rhythm disturbances, and the delivery of safe, evidence-based postoperative care.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 9 - 10: 27/02/2028 | Kyoto (Osaka), Japan | 0800 – 0330 (28/02)

Explore at your Leisure

Kyoto and Osaka offer two very different sides of Japan. Discover Kyoto's serene temples, traditional gardens and historic streets, or enjoy Osaka's lively food scene, shopping districts and energetic atmosphere.

Together, they provide a wonderful blend of culture, history and modern city life.



Day 10: 28/02/2028 | Kobe, Japan | 0630 – 1800

Explore at your Leisure

Kobe is a stylish harbour city known for its scenic waterfront, cosmopolitan character and surrounding mountain views.

Explore elegant neighbourhoods, bustling shopping areas and beautiful gardens, or sample the city's famous cuisine.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 11: 29/02/2028 | Kochi, Japan | 0800 – 1800

Explore at your Leisure

Kochi offers a relaxed glimpse of traditional Japan, surrounded by mountains, rivers and a beautiful coastline. Explore the impressive Kochi Castle, wander through bustling local markets or discover peaceful temples and gardens.

Known for its friendly atmosphere, fresh seafood and strong samurai heritage, Kochi is a charming and memorable port of call.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 12: 01/03/2028 | Conference Day

Morning: Self-directed via the Online Library

Compassion Fatigue and Quiet Quitting

Prepare for this afternoon's session by exploring the concepts of compassion fatigue and quiet quitting in healthcare. This self-directed online learning activity examines the factors that contribute to emotional exhaustion, disengagement and workplace wellbeing, providing valuable background knowledge to support discussion and reflection during the session.

Ethical Issues in Nursing

Prepare for this afternoon's session by exploring contemporary ethical issues in nursing practice. This self-directed online learning activity examines common ethical challenges, professional responsibilities and decision-making frameworks to support safe, compassionate and patient-centred care.

1100 – 1230: Lunch

1230 – 1330: Ethics in Healthcare – Consent and 'Speaking up for Safety'

This session will look at the ethical framework of do no harm and the expectation that clinicians speak up to ensure patient safety. However, there are many reasons this does not occur through lack of assertiveness skills to an organisational culture that prevents escalation of concerns.

1330 – 1430: Incivility in Healthcare

The concept of incivility in healthcare refers to rude or disrespectful behaviour that can disrupt the working environment, impact teamwork, and ultimately affect patient care. Incivility can occur between healthcare professionals, such as doctors, nurses, and support staff, as well as between healthcare workers and patients or their families.

Day 12 Continued:

1430 – 1500: Break

1500 – 1600: Compassion Fatigue and Quiet Quitting

Discussion will surround the difference of both compassion fatigue and quiet quitting and the sad erosion this has on us and nursing as a whole.

1600 – 1700: Bringing it All Together

Our final session will bring together all our learnings from the past two weeks. There will be ample time for reflection, discussion, and questions.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. Networking in this relaxed environment with nurses from all over Australia and from your own speciality is a great addition to your learning. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 13: 02/03/2028 | Mt Fuji (Shimizu), Japan | 0700 – 1800

Explore at your Leisure

Shimizu is the gateway to the majestic Mount Fuji, Japan's most iconic natural landmark. Take in breathtaking views of the snow-capped peak, stroll through picturesque coastal villages, visit traditional tea plantations or explore tranquil gardens and historic shrines.

Combining spectacular scenery with authentic Japanese culture, Shimizu offers an unforgettable glimpse into one of the country's most celebrated regions.

1700 – 1800: Farewell Function (guests are welcome)

Join us for a Conference farewell drinks function to celebrate our time together. Conference photo will be taken (via iPhone!) if you are interested during this event.

Day 14: 03/03/2028 | Arrive Tokyo (Yokohama), Japan

0530: Disembark – safe travels!

OUR PRESENTER

Dr Paula Foran, PhD., R.N., FACORN, FACPAN



Dr Paula Foran is an Associate Editor for the Journal of Perioperative Nursing. She comes from a perianaesthesia nursing background and has many publications to her credit including published nursing articles, several book chapters and is an editor of the new salient Australian Perioperative textbook, 'Perioperative Nursing- an Introduction'.

