



Midwifery Care in Cambodia: A two-way learning Study Tour *with exclusive Comedy Show 'Shift Happens'*

Phnom Penh | Siem Reap
12th to 22nd June 2026

CPD Hours: 35

PLUS...

Optional 6 day Vietnam extension package
available!!



EDUCATION *at* SEA

02 7908 7774

enquiries@educationatsea.com.au

www.educationatsea.com.au



ABOUT THE TOUR

This immersive midwifery study tour explores the challenges and triumphs associated with pregnancy, birth and postpartum care for women and their families in Cambodia.

We will learn about the historical impacts of war as well as the incredible progress of development that provide the context for women who continue to birth and care for the next generation.

Our conference days will provide a deep dive into the healthcare system and outcomes in Cambodia and compare them to Australian data.

We will consider the unique challenges of this Southeast Asian nation and the creative solutions they are employing in workforce and service provision to improve the lives of consumers of maternity services.

We will examine the midwife's role in promoting health and the fascinating cultural practices and rituals that are used to mark the life event of birth.

We will explore the interface between what women want when it clashes with Western medical thought. We will consider areas of practice where Midwives can really make a difference and evaluate current research from Asia and at home so that you can inform your future practice.

By combining the most up to date conference presentations with input from front line healthcare workers and consumer perspectives on the ground, you will learn firsthand about your profession as it is practiced in Cambodia. By networking with your colleagues, you can apply this breadth of understanding to inspire your ongoing professional life.



You will also get the chance to see Sarah's exclusive comedy show 'Shift Happens'. In her new show, Sarah Stewart hilariously reflects on her time as a midwife, her chaotic life as a mother and wife, and the challenges facing her now that she's on the wrong (or right, depending on your perspective) side of being 60, like finding a coffin that fits!

'Shift Happens' promises an evening that is entertaining, honest, and surprisingly poignant. Bring your own humorous stories about being a nurse or midwife – there's nothing funnier than real life!

LEARNING OUTCOMES:

During this study tour, you will:

- Understand the current state of Midwifery and Neonatal care in Cambodia
- Advance your ability to meet practice standards pertaining to cultural safety and social disadvantage
- Compare and Contrast Cambodian and Australian care settings and outcomes
- Investigate current research and its application to Australian Midwifery Care
- Extrapolate ways of working to address the public health, culture and ritual components of your role
- Knowledge of cultural practice around pregnancy, birthing and the postnatal period and their impacts on health





CLINICAL LEAD:

LORIN VELTKAMP – BNSc, Grad Dip Mid, Master of Public Health

Lorin is a Registered Midwife currently employed at the Townsville University Hospital in Queensland. As well as practising clinically, Lorin is employed in multidisciplinary healthcare education.

Over the past twenty years, Lorin has held various clinical roles including that of Caseload Midwife in a Birth Centre, Clinical Midwife at a tertiary referral centre and Midwifery Educator. Her work has spanned the globe from Thursday island in Australia's far north, to the Arctic Circle in Canada.

Lorin has lead quality improvement activities, written clinical curriculum for online education modules and presented Internationally at conferences such as CAPWHN.

Her public health work has included roles in disaster management. Lorin also spent a few years working in pre-hospital care.

Lorin has lived and worked in the Middle East, South America and Sub-Saharan Africa. She personally loves Cambodia and knows the country well. Lorin has even completed a solo cycle across the whole country!



JASON DAWSON

Jason Dawson is from the Gold Coast, Queensland. Whilst studying his Bachelor of Nursing at Southern Cross University he developed an interest in mental health and has worked in this field of nursing for many years since completing his studies in 2008.

In this time, Jason has undertaken varied roles including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions. In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses the opportunity to update and improve their skills in diverse and unique locations.



COMEDY SHOW



Exclusive Comedy Show 'Shift Happens'

SARAH STEWART

Sarah Stewart has been a nurse and midwife for 40 years. During her career she has carried out a number of roles including Community Sister in the UK, homebirth and caseload midwife, as well as Senior Lecturer in New Zealand.

In 2012 Sarah moved to Australia where she worked as policy manager at the Australian College of Midwives and then Chief Operating Officer at the Congress of Aboriginal and Torres Strait Island Nurses and Midwives.

