

NEW ZEALAND

Wound Care Fundamentals Conference



25 NOV - 05 DEC 2024



NURSES FOR
NURSES
NETWORK



EDUCATION *at* SEA

CONFERENCE SYNOPSIS

This Wound Care Fundamentals Conference takes you back to the beginning of wound healing and management. It introduces the latest science and practice information to be confident that your practice reflects the latest best practice guidelines.

The conference starts with the physiology of how wounds heal, then we journey through the healing process, exploring different wound types, how to manage them and the factors that affect wound healing.

What is now known to be important to ensure good healing outcomes? What other therapies can we use to support wound healing?

Louise will explore the latest wound management products and the criteria for selection investigated.

This conference is for all Nurses with wound care as part of their role. All care team members will look to the Nurse for expert assessment and the creation of wound management interventions to be followed. This content will provide you with the latest information to confidently do this.

CONFERENCE LEARNING OUTCOMES

In this conference, you will:

- Gain an understanding of the wound healing process
- Investigate holistic wound assessment as part of the wound management plan
- Explore different wound types and best practice to manage them
- Discuss different wound products as part of interactive workshops to guide product selection

YOU WILL ALSO LEARN

- About how wounds heal, the process and how the clinician can facilitate good outcomes
- How to identify different wound types and why that matters in creating a management plan
- How to undertake a full wound assessment and the importance of including the patient in the process
- What products to choose for different wound types and presentation
- What and what not to do with different wound products
- What products you need as a basic impress
- Find out what's best practice for wound management
- About skin integrity in prevention and management of skin damage

OUR PRESENTER

Louise Webber, Master of Nursing Science (Nursing Practitioner), BA (Hons), RN

Louise has over 20 years of experience in wound management and established her own Private Practice (Wound Therapies) following the completion of her Nurse Practitioner in 2014. She has worked across several public hospitals and Community Nurse Settings both in Australia and overseas.

She works collaboratively with several Aged Care Providers, private hospitals and Community Nursing Services and runs a Specialist wound clinic for a GP Practice north of Brisbane. Louise was previously an Honorary Clinical Fellow for Australian Catholic University having participated in several research projects leading to publication. She is passionate about wound care and striving for best practice and has participated in several international working groups for Pressure Injuries and Leg ulcers.

She is a mum of two teenagers, loves the Sunny Coast lifestyle and attempting to play golf!

THE PROGRAM

DAY ONE: MONDAY 25TH NOVEMBER 2024

1600 **We set sail**
Make sure you are on deck for the set-sail festivities

1700 - 1800 **Conference Registration and Drinks**
Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates are required to attend the conference registration session in order to collect their conference pack & confirm registration details to ensure the correct issuing of their CPD certificate.

DAY TWO: TUESDAY 26TH NOVEMBER 2024

0830 – 0930 **What does wound management mean to you?**
This session explores the patient & clinician experience and how to optimise healing outcomes.

0930 – 1030 **Skin: Love the Skin you're in**
This session explores:

- What is the integumentary system?
- Why is skin integrity important?
- Looking after your skin!

1030 – 1100 **Break**

1100 – 1200 **How do wounds heal?**
Let's explore the anatomy & physiology of wound healing.

1200 – 1300 **Exploring Different Wound Types: Is this an acute wound or is it chronic?**
How do you know? In this session we explore different wound types & best practice.

1300 – 1400 **Lunch**

1400 – 1600 **Self-directed CPD Activities | Access via the online library**
The online library will be available to support your understanding of best practice guidelines in Wound Management and will contain various self-directed learning activities. It will be opened before the conference date and two weeks after the conference so that you can complete the activities before, during, or after the event.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY THREE: WEDNESDAY 27TH NOVEMBER 2024

0900 – 1100 **Self-directed CPD Activities | Access via the online library**
The online library will be available to support your understanding of best practice guidelines in Wound Management and will contain various self-directed learning activities. It will be opened before the conference date and two weeks after the conference so that you can complete the activities before, during, or after the event.

1200 – 1300 **Lunch**

1300 – 1400 **Challenges in Dressing Wounds**
This is an interactive session will explore different wound dressing products and application including skin tear dressings, hard to dress areas and dressings in awkward places.

1400 – 1500 **Wound Assessment – Part One**
Taking a holistic approach – what does this mean in practice and how is this completed using current best practice guidelines.

1500 – 1530 **Break**

1530 – 1630	Wound Assessment – Part Two Focusing on the wound presentation – how did we get to here?
1630 – 1730	Interactive Session - Diving into the Conference Reflect on lessons learnt thus far. You are invited to discuss cases that you are currently dealing with – one that is all about wound assessment.
1800 – 1900	End of Day Catch Up Join us at a designated bar to catch up and discuss the events of the day.