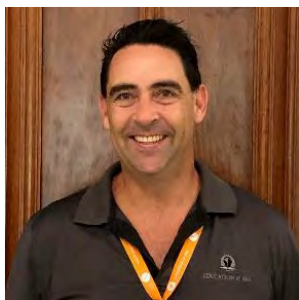
Paula has been a guest speaker and presented keynote presentations at national & international conferences. She has been awarded the 'Most Popular Presenter' for her keynote address at the International Collaboration of Perianaesthesia Nurses, and Best Oral Paper award at the European Operating Room Nurses conference in The Hague.

Paula completed her research PhD in 2012 and was the Master of Clinical Nursing Coordinator with the University of Tasmania, prior to her step back to casual university work. This allows Paula to present nationally and internationally, including on cruise ships, and in her spare time, she is a registered Marriage Celebrant and Master of Ceremonies (MC)!

"This conference was inspiring. The presenter was fantastic, very engaging and everything was relevant to my occupation and workplace." - Roslyn

OUR CONVENOR

JASON DAWSON, RN, BN



Jason is from the Gold Coast, Queensland. Whilst studying for his Bachelor of Nursing at Southern Cross University, he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008. During this time, Jason has undertaken varied roles, including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions.

In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses, Midwives, Allied Health Professionals and Teachers /Educators the opportunity to update and improve their skills in diverse and unique locations.

REGISTRATION COSTS

Contact the Team at Education at Sea for a personalised quote.

General Registration: \$1390.00 (NB: Registration cost doesn't include travel, accommodation, or travel insurance.)

Non-practising Nurse: \$290.00

We've realised that many past customers still want to travel with us. We have created a customer classification called Non-Practising Nurse.

It's for Retired Nurses who want to travel with our group but no longer need CPD hours. They like to travel with like-minded people, people who get them because they have had similar experiences, and there is a shared connection that creates friendships quickly. Also, travelling as part of a group provides an extra level of support and safety.

The non-practicing registration is only available for our cruise conferences, as the study tours are all-inclusive.

INCLUSIONS

General registration includes:

- A comprehensive conference program based on current best practice and meets the same exacting standards as anything offered in an Australian land-based program
- Access to experienced presenters eager to share their skills, knowledge, and passion with attendees
- Welcome function with drinks (travelling companions welcome)
- Farewell function with drinks (travelling companions welcome)
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests) (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic conference experience
- Access to an online conference library with educational content, allowing you to complete pre-conference learning activities and tailor your own learning experience
- A conference transcript outlining each session, including session synopses and presenter details
- The opportunity to meet as a group in various conference open forums, in one of the many fabulous locations on the ship
- A Certificate of Completion for you to include in your CPD Portfolio

Non-practising nurse registration includes:

- Inclusion in the Education at Sea / Nurses for Nurses travel group
- Welcome drinks on the first night at the registration function for you and your travelling companion
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests)
- Access to any networking events held onboard
- Opportunity to book shore tours, including hospital visits
- Ability to attend a maximum of five conference sessions that pique your interest – you may not need CPD points, but you could still be interested in various health related topics
- Farewell function on the final night for you and your travelling companion
- Subscription to newsletters to stay informed about future travel events

VENUE

Celebrity Solstice

Step aboard the Celebrity Solstice, a masterpiece of modern luxury and the flagship of Celebrity Cruises' renowned Solstice-class. With its innovative Lawn Club, world-class dining, and award-winning entertainment, this ship offers a premium experience for travellers seeking relaxation and adventure. From the glaciers of Alaska to the vibrant shores of Australia, the Solstice invites you to discover stunning destinations in unmatched style and comfort.



HOW TO DRESS ON A CRUISE SHIP



Most cruise lines offer a casual atmosphere onboard. Casual attire is the norm during the day, and there is no formal dress code at night. However, many passengers choose to change into something slightly less casual for dinner.

At least once per sailing, during which passengers are encouraged to dress up. While you rarely see tuxedos or evening gowns, suits and cocktail dresses are quite common.

Additionally, ships usually host several themed nights, such as White Parties, '70s, or '80s Night, Hawaiian or even Mexican during each sailing. It's a good idea to bring along a few themed items.

NB: Closer to your sail date you will be able to see what the exact theme nights are being held via your cruise companies app.

OFFICE CONTACT

Payments | Receipts | Refunds | Travel Arrangements

Education at Sea

02 7908 7774

enquiries@educationatsea.com.au

BH: Mon – Fri | 1000 – 1700

Program | Online Library | Certificates

The Nurses for Nurses Network

07 4151 3884 (Select Option 3)

enquiries@nfn.com.au

BH: Mon – Thu | 0900 – 1500

INSURANCE

Nurses for Nurses and Education at Sea strongly recommends customers take out travel insurance at the time of registration for an event to cover any unforeseen circumstances that may prevent them attending and thus incurring any financial loss.