For the last 6 years Sarah has worked in the ACT Government including a period of time as the ACT Chief Nursing and Midwifery Officer.

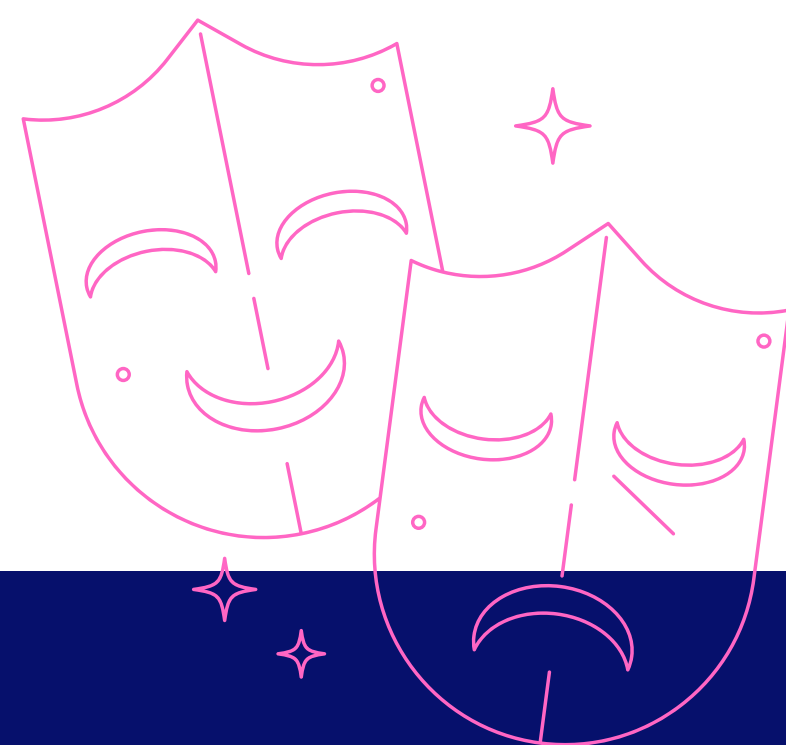
Sarah is now a stand-up comedian and has been selling out comedy shows across Australia like hot scones at a Country Women's Association meeting including the Canberra Comedy Festival, North Australian Festival of Arts, Adelaide and Newcastle Fringe Festivals. She's even snagged a "Best in Comedy" nomination at the 2023 Sydney Fringe Festival.

Sarah Stewart's past 40 years have been a roller-coaster of birthing babies, corralling a hopeless husband, and wondering where her kids 'parked' themselves this time. This seasoned midwife will be dishing the dirt on life, love, and the Labour Ward.

In her new show Shift Happens Sarah Stewart hilariously reflects on her 40 years as a midwife, her chaotic life as mother and wife, and the challenges facing her now she's on the wrong (or right, depending on your perspective) side of being 60, like finding a coffin that fits! Shift Happens promises to be an evening that is entertaining, honest and surprisingly poignant.

"very funny." Fifty+SA 4.5 stars Adelaide Fringe Festival

"this level of entertainment is so rare.....rude and risqué" Canberra City News





INCLUSIONS:

- 4 Nights stay at 5* TRIBE Phnom Penh Post Office Hotel including breakfast
- Phnom Penh History Half Day Tour – Includes S21 at Tuol Sleng and the ‘Killing Field’ of Choeung Ek
- Sunset boat cruise on the Mekong River including canapés
- Hospital visit in Phnom Penh
- Transfer to Siem Reap
- 5 nights stay at 5* Prince D ‘Angkor Hotel & Spa including breakfast
- Sunrise at Angkor Wat and full day temple exploration
- Tonle Sap floating village hospital experience
- Hospital visit in Siem Reap
- Medical market tour by ‘Noo’
- Sightseeing with national English-speaking guide
- Entrance fees
- Meals as specified
- Cold towels and water on sightseeing days

PROGRAM INCLUSIONS:

