



Navigating the Future of Nursing:

PRACTICE IN A
CHANGING WORLD

DEPARTING HAMBURG,
GERMANY CRUISING NORWAY

22 Sep – 03 Oct 2027 | 24 CPD Hours



NURSES
FOR NURSES



EDUCATION *at SEA*



The best time to witness the Northern Lights in Norway is from late September through early April, when the nights are long, dark, and ideal for aurora viewing. Peak activity is typically between 18:00 and 02:00, with the most spectacular displays often appearing around midnight.

While the heart of winter delivers the darkest skies, many seasoned travellers favour March and the shoulder months of September and October. Around the equinoxes, geomagnetic activity tends to be stronger, increasing the chances of vivid auroral displays.

These months also often bring more stable weather, clearer skies, and milder temperatures—making the experience far more comfortable as you stand beneath the Arctic heavens waiting for nature's greatest light show.

WHAT THIS CONFERENCE IS ABOUT

There is nothing static about nursing. The pace, the pressure, the expectations all of it is shifting, and not quietly.

What it means to be a nurse today is not what it was five years ago, and it will not be the same five years from now.

This conference is built for that reality.

Set against one of the most striking journeys in the world, sailing from Hamburg through the Norwegian coastline and into the Arctic Circle, this is an opportunity to step out of the day-to-day and take a clear, honest look at where the profession is heading and what that means for your practice.

The program focuses on the issues nurses are dealing with not the polished version, but the real one. Workforce pressures are no longer background noise. They are shaping care delivery, influencing decision-making, and determining who stays in the profession and who leaves. Sessions will explore the realities of workload, moral distress, and retention, alongside practical discussions on leadership at the bedside and the evolving nature of nursing work.

At the same time, scope of practice is expanding in ways that are changing professional frontiers. Nurse prescribing, advanced practice roles, and working at top of scope are no longer future concepts. They are happening now, raising important questions about capability, accountability, and collaboration across disciplines.

Technology is also redefining care. Digital health, artificial intelligence, virtual care models, and remote monitoring are already embedded in many settings. This is not about whether these changes are coming, but how they are being used, where the risks sit, and what nurses need to understand to use them safely and effectively in practice.

Overlaying all of this is increasing patient complexity. Multi-morbidity across all age groups, the intersection of mental and physical health, and the ongoing impact of chronic disease are challenging traditional models of care. Nurses are managing more, with less, in systems that are still trying to catch up.



Beyond the clinical environment, broader forces are shaping health outcomes in ways that cannot be ignored. Social determinants of health, environmental change, resource allocation, and access to care are directly influencing who becomes unwell, how they present, and what care is possible. For Australian nurses, this includes the ongoing challenges of rural and remote practice and the persistent inequities experienced by Aboriginal and Torres Strait Islander communities.

Professional identity is also under pressure. Workplace culture, incivility, and the realities of maintaining boundaries in both physical and digital environments are part of everyday practice. This conference creates space for these conversations to be had in a way that is practical, grounded, and relevant.

This is not a conference built on idealised versions of nursing. It is built on the real work, the real challenges, and the real opportunities that sit in front of the profession right now. Combined with the experience of travelling through some of the most extraordinary landscapes in the world, this is a chance to step back, think clearly, and return to practice with a sharper understanding of what is changing and how to navigate it.

CALL FOR ABSTRACTS

We invite nurses and healthcare professionals to submit abstracts for presentation at this unique conference. This conference is focused on the realities of modern nursing practice. We are seeking presentations that reflect current challenges, emerging trends, and practical insights relevant to nurses working across all clinical settings.

Submissions should move beyond theory and demonstrate clear relevance to practice. We are particularly interested in abstracts that address real-world experience, evidence-informed approaches, and innovations that are already influencing care delivery.

