

Nursing Fundamentals Unleashed: Building Strong Foundations for Exceptional Health Care in 2025

Cruising The Panama Canal departing Miami 22 Feb - 09 Mar 2025 | 32 CPD Hours





## (32 CPD Hours)

## The Presenter:



Sue Walker

SUE WALKER, RN, BN, BN (ADMIN), MPHC, MACN

Sue is the director and co-founder of the Nurses for Nurses Network. Sue is a key contributor to the online education platform Nursing CPD – a Continuing Professional Development platform to assist Nurses in meeting their annual CPD requirements.

As a Registered Nurse, Sue holds Degrees in both Nursing and Health Administration, a Master's Degree in Public Health, as well as a number of certificate courses in Psychiatry of Ageing, Gerontology, Chemotherapy Administration, and Training and Assessment. She is also an Accredited Mental Health First Aid Trainer, Mindfulness Practitioner, and Clinical Supervisor.

Sue has extensive experience as a clinician, educator, and senior manager. She has presented at local and international conferences on many topics including, key issues in healthcare, such as the psychological impact of the work that Nurses do and how the work requirements to deliver healthcare impact the health of the clinician. Other topics presented comprise of Nursing Leadership, Emergency Management, Mental health, Aged Care, Advanced Life Support, Assertiveness, Grief and Loss, and Workplace Bullying.

Sue is passionate about making a difference in how the community and Nurses experience the healthcare system.

"Nurses are the backbone of the healthcare system and work in difficult environments that can take advantage of their commitment to ensuring the best possible care is delivered. To continue to meet professional and community expectations Nurses and Midwives need to acknowledge their unique contribution to health care delivery and assert their collective strength to safeguard the community and ensure their ongoing professional needs are recognised and met.

Healthcare should be delivered by competent, knowledgeable individuals to ensure the best possible experience for the recipient of that care. Nursing is a fabulous profession. The knowledge and skill of the individual Nurse will have the greatest influence on the happiness and health outcomes of each and every client".

Sue looks forward to sharing not only her many years of clinical experience but also to facilitating opportunities for attendees to share experiences and challenges with each other. There will be lots of fun to be had within the learning environment.









## Itinerary

Date	Time	Presentation
Day 01: 22/02/2025	1730 1730 - 1830	Set sail from Miami, Florida Conference Welcome and Registration Function
Day 02: 23/02/2025	Conference Day 1800 - 1900	A full day of sessions included self-directed activities (program to be finalised) Catch up on the day at a designated venue
Day 03: 24/02/2025	Conference Day 1800 - 1900	A full day of sessions included self-directed activities (program to be finalised)  Catch up on the day at a designated venue
Day 04: 25/02/2025	0700 - 1400 1400 - 1600 1800 - 1900	Cartagena, Colombia: Explore this port of call Self-directed CPD activities Catch up on the day at a designated venue
Day 05: 26/02/2025	0900 - 2000 1800 - 1900	Colón, Panama: Explore this port of call Catch up on the day at a designated venue
Day 06: 27/02/2025	1800 - 1900	Panama City, Panama: Explore this port of call Catch up on the day at a designated venue
Day 07: 28/02/2025	Conference Day 1800 - 1900	A full day of sessions included self-directed activities (program to be finalised) Catch up on the day at a designated venue
Day 08: 01/03/2025	0700 - 2000 1800 - 1900	Puntarenas, Costa Rica: Explore this port of call Self-directed CPD activities Catch up on the day at a designated venue
Day 09: 02/03/2025	Conference Day 1800 - 1900	A full day of sessions included self-directed activities (program to be finalised) Catch up on the day at a designated venue
Day 10: 03/03/2025	0700 - 1700 1800 - 1900	Puerto Quetzal, Guatemala: Explore this port of call Self-directed CPD activities Catch up on the day at a designated venue
Day 11: 04/03/2025	Conference Day 1800 - 1900	A full day of sessions included self-directed activities (program to be finalised) Catch up on the day at a designated venue
Day 12: 05/03/2025	1245 - 2000	Manzanillo, Mexico: Explore this port of call
Day 13: 06/03/2025	0700 - 1500	Puerto Vallarta, Mexico: Explore this port of call
Day 14: 07/03/2025		Cabo San Lucas, Mexico: Explore this port of call Self-directed CPD activities
	1800 - 1900	Catch up on the day at a designated venue
Day 15: 08/03/2025	Free Day 1800 - 1900	Enjoy a day to yourself to practice your mindfulness and meditation Farewell Reception
Day 16: 09/03/2025	0700	Los Angeles, California: Disembark - safet travels!