- An extensive program based on current best practice
- Dedicated Space for expert presentations and reflection
- Coffee breaks and lunches on presentation days
- Education content that meets the same exacting standards as anything offered in an Australian program
- Presenters that are excited to be able to share their skill, knowledge, and passion with Attendees
- An online library filled to the brim with educational content that allows you to create your own learning experience
- A Registration Reception including complimentary drinks where you can meet other Attendees and network with Convenors and Presenter/s
- A locally sourced handcrafted Cambodian Welcome pack and additional information to support a fantastic study tour experience
- A Transcript reflecting all education sessions, presentations and hospital/health centre site visits
- A Certificate of Completion identifying the 35 CPD hours attached to the Program for you to include in your CPD Evidence Portfolio



12th to 22nd
June
2026



INTINERARY

DAY 1:

Friday 12th June 2026
Phnom Penh

Inclusions: Welcome
Drinks

Located on the Mekong River in the vibrant Post Office Square district, TRIBE Phnom Penh is surrounded by French colonial heritage and iconic New Khmer architecture, just a short stroll from the city's most famous landmarks.

Take some time to unwind, freshen up, and settle into your room or take a short stroll around the neighborhood to get your bearings. For some light local exploration: Consider visiting the nearby Independence Monument or Wat Botum if you're up for a relaxed walk.

DAY 2:

Saturday 13th June 2026
Phnom Penh

Inclusions: Breakfast &
Lunch

Morning Session: 9am to 10.30am

Firstly we start with a fascinating insight into the history of Cambodia and Phnom Penh by an expert historian, Linguist and long-term expat.

Jean-Michel Filippi is a professor of Khmer studies at the Royal University of Phnom Penh. He holds a Ph.D. in linguistics and master's degrees in anthropology and mathematics.

He specialises in the description of the Khmer language and various minority languages of Cambodia and Southeast Asia.

He is currently in charge of a UNESCO program about minority languages and cultures in Cambodia's Cardamom Mountains.

Jean-Michel has published several articles and books about these topics, mainly in French and Khmer, but also in English, including "Everyday Khmer" and the soon to be published "Preliminary Researches About Cambodian Minority Languages".



EDUCATION *at* SEA



**Jean-Michel
Filippi**

Apart from linguistics, he has always had a great interest in Cambodian history and art. His wealth of knowledge on Cambodia makes him a fascinating speaker on a diverse range of topics.

Morning Break: 10.30am to 11am

Morning session continued: 11am to 1pm

History of Birthing in Cambodia:

- Commence our sessions with an exploration of qualitative research outlining the last five decades of birthing in Cambodia

Birth Registration:

- The importance of Registering Birth
- Efforts in Australia and Cambodia to reach targets for registration

Lunch: 1pm to 2pm

Afternoon: 2pm to 4pm

We will visit a local hospital and see how Women's health care is handled in Cambodia and the challenges they face. We will review the similarities and differences – this is an opportunity to learn from each other.

Evening: 6pm to 11pm **OPTIONAL BOUTIQUE COCKTAIL TOUR**

This evening your expat guide will meet you at your hotel to begin a night time exploration of some of Phnom Penh's most prestigious cocktail bars. Journey around the city by tuk tuk, experiencing the energy that makes up Cambodia's capital whilst enjoying artful mixology.

DAY 3:

Sunday 14th June 2026
Phnom Penh

Inclusions: Breakfast,
Lunch & Sunset Drinks
with canapes

Morning: 9am – Visit Killing Fields and S21

After breakfast, the tour will begin with a visit to the Killing Fields of Choeung Ek. Choeung Ek is one of the most infamous sites related to the Khmer Rouge regime, which ruled Cambodia from 1975 to 1979. During this time, the regime, led by Pol Pot, sought to establish a radical agrarian socialist society, but their efforts resulted in mass violence and widespread human rights abuses.

The Killing Fields became the site of mass executions, where thousands of innocent men, women, and children were killed. It is believed that around 17,000 people were taken to Choeung Ek from the infamous S-21 Prison (Tuol Sleng) for execution and burial in mass graves. Many of these victims were accused of being enemies of the Khmer Rouge, but often, the reasons for their execution were arbitrary.

12pm to 1pm: Lunch

After lunch we will continue to S21 at Tuol Sleng, or Tuol Sleng Genocide Museum. S21 is one of the most notorious sites associated with the Khmer Rouge regime in Cambodia. Located in Phnom Penh, it was originally a high school but was converted into a prison and interrogation center by the Khmer Rouge between 1975 and 1979, under the leadership of Pol Pot. Please be aware that the exhibits are, by their very nature, both graphic and disturbing, highlighting the atrocities committed against an entire population during one of the most terrifying periods in Cambodia's history.

Evening: 4.45pm – Sunset Boat Cruise

This evening as the sun descends head out on your own private boat into the Mekong River and enjoy the skyline of Phnom Penh as darkness falls.

Morning: 9am to 10.30am

Current Workforce considerations:

- Evaluate the current training of the Cambodian Workforce
- Explore the diversity of care provision and skill mix in the regions
- Consider Australian workforce challenges: how do they compare?

Break: 10.30am to 11am

Morning session: 11am to 1pm

Care Essential and Maternal Outcomes:

- What are the essentials of maternity care?
- How are Cambodia and Australia doing at providing the essentials?
- What constitutes wholistic care?

Day 4:

Monday 15th June 2026
Phnom Penh

Inclusions: Breakfast & Lunch



Lunch: 1pm to 2pm

Afternoon: Visit to Daughters of Cambodia

Daughters of Cambodia was founded in 2007 by British psychologist Ruth Elliott, who sought to create effective, modern solutions to trafficking that move beyond the traditional institutional model. Her vision was to empower individuals to transform their lives independently while staying connected to their communities and families.

Their medical program supports their clients on the road to physical recovery, in order to bring about changes in health outcomes. They operate an on-site medical clinic, treating basic conditions and providing health prevention education. They also partner with external medical service providers for specialist treatment.

Day 5:

Tuesday 16th June 2026
Siem Reap

Inclusions: Breakfast,
Evening Drinks

Morning: 8am

Today we take the journey to Siem Reap, gateway to Angkor Wat, the world's largest religious monument and the heart and soul of Cambodia.

During our journey we will explore the tarantula market and then have a further stop where you can buy lunch or snacks to eat on the bus.

Evening: 5pm to 6pm

Enjoy tantalising cocktails as we watch sunset over the river at our welcome to Siem Reap reception. Here you will learn about all this enchanting city has to offer.

DAY 6:

Wednesday 17th June
2026
Siem Reap

Inclusions: Breakfast

Morning: 9am to 11am - Noo's Market Tour

Traditional medicine in Cambodia also known as complementary and alternative medicine, is a practice that has been used for centuries to treat various ailments in different parts of the world.

In Cambodia, traditional medicine has played an essential role in the healthcare system, particularly in rural areas where access to modern medicine is limited. The use of traditional medicine has been deeply rooted in Cambodian culture, and it is considered an integral part of the country's healthcare system.



Our local guide 'Noo' will teach us the rich tradition of using natural remedies and spiritual practices to cure illnesses.

Nutrition and Rural Health Access

- Impact of food insecurity and malnutrition
- Maternal and infant malnutrition
- Access to clean water and sanitation

Afternoon: 2.30pm - Tonle Sap Floating village and health care centre visit

Once at the lake, we'll boat to one of the lake's floating village communities and gain an insight into how the villagers live and what local life is like.

We'll visit the local provincial health care centre. Here we'll have a presentation and discussion to delve deeper into how emergency management and referral is conducted in the more remote areas of Cambodia, the reasons why, and what future advances are planned for these regions.

We'll then continue the journey out onto the lake with a cold drink to watch as the sun descends before heading back to the hotel.

ANGKOR SUNRISE & FULL DAY TEMPLE EXPLORATION

Wake up early this morning to depart at 4:45 AM, to see the amazing sunrise at Angkor Wat, a bucket list item on any trip to Siem Reap, the pre-dawn view provides a different and tranquil feeling in the cool of the morning.

We will return to your hotel in time for breakfast.

After breakfast we will start with a visit to Angkor Thom, the ancient royal city of the Khmer Empire with its centerpiece; the Bayon temple.

Although it may look like a shapeless mass of stone, further scrutiny reveals towers with enigmatic faces of former King Jayavarman VII. Continue to the Terrace of the Elephants, which served as a platform from where the King could welcome back his victorious army and the Terrace of the Leper King, which holds perfect carvings winding along a narrow passageway that leads to the Baphuon complex.