Who Should Submit

- Registered nurses across all clinical areas
- Nurse practitioners and advanced practice nurses
- Nurse educators and researchers
- Interdisciplinary professionals working closely with nursing teams

Why Present at This Conference

This is an opportunity to contribute to a program that reflects the real work of nursing and influence care delivery as a presenter, in a setting that allows time for both professional engagement and reflection.

Presenters will be part of a conference that brings together experienced clinicians to explore the future of nursing practice, while travelling through one of the most remarkable regions in the world.

Presenters will receive \$200 off the conference registration fee for each one hour presentation and \$100 off the registration fee for each 30-minute presentation.

Conference Themes to Consider

- 1. Workforce Reality: The Pressure Points in Practice**
 - Burnout, attrition, unsafe workloads, and moral distress
 - Retention versus leaving the profession
 - Emerging workforce models: agency, casualisation, and flexibility
 - Leadership at the bedside and in complex environments
- 2. Scope of Practice: Redefining Nursing Roles**
 - Nurse prescribing in the Australian context
 - Advanced practice and extended scope roles
 - Working at top of scope in constrained systems
 - Role substitution versus interdisciplinary collaboration
- 3. Digital Health, AI and Virtual Models of Care**
 - Artificial intelligence in clinical decision-making
 - Telehealth as standard care delivery
 - Remote monitoring and virtual wards
 - Clinical risk, ethics, and governance in digital health
- 4. Patient Complexity and Changing Clinical Demand**
 - Multi-morbidity across the lifespan
 - Chronic disease with acute deterioration
 - Intersection of mental and physical health
 - Clinical decision-making in increasingly complex presentations
- 5. Health Equity, Access and the Australian Context**
 - Rural and remote healthcare delivery challenges
 - Aboriginal and Torres Strait Islander health disparities
 - Access to care and geographic inequity
 - Resource allocation and service delivery constraints
- 6. Environment, Communities and Health**
 - Environmental impacts on population health
 - Climate-related health challenges and emerging disease patterns
 - Food, water, and housing insecurity
 - Implications for nursing practice and care delivery
- 7. Professional Identity, Culture and Workplace Behaviour**
 - Incivility, bullying, and workplace culture
 - Professional boundaries in clinical and digital environments
 - Accountability, professionalism, and public trust
 - What it means to be a nurse in contemporary practice
- 8. Social Determinants of Health**
 - The impact of socioeconomic status on health outcomes
 - Education, employment, and community context
 - Health literacy and access to services
 - Integrating social determinants into everyday nursing care

LEARNING OUTCOMES

By the end of this Conference, participants will be able to:

1. **Analyse the key factors shaping contemporary nursing practice**, including workforce pressures, evolving scope of practice, and increasing patient complexity, and their impact on care delivery.
2. **Evaluate the role of emerging models of care**, including digital health, artificial intelligence, and virtual care, in supporting safe, effective, and accessible healthcare.
3. **Examine the influence of social, environmental, and structural determinants on health outcomes**, and their implications for nursing practice across diverse populations.
4. **Reflect on professional identity, workplace culture, and leadership in nursing**, to support safe practice, effective collaboration, and sustainable career engagement.



CPD RELEVANCE

Attendance at *Navigating the Future of Nursing: Practice in a Changing World* supports ongoing professional development by strengthening the knowledge, skills, and professional judgement required for contemporary nursing practice.

The conference addresses key issues currently influencing healthcare delivery, including workforce pressures, expanding scope of practice, increasing patient complexity, digital health, and the broader social and environmental determinants of health. These areas are directly relevant to the provision of safe, person-centred, and evidence-informed care.

