

PNG

Public Health: A Broader Perspective on Healthcare



24 NOV - 05 DEC 2024



NURSES FOR
NURSES
NETWORK



EDUCATION *at* SEA

CONFERENCE SYNOPSIS

Whether you're a seasoned professional or a curious explorer, this is your chance to dive deep into the world of public health in a setting like no other. It's not just a conference; it's a journey of discovery set against the stunning canvas of tropical landscapes.

Public health isn't just essential; it's the cornerstone of a thriving society. Discover how it prevents disease, promotes health, addresses health disparities, and protects communities from a wide range of threats. It contributes to the overall quality of life and the prosperity of societies by fostering a healthier and more resilient population.

This conference is your opportunity to delve into the latest trends and strategies that contribute to fostering a healthier and more resilient population.

Elevate your expertise! This conference offers nurses an exclusive opportunity to acquire valuable insights, hone essential skills, and gain fresh perspectives. Unleash the potential to deliver high-quality care both within hospital walls and out in the community, making a lasting impact on individual and community well-being.

Pack your curiosity because you can choose to go on an exclusive tour of hospitals in Rabaul and Alotau, plus a visit to the Health Centre on Kiriwina Island! Witness firsthand how public health initiatives unfold against the backdrop of swaying palms and turquoise waters. It's not just a visit; it's a delightful exploration of innovative healthcare practices in this fabulous place.

CONFERENCE LEARNING OUTCOMES

At this conference, you will:

- Explore the concept of public health and how it fits into the overall health care system
- Gain an understanding of the key determinants of health and cross reference these to your own community
- Review the major strategies for public health interventions
- Compare and contrast how your geographical location impacts health outcomes of individuals and communities

YOU WILL ALSO LEARN

- The history of Australia's influence in Papua New Guinea
- Daily Life and Social Customs of Papua New Guinea
- The Health Care System in PNG
- About our past visits to Alotau and Rabaul Hospitals – what to expect
- The historical development of public health and why public health is so important
- Our Health Care System – where does public health fit in?
- The determinants of health
- Public Health Interventions – defining the major strategies
- About Immunisation - vaccine preventable diseases
- The global burden of tuberculosis
- The Human Health Impacts of Climate Change
- Antimicrobial Stewardship - The Global Challenge of Antimicrobial Resistance
- Travel Health – Vaccination
- Malaria – a disease of concern
- The Global Picture of Mental Health – Suicide
- Communicable Diseases of Global Concern

Want to donate products to our PNG colleagues?

Over the years we have been visiting the hospitals, we have found that well-meaning people donate large amounts of products that cannot be used at the health facilities.

This can be due to any of the following:

- The product is unknown to local staff and therefore they require education to use it and there is no ongoing supply. So when it runs out what do they do then?
The products supplied are out of date.
- The products are not suitable to use in a tropical location.
- The items are well worn and not suitable for reuse.
- The products are culturally inappropriate.
- Too many items in large suitcases that are difficult to get off the boat and through customs.

"Closer to the sail date we will be in touch with you to identify what products the staff at both hospitals and the Kiriwina Health centre have requested we bring for them. If you would like to donate, we will provide you the information you require to do so easily and without causing any issues with the local authorities."

THE PROGRAM

DAY ONE: SUNDAY 24th NOVEMBER 2024 | DEPART BRISBANE

1600 **We set sail**
Make sure you are on deck for the set-sail festivities

TBA **Conference Registration and Drinks**
Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates are required to attend the conference registration session to collect their conference pack & confirm registration details to ensure the correct issuing of their CPD certificate.

DAY TWO: MONDAY 25th NOVEMBER 2024 | CONFERENCE DAY

0800 – 0900 **Welcome to the conference – Orientation to Papua New Guinea**
The History of Australia's Influence in Papua New Guinea
"In 1906 the young nation of Australia became a colonial administrator when it assumed responsibility for the external territory of Papua – the southern half of what is now Papua New Guinea" In this session we will explore the Australian influence in PNG from the initial administration role through to independence in September 1975 and the current relationship that Australia has with one of its closest Neighbours.