Day 7:

Thursday 18th June 2026
Siem Reap

Inclusions: Breakfast & Lunch





Next head to the picturesque Ta Prohm. This temple is considered to be Angkor's most beautiful structure and is overgrown with fig trees, giving a haunting yet exotic atmosphere. The magnificent roots of the trees have merged over the centuries with the temple's huge stone blocks, emphasizing a 'forgotten city' feeling.

Enjoy Lunch at a local restaurant nearby Srah Srang lake before continuing to Angkor wat. In the afternoon, visit the most famous of all the temples on the Angkor plain: Angkor Wat.

The temple complex covers 81 hectares and is comparable in size to the Imperial Palace in Beijing. Its distinctive five towers are emblazoned on the Cambodian flag and the 12th century masterpiece is considered by art historians to be the prime example of classical Khmer art and architecture.

Angkor Wat's five towers symbolize Meru's five peaks, the enclosed wall represents the mountains at the edge of the world and the surrounding moat symbolizes the ocean beyond.

DAY 8:

Friiday 18th June 2026
Siem Reap

Inclusions: Breakfast and
Lunch

Morning: 9am to 10.30am

Health Promotion:

- How do Midwives contribute to salutogenesis
- What is a healthy pregnancy and post partum?
- What public health actions can midwives undertake for the maximal impact?

Break: 10.30am to 11am

Morning session: 11am to 1pm

Cultural Practices in Cambodia:

- How is pregnancy health defined in Cambodia?
- What culture bound syndromes are identified?
- What practices have clashed with western medical models as the country evolves?
- What cultural practices contribute to health for women and families?

Lunch: 1pm



Afternoon: Enjoy this afternoon at your leisure or join one of our suggested tours!

Evening: 'Shift Happens' - Sarah Stewart Comedian

In her new show Shift Happens Sarah Stewart hilariously reflects on her time as a midwife, her chaotic life as mother and wife, and the challenges facing her now she's on the wrong (or right, depending on your perspective) side of being 60, like finding a coffin that fits! Shift Happens promises an evening that is entertaining, honest and surprisingly poignant.

Bring your own humorous stories about being a nurse or midwife - there's nothing funnier than real life!

DAY 9

Saturday 20th June 2026
Siem Reap

Inclusions: Breakfast and Lunch

Morning: 9am to 12pm - Angkor international hospital visit.

Today we will visit the skilled Cambodian staff at Angkor Hospital who are pioneering healthcare rarely available in the country. We will be privileged to have an exclusive insight into this facility with a guided visit by Deputy Hospital Director, Dr Ngeth Pises.

Lunch: 1pm to 2pm

Afternoon Session: 2pm to 3.30pm

Consumer Perspectives:

- Up to date research on consumer perspectives in Australia and Cambodia
- What are women wanting from our services and how do we know?
- Voting with their feet: non institutional birth

Afternoon Break: 3.30pm to 4pm

Afternoon session: 4pm to 5.30pm

Consumer Interaction:

Two way learning: learn from a Cambodian consumer about their experience of care

This open forum will enable you to ask any questions that you have not yet answered from the perspective of a female consumer of maternity services.



Day 10:

Sunday 21st June 2026
Siem Reap

Inclusions: Breakfast and Dinner

Free day to explore Siem Reap or Ask us to help organise an additional tour!

Evening: 6pm Farewell Dinner with Apsara Dance Performance

Angkor Village Restaurant in Siem Reap is a well-known, traditional Cambodian dining venue that offers an immersive cultural experience.

Day 11:

Monday 22nd June 2026
Siem Reap

Inclusions: Breakfast

We say our final goodbyes - Safe Travels

6 Night Vietnam Extension package available

Why not take some time to reflect in all you have learned and visit Vietnam, Cambodia's neighbouring country?

EXCLUSIONS:

- Flights to and from Cambodia
- Travel Insurance
- Personal expenses, Airport and hotel portorage fees
- Meals & drinks not mentioned
- Arrival & departure transfer to airport
- Visa
- Tips and gratuities for driver and guide
- Visits, other entrances not mentioned above
- Optional Tours (if required)

INTERNATIONAL FLIGHTS & TRAVEL INSURANCE:

We are happy to provide airfare quotes upon request for any travel needs, there is no obligation.

Booking your airfare with Travel Direct Australia/Education At Sea provides the convenience of having all your travel plans organized under one roof. This also comes with the advantage of having all your associated travel costs on a single statement of account.