Participation in this conference supports nurses to:

- Maintain and develop current knowledge relevant to their context of practice, consistent with Standard 1: Thinks critically and analyses nursing practice
- Apply evidence and emerging models of care, including digital health and advanced practice roles, in line with Standard 6: Provides safe, appropriate and responsive quality nursing practice
- Engage in reflective practice and consider the impact of professional behaviour, workplace culture, and leadership on care delivery, aligning with Standard 2: Engages in therapeutic and professional relationships
- Understand and respond to factors influencing health outcomes, including social, cultural, and environmental determinants, supporting Standard 3: Maintains the capability for practice and Standard 4: Comprehensively conducts assessments

The conference also aligns with the NMBA Code of Conduct for Nurses, particularly in relation to:

- Practising safely, effectively, and collaboratively within evolving healthcare systems
- Promoting health equity and culturally safe care
- Maintaining professional integrity, accountability, and lifelong learning

Engagement in this conference contributes to a nurse's responsibility to undertake continuing professional development that is relevant to their practice, enhances clinical capability, and supports the delivery of safe and effective care.

"To mix travel and a conference has made such a difference to me at a time when our health system is experiencing such difficult times. To escape for a while to learn & explore some of the world has made a significant positive difference emotionally and mentally."

– Vivienne, Iceland Cruise Conference

DETAILED ITINERARY



Day 1: 22/09/2027 | Depart Hamburg, Germany

Germany's vibrant maritime gateway, Hamburg blends historic charm with modern sophistication. Known for its impressive harbor, elegant canals, world-class shopping, and thriving cultural scene, the city offers a dynamic start and finish to your cruise experience. From grand architecture to lively waterfront districts, Hamburg is a destination rich in energy and character.

1800 – 1900: Conference Registration and Welcome Function

Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates should attend the Conference registration session to collect their Conference pack and confirm registration details to ensure the correct issuing of their CPD certificate.

2100: We set Sail

Make sure you are on deck to say bon voyage.

Day 2: 23/09/2027 | Conference Day

This will be a full conference day which will include sessions in line with the conference themes.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 3: 24/09/2027 | Bergen, Norway

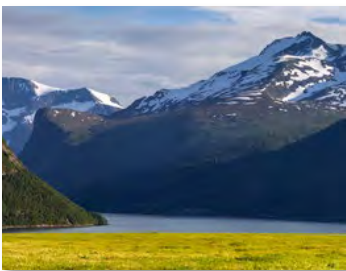
0800 – 1800: Explore this Port at your Leisure

Surrounded by mountains and fjords, Bergen is one of Norway's most picturesque cities. Famous for its colourful Bryggen wharf, a UNESCO World Heritage site, Bergen combines rich Hanseatic history with stunning natural beauty. Wander cobbled streets, enjoy fresh Nordic cuisine, or take in panoramic views from Mount Fløyen.



1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 4: 25/09/2027 | Molde Fjord, Norway

1000 – 2100: Explore this Port at your Leisure

Often called the "City of Roses," Molde is beautifully set beside the Romsdal Fjord and framed by dramatic mountain peaks. This elegant coastal destination is celebrated for its scenic landscapes, fresh sea air, and relaxed atmosphere. It is a perfect place to experience the peaceful grandeur of Norway's fjord region.

Day 5: 26/09/2027 | Trondheim, Norway

0900 – 1900: Explore this Port at your Leisure

Norway's historic former Viking capital, Trondheim offers a captivating blend of medieval heritage and modern Scandinavian charm. Highlights include the magnificent Nidaros Cathedral, colourful riverside warehouses, and a vibrant café culture. Rich in history yet youthful in spirit, Trondheim is one of Norway's most engaging cities.



Day 6: 27/09/2027 | Conference Day

This will be a full conference day which will include sessions in line with the conference themes.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.



Day 07 & 8: 28-29/09/2027 | Honningsvåg (North Cape), Norway

Arrive 28/09 @ 1300 Depart 29/09 @ 0100

Explore this Port at your Leisure

Gateway to the legendary North Cape, Honningsvåg lies deep within the Arctic Circle and offers an unforgettable northern adventure. Rugged coastlines, dramatic tundra landscapes, and endless horizons create a sense of true exploration. Visiting North Cape, one of Europe's northernmost points, is a highlight few travellers ever forget.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 8: 29/09/2027 | Tromsø, Norway

1400 – 2100: Explore this Port at your Leisure

Often called the Gateway to the Arctic, Tromsø is one of Norway's most vibrant and captivating northern cities. Surrounded by dramatic fjords, snow-capped peaks, and icy waterways, it blends breathtaking natural beauty with a lively cultural scene. Famous as one of the world's premier destinations for viewing the Northern Lights, Tromsø also offers charming cafés, fascinating polar history, striking Arctic architecture, and a warm Nordic atmosphere. Whether exploring the colourful waterfront, visiting the iconic Arctic Cathedral, or simply taking in the crisp northern air, Tromsø is a destination that leaves a lasting impression.



Day 09: 30/09/2027 | Conference Day

This will be a full conference day which will include sessions in line with the conference themes

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 10: 01/10/2027 | Ålesund, Norway



1000 – 1700: Explore this Port at your Leisure

One of Norway's most beautiful coastal towns, Ålesund is renowned for its striking Art Nouveau architecture and island setting. Rebuilt in elegant style after a fire in 1904, the town is a masterpiece of design surrounded by sea, mountains, and fjords. A walk to the Aksla viewpoint rewards visitors with spectacular panoramic views.

1800 – 1900: Networking Session

Join us at the designated meeting spot to catch up and discuss the events of the day. The conference Facilitators and Presenter will be at the venue to answer any of your queries.

Day 11: 02/10/2027 | Conference Day

This will be a full conference day which will include sessions in line with the conference themes

Evening: Farewell Function

Join us for a Conference farewell drinks function to celebrate our time together. Conference photo will be taken (via iPhone!) if you are interested during this event.

Day 12: 03/10/2027 | Arrive Hamburg, Germany

Disembark – safe travels!

"Sue discussed all the topics in a manner that made it easy to understand and related it to our nursing background. Sue spoke clearly and included us all, I thoroughly enjoyed all the sessions. think this is a great way to earn CPD and use professional development leave. I intend to present an in-service on my experience to encourage others to do the same." - Rosalyn

OUR PRESENTER



Sue Walker, RN, BN, BN (ADMIN), MPH (PALCARE), MACN, Specialist Nurse Educator

Sue is the director and co-founder of the Nurses for Nurses Network. Sue is a key contributor to the online education platform Nursing CPD – a Continuing Professional Development library.

As a Registered Nurse, Sue holds Degrees in both Nursing and Health Administration, a Master's Degree in Public Health, as well as a number of certificate courses in Psychiatry of Ageing, Gerontology, Chemotherapy Administration, Training and Assessment. She is also an Accredited Mental Health First Aid Trainer, Mindfulness Practitioner, and Clinical Supervisor.

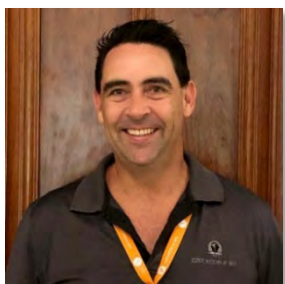
Sue has extensive experience both as a clinician, educator, and senior manager. She has presented at local and international conferences on many topics including key issues such as the psychological impact of the work that Nurses do and how the work requirements to deliver healthcare impact on the health of the clinician. Sue is passionate about making a difference to the way in which people experience the health care system.

Nurses are the backbone of the healthcare system and work in difficult environments that can take advantage of their caring nature and commitment to ensuring the best possible care is delivered. Our health care system relies on Nurses to work extra shifts, longer shifts, double shifts. It relies on Nurses and Midwives willingly changing their plans to meet the needs of the organisation, to the detriment of their own personal lives and relationships.

"Healthcare should be delivered by competent, knowledgeable individuals to ensure the best possible experience for the recipient of that care. Nursing is a fabulous profession. It is the knowledge and skill of the individual Nurse that will have the greatest influence on the happiness and health outcomes of each and every client."

OUR CONVENOR

Jason Dawson



Jason is from the Gold Coast, Queensland. Whilst studying for his Bachelor of Nursing at Southern Cross University, he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008. During this time, Jason has undertaken varied roles, including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions.