0900 – 1000 **Daily Life and Social Customs of Papua New Guinea**
"PNG consists of hundreds of indigenous ethnic groups, scattered among the over 600 islands. Each have their own cultural and language differences. These differences are embedded within the PNG constitution, which expresses a desire for traditional ways of life within various communities to remain the bedrock of PNG society."
In this session we will explore social customs and gain an understanding of the people.

1000 – 1030 **Break**

1030 – 1130 **The Health Care System**
"The country's health system is fragile with poor health and immunization outcomes. With an under-five mortality rate of 57 per 1000 live births, an estimated 15,400 children or one in 13 children, die each year in PNG, mostly from preventable diseases."

1130 – 1230 **A reflection on our past visits to Alotau and Rabaul Hospitals**
What to expect and how to be culturally sensitive when meeting and talking with our PNG Nursing and Midwifery Colleagues.

1230 **Lunch**

PM Session **Self-directed CPD Activities | Access via the online library**
There will be a number of activities in the online library that you can complete before the sail date or during the conference schedule if you prefer. There will be several specific documents provided to support the information discussed with you in this morning's session.

DAY THREE: TUESDAY 26th NOVEMBER 2024 | CONFERENCE DAY

AM Session **Self-directed CPD Activities | Access via the online library**
There will be a number of activities in the online library that you can complete before the sail date or during the conference schedule if you prefer. There will be several specific documents provided to support the information discussed with you in this afternoon's session.

1300 – 1400 **The Historical Development of Public Health and Why Public Health is so Important**
In this session we explore why public health matters. We will review some of the most cost-effective health interventions around the world during the last century – all public health initiatives.

1400 – 1500 **Our Health Care System – where does public health fit in?**
The picture of health in Australia has changed a great deal since the start of the twentieth century. The removal of financial barriers to health care—through universal health insurance—is one of the most significant public health features of the Australian health care system. In this session we will explore what areas of the health care system come under public health and the implications for the broader delivery of health care.

1500 – 1530 **Break**

-
- 1530 – 1630 **Understanding the Determinants of Health**
"Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."
In this session we will explore how the health of individuals and communities is influenced by a combination of various factors. The well-being of people is shaped by their surroundings and conditions. Factors like residential location, environmental conditions, genetic makeup, income, educational attainment, and social connections with friends and family play a significant role in determining health outcomes. In contrast, commonly emphasized factors like the availability and utilization of healthcare services typically have a comparatively smaller impact.
-
- 1630 – 1730 **Public Health Interventions: Defining the Major Strategies**
In this session we explore health protection, disease prevention and health promotion the three major modes for creating healthy communities.

DAY FOUR: WEDNESDAY 27th NOVEMBER 2024 | CONFLICT ISLANDS

- 0800 – 1700 **Conflict Islands | Explore at your Leisure**
Don't be fooled by the name, this is paradise in the Coral Sea! The Conflict Islands are made up of 21 untouched islands in Papua New Guinea. With spectacular reefs, palm trees and deep blue seas, the Conflict Islands are home an incredible array of marine wildlife.

DAY FIVE: THURSDAY 28th NOVEMBER 2024 | ALOTAU

- 0800 – 1800 **Alotau | Explore at your Leisure**
The Capital of Papua New Guinea's Milne Bay Province, Alotau is steeped in history, rich in culture and blessed with natural beauty.
Optional Tour: Visit to the Alotau Hospital and surrounding sites – includes lunch

DAY SIX: FRIDAY 29th NOVEMBER 2024 | EXPLORE SHIP LIFE

- Take the day to explore what this fabulous ship has to offer.
- TBA This afternoon, join us for a fund raiser for the Global Nurses and Midwives Rotary Club.
- TBA Tonight, we will meet and Network to reflect on our visits to the Alotau hospital and explore clinical practice lessons learnt.