As airlines no longer provide commission on airfare bookings, Travel Direct Australia charges a flat service fee of \$75 per person should you decide to move forward with this booking. Any amendment, cancellation, etc. fees are subject to carrier terms and conditions. Travel Direct Australia will not be responsible for any financial loss due to cancellation from unforeseen circumstances. We strongly recommend you take out travel insurance at time of booking.



EDUCATION *at* SEA



EARLY BIRD RATE: available until 1st September 2025

Twin share	\$3040 AUD per person (\$600 per person non-refundable deposit)
Single Occupancy Supplement	\$750 AUD per person
Extension Package 6 days in Vietnam (Twin Share)	\$1690 per person (\$400 per person non-refundable deposit per person - please note this is an addition to the Study tour deposit)

"We donate 10% of every booking to supporting charities and healthcare facilities in need across Cambodia, helping them thrive and serve their communities."



Vietnam

6 Day Vietnam Extension Package

Hanoi | Hoa Lu | Ninh Binh | Halong Bay
22nd to 27th June 2026



TravelDirect

02 7908 7774
enquiries@educationatsea.com.au
www.educationatsea.com.au

22nd June
to
27th June 2026



INTINERARY

DAY 1:

Monday 22nd June 2026
Hanoi

Inclusions: Breakfast

Fly from Siem Reap to Hanoi.

TOUR START:

You will meet your guide on arrival Hanoi airport, be transferred and check-in to your hotel. During the drive your guide will provide an introduction to Hanoi, answer any questions you have. Enjoy free time for the remainder of the day.

Hanoi is Vietnam's capital city and home to more than seven million people. Traditional and refined, with French colonial architecture, tree-lined boulevards, scenic lakes and a bustling Old Quarter, Hanoi has a sophisticated charm. Observe elderly people practicing Tai Chi by the lake, with barbers and food vendors plying their sidewalk trade.

Hanoi has many great restaurants with French, Vietnamese and international cuisines available. Ask your guide for personal recommendations.

DAY 2:

Tuesday 23rd June 2026
Hanoi

Inclusions: Breakfast & Lunch

HIGHLIGHTS CITY VISIT & CYCLO RIDE

Lying in the heart of the Red River Delta, the Vietnamese capital city of Hanoi blends the old world charm with the dynamism of a rising Asian city. Its legacy as a former French colonial city is still evident from the French-inspired features - lakes and parks, colonial architecture and broad tree-lined boulevards - that still dot the present cityscapes.

The city has undergone dramatic transformation over the last thirty years and is now seeing a burgeoning population paralleled by rising motorbike ownership, a rapidly expanding

retail sector and a flourishing art scene. Yet when compared with Ho Chi Minh City, the economic powerhouse in the south, Hanoi still retains a romantic and elegant atmosphere.

Set off early in the morning for a day guided tour of Hanoi. Begin with a visit to West Lake to admire the sixth-century Tran Quoc Buddhist Pagoda.

Next come to visit the historic Ho Chi Minh mausoleum, an imposing monument lavishly built using marble and granite, and where the preserved body of “Uncle Ho” resides. (Ho Chi Minh Mausoleum is closed every Monday & Friday, all afternoons and from late September until December). Behind the Mausoleum, you can see Ho Chi Minh's House. The simple house where Ho Chi Minh lived and worked from 1954 until 1969 is made of wood and enjoyed a tranquil setting, with a view of a lotus pond. Ho Chi Minh's belongings are on display and you can walk up the steps of his house to see his bedroom.

Drive to visit the serene Museum of Ethnology where you observe Vietnam's diverse culture through the Museum's unique presentation of artefacts and dress used in daily life. (Museum of Ethnology is closed on Mondays).

The Temple of Literature, Vietnam's first university. Constructed in 1070, the gardens and well-preserved architecture offer a relaxing glimpse into Vietnam's past.

Enjoy included lunch at local social restaurant KOTO – Know One Teach One.

Have about an hour tour by cyclo, a chauffeur-pedalled tricycle, through Hanoi's Old Quarter, also known as “36 streets”. This bustling area of narrow streets and alleys is home to literally thousands of small businesses and shopkeepers. It's a great place to explore, especially by cyclo, with plenty of photo opportunities all around you.