In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses, Midwives, Allied Health Professionals and Teachers /Educators the opportunity to update and improve their skills in diverse and unique locations.

REGISTRATION COSTS

Contact the Team at Education at Sea for a personalised quote.

General Registration: \$1390.00

Non-practising Nurse: \$290.00

We've realised that many past customers still want to travel with us. We have created a customer classification called non-practising Nurse.

It is for non-practising Nurses who want to travel with our group but no longer need CPD hours. They like to travel with like-minded people, people who get them because they have had similar experiences, and there is a shared connection that creates friendships quickly. Also, travelling as part of a group provides an extra level of support and safety.

The non-practising registration is only available for our cruise conferences, as the study tours are all-inclusive.

(NB: Registration cost doesn't include travel, accommodation, or travel insurance.)

INCLUSIONS

General registration includes:

- A comprehensive conference program based on current best practice and meets the same exacting standards as anything offered in an Australian land-based program
- Access to experienced presenters eager to share their skills, knowledge, and passion with attendees
- Welcome function with drinks (travelling companions welcome)
- Farewell function with drinks (travelling companions welcome)
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests) (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic conference experience
- Access to an online conference library with educational content, allowing you to complete pre-conference learning activities and tailor your own learning experience
- A conference transcript outlining each session, including session synopses and presenter details
- The opportunity to meet as a group in various conference open forums, in one of the many fabulous locations on the ship
- A Certificate of Completion for you to include in your CPD Portfolio

Non-practising nurse registration includes:

- Inclusion in the Education at Sea / Nurses for Nurses travel group
- Welcome drinks on the first night at the registration function for you and your travelling companion
- Conference pack including a bag, pen, and lanyard (plus lanyards for guests)
- Access to any networking events held onboard
- Opportunity to book shore tours, including hospital visits
- Ability to attend a maximum of five conference sessions that pique your interest – you may not need CPD points, but you could still be interested in various health related topics
- Farewell function on the final night for you and your travelling companion
- Subscription to newsletters to stay informed about future travel events

Additional Information:

- There is no additional charge for your travelling companion

VENUE



MSC Preziosa

Elegant, modern, and designed for unforgettable travel experiences, MSC Preziosa combines Mediterranean style with world-class comfort. This sophisticated flagship offers spacious lounges, refined dining, premium wellness facilities, and outstanding entertainment, creating the perfect setting for both business and leisure at sea.

Guests can enjoy panoramic ocean views, stylish accommodations, and exceptional onboard amenities while sailing through some of Northern Europe's most spectacular destinations. With versatile meeting spaces and a welcoming atmosphere, MSC Preziosa is an ideal host for a memorable cruise conference experience.

HOW TO DRESS ON A CRUISE SHIP



Most cruise lines offer a casual atmosphere onboard. Casual attire is the norm during the day, and there is no formal dress code at night. However, many passengers choose to change into something slightly less casual for dinner.

At least once per sailing, during which passengers are encouraged to dress up. While you rarely see tuxedos or evening gowns, suits and cocktail dresses are quite common.

Additionally, ships usually host several themed nights, such as White Parties, '70s, or '80s Night, Hawaiian or even Mexican during each sailing. It's a good idea to bring along a few themed items.

NB: Closer to your sail date you will be able to see what the exact theme nights are being held via your cruise companies app.

INSURANCE

The Nurses for Nurses Network and Education at Sea strongly recommends customers take out travel insurance at the time of registration for an event to cover any unforeseen circumstances that may prevent them attending and thus incurring any financial loss.

DISCLAIMER

The opinions and statements of facts expressed in the Papers in these proceedings are those of the Authors and do not necessarily represent those of the Nurses for Nurses Network (NfNN), the editors, the organising committee or the supporters of this Conference. The organisers can accept no responsibility for errors or omissions in the individual papers. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the organisers. NfNN reserves the right to alter charges, cancel, postpone, change or withdraw the product or service at any time.