DAY SEVEN: SATURDAY 30th NOVEMBER 2024 | RABAU

- 0800 – 1600 **Rabaul | Explore at your Leisure**
Located on Papua New Guinea's north eastern tip, this province - blessed with natural beauty but plagued with an unlucky past - has literally risen from the ashes.
Optional Tour: Visit to Rabaul Hospital and surrounding sites – includes lunch

DAY EIGHT: SUNDAY 1st December 2024 | KIRIWINA ISLAND

- 0900 – 1700 **Kiriwina Island | Explore at your Leisure**
Located in Papua New Guinea's Milne Bay Province, Kiriwina is the largest and by far the most populous of the Trobriand Islands, and home to one of the most colourful and fascinating cultures on earth.
Optional Tour: Visit to Kiriwina Health Centre

DAY NINE: MONDAY 2nd December 202 | CONFLICT ISLANDS

- 0800 – 1700 **Revisit the Conflict Islands – it is gorgeous!**

DAY TEN: TUESDAY 3rd December 2024 | CONFERENCE DAY

- 0800 – 0900 **Immunisation – Vaccine Preventable Diseases**
The World Health Organization (WHO) regards immunization as the most efficient medical intervention available for preventing deaths and diminishing the prevalence of diseases in our communities. Globally, immunization programs avert approximately 2.5 million deaths annually. In this session we will explore immunisation as an important public health initiative, issues surrounding individual compliance and the rising issue of resistance to immunisation and distrust in the community.

0900 – 1000	Tuberculosis Effective drug treatments for tuberculosis have been available for more than 60 years, however, it continues to cause an immense burden of morbidity and mortality. In this session, we will review the global burden of tuberculosis and identify the principles and challenges of TB treatment and control.
1000 – 1030	Break
1030 – 1130	Climate Change: Human Health Impacts In this session, we will review the potential health impacts of climate variability and change from a global perspective.
1130 – 1230	Antimicrobial Stewardship - The Global Challenge of Antimicrobial Resistance In the face of an almost complete absence of new antimicrobial drugs in development, antibiotic resistance has become an important public health issue. In this session, we will review the global challenge of antimicrobial resistance and strategies that have been shown to improve the safe and effective use of antibiotics.
1230	Lunch
PM Session	Self-directed CPD Activities Access via the online library There will be a number of activities in the online library that you can complete before the sail date or during the conference schedule if you prefer.
DAY ELEVEN: WEDNESDAY 4th December 2024 CONFERENCE DAY	
AM Session	Self-directed CPD Activities Access via the online library There will be a number of activities in the online library that you can complete before the sail date or during the conference schedule if you prefer.
1300 – 1400	Travel Health: Vaccination This session will focus on vaccine-preventable diseases identifying how travel may increase risk due to higher prevalence, outbreaks, changes in behaviour and other factors. The session will address age appropriate vaccination to maximise protection.
1400 – 1500	Malaria: A Disease of Concern In this session we will explore the disease of Malaria and the current preventative and treatment strategies. PNG has a long history in managing malaria with various levels of success.
1500 – 1530	Break
1530 – 1630	The Global Picture of Mental Health: Suicide Mental health conditions impose an enormous disease burden on societies throughout the world. In this session, we will look at the global burden of mental health issues we will consider the public health significance of suicide and suicide attempts and discuss multisectoral public health approaches to suicide awareness and prevention.
1630 – 1730	Communicable Diseases of Global Concern In this session, we will take a global perspective on communicable disease and look at issues of concern for the global community in general and the impact on Australia in particular.
1800 – 1900	Conference Farewell Event Venue: TBA Share a drink and farewell friends and colleagues.
DAY TWELVE: THURSDAY 5th December 2024 BRISBANE	
0630	Disembark – Safe travels!

OUR PRESENTERS

Jason Dawson, R.N., BACH NURSING

Jason Dawson is a Registered Nurse from the Gold Coast Queensland. Whilst studying his bachelor of Nursing at Southern Cross University he developed an interest in mental health and has been working in this field of nursing since completing his studies in 2008.