Depart your hotel this morning on about 70km – 2.5 hours drive through rural northern Vietnam to the site of Vietnam's first capital, Hoa Lu. The ravages of time have destroyed the ancient citadel but some vestiges including King Dinh and King Le worship temples still stand to this day among the rice paddies and are a worthwhile visit to get a glimpse of the ancient Vietnamese past. Followed by an included lunch at a local restaurant.



DAY 3:

Wednesday 24th June
2026
Hanoi

Inclusions: Breakfast &
Lunch

Then continue on boarding a sampan and enjoy a cruise of Trang An. Limestone hills surround a peaceful river which passes through a series of caves (one which takes 15-minutes to pass through in darkness). An 'eco tourism' area, the only interruptions here are the sound of birds and the gentle paddle of the oar upon the crystal clear river.

OR (Choose boat cruise 01 place at Trang An or Tam Coc for day tour visit)

Boarding a sampan and it will take you through rice paddies to grottoes of the sacred Tam Coc Caves. As the sampan gently slices through the water, notice the enormous limestone karsts jutting out from the green rice fields giving rise to Hoa Lu's other name, "Halong on Land". Should you feel adventurous, climb up to Bich Dong Pagoda, which offers a beautiful scenic view of the surrounding countryside.

Leave Ninh Binh and arrive Hanoi late in the afternoon.

DAY 4:

Thursday 25th June 2026
Hanoi - Halong Bay

Inclusions: Breakfast,
Lunch & Dinner



Your morning departure from your hotel in Hanoi to Halong Bay takes you on a journey through the rich farmlands of the Red River Delta.

Arrive in Halong and board a traditional sailing junk. As the vessel sets sails, you will be greeted by the Crew Team who will aim throughout your stay at providing you with the highest standards of service for a pure pleasure and utmost comfort onboard. Discover some of the treasures disseminated across the Bay of the Descending Dragon during the afternoon: fascinating caves, pristine beaches, picturesque floating villages, fantastic rock formations rising up out of emerald water. While onboard, you can take advantage at leisure of the cruise services; surrounded by a stunning setting in motion, you could attend our chef's cooking demonstration and try your skills in the art of traditional Vietnamese cooking.

Defined to be one of the highlights of your stay, a highly refined, innovative and varied cuisine will be presented for Lunch and Dinner in the elegant dining-room, accompanied by a wide selection of wines and beverages (with extra charge applied) for drink).

In the evening enjoy the entertainment activities as movie night, squid fishing or just enjoying a cocktail surrounded by limestone rocks majestically springing out from silent waters in the night.

DAY 5: Friday 26 th June 2026 Halong Bay Inclusions: Brunch	Early birds can attend a Tai Chi demonstration on the sundeck at the break of dawn. Start the day enjoying some delights with a light breakfast and follow by a colorful brunch. Continue exploring Halong Bay sailing across its 2000 islets and visiting some of its major highlights. Your cruise will come to an end at the pier in Halong late morning and you will be met and transferred back to Hanoi. The drive will take around 2.5-3 hours with technical stop en-route. You will arrive in Hanoi around mid afternoon and rest of the day is free at leisure.
DAY 6: Saturday 27 th June 2026 Hanoi Inclusions: Breakfast	Breakfast at hotel. Free at leisure. You will be picked up from hotel and transferred to the Noi Bai airport for your departure flight. Please note that hotel check-out time is by noon 1200. Luggage can be deposited at hotel after check-out. Hotel late check-out is subject to hotel availability and with extra fee.



INCLUSIONS:

- Accommodation with daily breakfast
- All meals as noted in the itinerary (Breakfast, Lunch, Dinner)
- Airport transfers and ground transportation in private air-conditioned vehicle
- All entrance fees, boat rides, service charges, and taxes as mentioned in tour program
- Services of English-speaking local Guide
- Halong bay cruise with private cabin
- Cyclo/ Rickshaw ride

PROGRAM EXCLUSIONS:

- Flight from Siem Reap
- Tipping for guide and driver
- Travel Insurance
- Personal Expenditures
- Other meals
- Any service not mentioned in the enclosed document
- Return flight home

COST:

Twin share	\$1690 AUD per person
Single Supplement (Own room)	\$495 AUD
Deposit	\$400 AUD per person