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nfnn.com.au

OFFICE CONTACT

Payments | Receipts | Refunds | Travel Arrangements
Education at Sea
02 7908 7774
enquiries@educationatsea.com.au
BH: Mon – Fri | 1000 – 1700

Program | Online Library | Certificates
The Nurses for Nurses Network
07 4151 3884 (Select Option 3)
enquiries@nfn.com.au
BH: Mon – Thu | 0900 – 1500

ABSTRACT SUBMISSION

Conference Details

Conference Title:	Navigating the Future of Nursing: Practice in a Changing World		
Date:	22 Sep – 03 Oct 2027	Location:	Cruising Norway from Hamburg
Submission Deadline:	21 st Sept 2026	Contact for Enquiries:	Sue Walker via enquiries@nfn.com.au

Abstract Submission Guidelines

Presentation Length:

- 60 minutes or 30 minute short presentation

Abstracts Should Include:

- Title of presentation
- Conference theme alignment (select one primary theme)
- Background and relevance to nursing practice
- Key content or focus of the presentation
- Practical application to clinical practice
- Presenter details and credentials
- Abstracts should be clear, concise, and demonstrate a strong link between the topic and contemporary nursing practice.

Submissions Will be Assessed Based on:

- Relevance to the conference themes
- Applicability to clinical practice
- Clarity and quality of the abstract
- Evidence-informed or experience-based insight
- Alignment with current and emerging issues in healthcare

Additional Information:

- Requirements for AV equipment or other presentation needs

Successful Submission:

- Successful submissions will be notified in October 2026
- The successful applicants will need to register to attend the conference and pay their deposit for the cruise
- Presenters will receive \$200 off the conference registration fee for each one-hour presentation and \$100 off the registration fee for each 30-minute presentation

Submit Abstract to: Sue Walker via enquiries@nfn.com.au

CONDENSED ITINERARY

DAY 1: 22/09/2027 | Depart Hamburg, Germany

1700 – 1800: Conference Registration and Welcome Function
2100: We set Sail

DAY 2: 23/09/2027 | Conference Day

0830 – 0930: Session 1
0930 – 1030: Session 2
1030 – 1100: Break
1100 – 1300: Session 3
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
1800 – 1900: Networking Session

DAY 3: 24/09/2027 | Bergen, Norway

0800 – 1800: Explore at Your Leisure
1800 – 1900: Networking Session

DAY 4: 25/09/2027 | Molde Fjord, Norway

1000 – 2100: Explore at Your Leisure

DAY 5: 26/09/2027 | Trondheim, Norway

0900 – 1900: Explore at Your Leisure

DAY 6: 27/09/2027 | Conference Day

0830 – 0930: Session 1
0930 – 1030: Session 2
1030 – 1100: Break
1100 – 1300: Session 3
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
1800 – 1900: Networking Session

DAY 7-8: 28-29/09/2027 | Honningsvåg, Norway

Arrive 28/09 @ 1300 Depart 29/09 @ 0100
Explore at Your Leisure
Afternoon: Online Library Self-directed Sessions
1800 – 1900: Networking Session

Day 8: 29/09/2027 | Tromsø, Norway

1400 – 2100: Explore this Port at your Leisure

Day 9: 30/09/2027 | Conference Day

0830 – 0930: Session 1
0930 – 1030: Session 2
1030 – 1100: Break
1100 – 1300: Session 3
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
1800 – 1900: Networking Session

Day 10: 29/09/2027 | Alesund, Norway

1000 – 1700: Explore this Port at your Leisure

Day 11: 30/09/2027 | Conference Day

0830 – 0930: Session 1
0930 – 1030: Session 2
1030 – 1100: Break
1100 – 1300: Session 3
1300 – 1430: Lunch
Afternoon: Online Library Self-directed Sessions
1800 – 1900: Farewell Function

DAY 12: 24/06/2026 | Hamburg, Germany

Disembark – safe travels!