In this time, Jason has undertaken varied roles including Acute Inpatient Nursing, Community Nursing, clinical facilitating and Nurse Unit Manager positions. In 2012, Jason combined his passion for nursing with his love of travel and founded CPD Cruise Pty Ltd with the view to providing Nurses the opportunity to update and improve their skills in diverse and unique locations.

Sue Walker, RN, BN, BN (ADMIN), MPH, MACN, Specialist Nurse Educator

Sue is the director and co-founder of the Nurses for Nurses Network. Sue is a key contributor to the online education platform Nursing CPD – a Continuing Professional Development platform to assist Nurses in meeting their annual CPD requirements.

As a Registered Nurse, Sue holds Degrees in both Nursing and Health Administration, a Master's Degree in Public Health, as well as a number of certificate courses in Psychiatry of Ageing, Gerontology, Chemotherapy Administration, and Training and Assessment. She is also an Accredited Mental Health First Aid Trainer, Mindfulness Practitioner, and Clinical Supervisor.

Sue has extensive experience as a clinician, educator, and senior manager. She has presented at local and international conferences on many topics including, key issues in healthcare, such as the psychological impact of the work that Nurses do and how the work requirements to deliver healthcare impact the health of the clinician. Other topics presented comprise of Nursing Leadership, Emergency Management, Mental health, Aged Care, Advanced Life Support, Assertiveness, Grief and Loss, and Workplace Bullying.

Sue is passionate about making a difference in how the community and Nurses experience the healthcare system.

"Nurses are the backbone of the healthcare system and work in difficult environments that can take advantage of their commitment to ensuring the best possible care is delivered. To continue to meet professional and community expectations Nurses and Midwives need to acknowledge their unique contribution to health care delivery and assert their collective strength to safeguard the community and ensure their ongoing professional needs are recognised and met.

Healthcare should be delivered by competent, knowledgeable individuals to ensure the best possible experience for the recipient of that care. Nursing is a fabulous profession. The knowledge and skill of the individual Nurse will have the greatest influence on the happiness and health outcomes of each and every client".

CONFERENCE INCLUSIONS

- An extensive Conference program based on current best practice
- Education content that meets the same exacting standards as anything offered in an Australian land-based program
- A Conference presenter who is knowledgeable in her field and is excited to be able to share her skill, knowledge, and passion with Conference Attendees
- An online Conference library filled to the brim with educational content that allows you to create your own learning experience by completing pre-conference education activities
- A Registration Reception including complimentary drinks where you can meet other Conference Attendees and network with Conference Convenors and Conference Presenter/s
- A Conference pack that includes a notepad, pen, lanyard (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic Conference experience
- The opportunity to meet as a group in various Conference open forums, in one of the many fabulous locations on the ship
- A complimentary Farewell Drinks Function held on the last night of the Conference to celebrate new friendships and information gained
- A Conference Transcript that identifies each session including the session synopsis and session presenter
- A Certificate of Completion identifying the CPD hours attached to the Conference Program for you to include in your CPD Evidence Portfolio

CONFERENCE REGISTRATION - \$1190.00 *(Please Note: Conference registration does not include accommodation or travel costs.)*

Conference registration and deposits are being handled by Education at Sea.

This is a fabulous program! To secure your place at this Conference you need to contact Education at Sea to find out about all the cabin options available. Once you have paid your deposit, your registration is confirmed, and you can start planning your Conference getaway.

EDUCATION AT SEA CONTACT DETAILS

02 7908 7774 | enquiries@educationatsea.com.au | www.educationatsea.com.au

The Nurses for Nurses Network strongly recommends customers take out travel insurance at the time of registration for an event, to cover any unforeseen circumstances that may prevent them attending and thus incur any financial loss.

Disclaimer: The opinions and statements of facts expressed in the Papers in these proceedings are those of the Authors and do not necessarily represent those of the Nurses for Nurses Network (NfNN), the editors, the organising committee or the supporters of this conference. No responsibility can be accepted by the organisers for errors or omissions in the individual papers. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the organisers. NfNN reserves the right to alter charges, cancel, postpone, change or withdraw the product or service at any time.