DISCLAIMER

The opinions and statements of facts expressed in the Papers in these proceedings are those of the Authors and do not necessarily represent those of the Nurses for Nurses Network (NfNN), the editors, the organising committee or the supporters of this Conference. The organisers can accept no responsibility for errors or omissions in the individual papers. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the organisers. NfNN reserves the right to alter charges, cancel, postpone, change or withdraw the product or service at any time.

Online CPD You Can do
Anytime, Anywhere
Nursing CPD



nursingcpd.com.au

Cruise Your Way to
Professional Development
Education at Sea



educationatsea.com.au

Real Stories, Recipes, and
Inspiration
This Nursing Life



thisnursinglife.com.au

Combine Great Locations
with Fantastic CPD
Nurses for Nurses Network



nfn.com.au

CONDENSED ITINERARY

Day 1: 19/02/2028 | Hong Kong, China

1730: We set Sail

1700 – 1800: Conference Registration and Welcome Function (guests are welcome)

Day 2: 20/02/2028 | Conference Day

0800 – 0900: What is new in Anaesthesia?

0900 – 1000: Case History in Airway Emergency

1000 – 1030: Break

1030 – 1130: Obesity and its Impact on Surgical Care

1130 – 1230: Anaesthesia: Not One Size Fits All

1230 – 1430: Lunch

Afternoon: Self-directed via the Online Library

- Fasting Guidelines
- Airway Management Algorithms

1800 – 1900: Networking Session

Day 3: 21/02/2028 | Taipei, Taiwan

0700 – 2200: Explore at your Leisure

Day 4: 22/02/2028 | Conference Day

Morning: Self-directed via the Online Library

- Robotic Surgery and Emergencies in Robotic Surgery
- New Surgical Techniques

1100 – 1230: Lunch

1230 – 1330: What's new in surgery?

1330 – 1430: Surgical Conscience

1430 - 1500 Break

1500 - 1600 Coronal Case History: See Blood, Think Air!

1600 - 1700 What's new in Robotic Surgery? Emergencies in Robotic Surgery

1700 – 1800: Networking Session

Day 5: 23/02/2028 | Jeju, South Korea

0700 – 1800: Explore at your Leisure

1700 – 1800: Networking Session

Day 6: 24/02/2028 | Nagasaki, Japan

0700 – 2000: Explore at your Leisure

Day 7: 25/02/2028 | Fukuoka, Japan

0700 – 1800: Explore at your Leisure

1700 – 1800: Networking Session

Day 8: 26/02/2028 | Conference Day

0800 – 0900: What's new in PACU?

0900 – 1000: Safety in the PACU – how well do you comply with PS04?

1000 – 1030: Break

1030 – 1130: PACU Coronal Cases

1130 – 1230: Respiratory Assessment and Complications

1230 - 1430 Lunch

Afternoon: Self-directed via the Online Library

- ANZCA Guideline PS04
- ECG Use in PACU

1800 – 1900: Networking Session

Day 9: 27/02/2028 | Kyoto (Osaka), Japan

Docked from 27/02, 0800 – 28/02, 0330

Explore at your Leisure

Day 10: 28/02/2028 | Conference Day

0630 – 1800: Explore at your Leisure

1700 – 1800: Networking Session

Day 11: 29/02/2028 | Kochi, Japan

0800 – 1800: Explore at your Leisure

1700 – 1800: Networking Session

Day 12: 01/03/2028 | Conference Day

Morning: Self-directed via the Online Library

- Compassion Fatigue and Quiet Quitting
- Ethical Issues in Nursing

1100 – 1230: Lunch

1230 – 1330: Ethics in Healthcare – Consent and 'Speaking up for Safety'

1330 – 1430: Incivility in Healthcare

1430 – 1500: Break

1500 – 1600: Compassion Fatigue and Quiet Quitting

1600 – 1700: Bringing it All Together

1230 – 1430: Lunch

1800 – 1900: Networking Session

Day 13: 02/03/2028 | Mt Fuji (Shimizu), Japan

0700 – 1800: Explore at your Leisure

1700 – 1800: Farewell Function (guests are welcome)

Day 14: 03/03/2028 | Arrive Tokyo (Yokohama), Japan

0530: Disembark – safe travels!