DAY FOUR: THURSDAY 28TH NOVEMBER 2024

FREE DAY Take this day to explore what this fabulous ship has to offer.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY FIVE: FRIDAY 29TH NOVEMBER 2024 | WELLINGTON

0800 – 1800 **Wellington**
A journey to NZ wouldn't be truly fulfilled without exploring the breezy charm of Wellington. However, don't let the name mislead you, as a voyage to Wellington offers access to some of the most breathtaking experiences imaginable. Embarking on a visit to Wellington entails indulging in the city's renowned nature, culture, shopping, and exhilaration, ensuring an unforgettable adventure.

Optional Tour Available: Ask Education at Sea when you book.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY SIX: SATURDAY 30TH NOVEMBER 2024 | LYTTTELTON (CHRISTCHURCH)

0800 - 1800 **Lyttelton (Christchurch)**
As you dock at the cruise port of Christchurch in the neighbouring Lyttelton, the awe-inspiring commencement of your Christchurch cruise will foreshadow the incredible day ahead. Immerse yourself in the city's innate beauty, its pristine beaches, and charming bays, or opt for an iconic punt ride along the serene Avon River.

Optional Tour Available: Ask Education at Sea when you book.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY SEVEN: SUNDAY 01ST DECEMBER 2024 | PORT CHALMERS (DUNEDIN)

0800 – 1600 **Port Chalmers (Dunedin)**
Dunedin places you right in the centre of one of the largest cities on the South Island. It's an ideal way to immerse yourself in the city's culture, history, and architectural wonders. The moment you enter the Dunedin cruise port at Port Chalmers, our intention becomes vividly clear.

Optional Tour Available: Ask Education at Sea when you book.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY EIGHT: MONDAY 02ND DECEMBER 2024 | CRUISE FIORDLAND NATIONAL PARK

1400 – 1800 **Cruising Fiordland National Park**
Embarking on a cruise through Fiordland National Park will transport you into some of the most awe-inspiring and pristine wilderness regions and terrains globally. This journey ventures into the 1.2-million-hectare world heritage site of Fiordland National Park, characterized by picturesque mountains, lakes, fiords, and lush rainforests.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY NINE: TUESDAY 03RD DECEMBER 2024

0830 – 0930 **Wound Bed Preparation Part 1: TIMERS, MOIST and Everything in Between!**
This session explores the importance of wound bed preparation and the latest guidelines to support practice.

0930 – 1030 **Wound Bed Preparation Part 2: How to Apply Wound Bed Preparation in Practice**
It starts with cleansing. Wound Cleansing - the how, what, where and when's. Let's explore the latest best practice.

1030 – 1100 **Break**

1100 – 1200 **Assessing and Dressing: Decisions, Decisions, Decisions – Navigating the Product Maze**
This session is a dressing selection workshop. There are thousands of products on the market – what criteria do you currently use in product selection? What criteria should you be using?

1200 – 1300 **Thinking Beyond your Dressing: What else do you need to support wound healing?**
Adjunct therapies to facilitate healing. It's not just how you prepare and what you put on – there are other factors at play and other therapies that can and should be employed to get the best result.

1300 – 1400 **Lunch**

1400 – 1600 **Self-directed CPD Activities | Access via the online library**
The online library will be available to support your understanding of best practice guidelines in Wound Management and will contain various self-directed learning activities. It will be opened before the conference date and two weeks after the conference so that you can complete the activities before, during, or after the event.

1800 – 1900 **End of Day Catch Up**
Join us at a designated bar to catch up and discuss the events of the day.

DAY TEN: WEDNESDAY 04TH DECEMBER 2024

0900 – 1100 **Self-directed CPD Activities | Access via the online library**
The online library will be available to support your understanding of best practice guidelines in Wound Management and will contain various self-directed learning activities. It will be opened before the conference date and two weeks after the conference so that you can complete the activities before, during, or after the event.

1200 – 1300 **Lunch**

1300 – 1400 **Documentation: Smile Please – Wound photography the How's and How not to**
Documentation for wound management is an important communication strategy for the team involved. What are the best practice guidelines for wound photography. This also includes client consent and where, when, and how you use and share the information.

1400 – 1500 **Managing Skin**
The skin is our biggest organ and skin complaints are one of the most common reason that people seek medical advice. In this session we will explore common skin complaints and the latest guidelines for treatment.

1500 – 1530 **Break**

1530 – 1630 **It's All in the Plan: Developing your wound plan**
Putting a wound management plan together is a complex process. As the clinician you need to think holistically to create the interventions to achieve the best healing outcomes. It is up to you to delegate all the actions required and identify the goal of treatment including the target time frame and when and why review should take place.

1630 – 1730 **Bringing it All Together**
This session explores the challenges in everyday practice in wound management. You are encouraged to explore your challenges with the group. Bring your questions for this session a great opportunity to discuss with an expert in the field.

1800 – 1900 **Farewell Function**
Join us for a Conference farewell drinks function to celebrate our time together.

DAY ELEVEN: THURSDAY 05TH DECEMBER 2024

0630 **Disembark Sydney - safe travels!**

CONFERENCE INCLUSIONS

- An extensive Conference program based on current best practice
- Education content that meets the same exacting standards as anything offered in an Australian land-based program
- