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Wendy McIntosh



Colleen Reid



The Next Big Shift in the Way Nursing Services are Delivered: Trauma and Violence Informed Healthcare

28 March - 04 April 2025 | 24 CPD Hours



Our Presenters:

DR WENDY MCINTOSH

RGN, RMHN, Grad. Dip MH, MN, Cert IV Workplace Assessment & Training, Group Leadership Cert, MRCNA, MANZCMHN, AANZPA

Wendy has over 30 years of experience as a health professional (clinical, education, and research), twenty-five of those years in mental health. Areas of specific interest and passion for Wendy include professional supervision, professional boundaries, professional identity, links between childhood trauma and mental illness, and workplace bullying.

Wendy has over 20 years of experience as a psychodrama trainee – lifelong learning. She is committed to using experiential learning in the work she does with individuals and groups. Wendy maintains a full diary of workshops throughout Australia and London UK and consistently receives feedback on her passion, knowledge, and creativity as a presenter and facilitator.

Wendy is continually integrating learning and insights she gains from the work she does within professional boundaries. She has developed internet training tools and education packages for individuals/organisations and delivers webinars for organisations.

With the assistance of six podcast episodes titled 'Professional Boundaries', Wendy is exploring and guiding listeners on their

COLLEEN REID

Most of my professional nursing career was spent in adult mental health in public and private mental health hospitals and community settings. I managed a mental health special care unit for many years. The last five years of my professional life was spent teaching in the Diploma of Nursing TAFE.

I have now retired and like many of my fellow nurses - there came a time when it was right to do so. So now there is a little more time to reflect and read many of those articles that sat waiting for the elusive spare time.

There have been many changes in our practice since I commenced training in 1974 (psychiatric then general and obstetrics) and our narrative about who we are and what we do has often been revised.

Whether in my clinical roles, in hospital or community settings or in my teaching roles our story and how this interacts with clinical practice has been both fascinating and frustrating. And fabulous and funny. Want to hear a good story?...ask a nurse."





Itinerary

Date	Where	Time	Presentation
Day 1: 28/03/2025	Depart Brisbane	1630 1700 - 1800	Make sure you are on deck as we set sail Conference Welcome and Registration Function
Day 2: 29/03/2025	Conference Day	0900 - 1230 Afternoon 1800 - 1900	Sessions included today: <ul style="list-style-type: none"> • Introduction to Trauma • Model Transference • Post Traumatic Stress Disorder • Childhood Adverse Events and the Link to Chronic Medical Conditions, Mental Illness and Substance Use Self-directed activities Optional social get together
Day 3: 30/03/2025	Conference Day	Morning 1230 - 1700 1800 - 1900	Self-directed activities Sessions included today: <ul style="list-style-type: none"> • The Limbic System: A Different Approach to Calming Patients • Why the Vagus Nerve is Known as the Self-care Nerve • Those Essential Hormones and Chemicals: Cortisol, Serotonin, Adrenaline, GABA • The Power of Written Reflection for Self and as an Intervention with Patients Optional social get together
Day 4: 31/03/2025	Mystery Island, Vanuatu	0700 - 1700 1800 - 1900	Explore this port at your leisure Optional social get together
Day 5: 01/04/2025	Port Villa, Vanuatu	0700 - 1600 1800 - 1900	Explore this port at your leisure Optional social get together
Day 6: 02/04/2025	Conference Day	0900 - 1700 Afternoon 1800 - 1900	Sessions included today: <ul style="list-style-type: none"> • Let's Explore the Learning & Insights Gained so Far • The Importance of Establishing and Maintaining Boundaries in Trauma Informed Care • Let's Explore the Language of Professional Boundaries • Trauma-informed Care in your Practice Self-directed activities Optional social get together
Day 7: 03/04/2025	Conference Day	Morning 1230 - 1700 1700 - 1800	Self-directed activities Sessions included today: <ul style="list-style-type: none"> • Implementing a Trauma-informed Process • Welcome Back to PAC, Drama Triangle and Transference • Professional Boundary Strategies • Bringing it all Together Farewell Function
Day 8: 04/04/2025	Arrive Brisbane	0630	Disembark and safe travels!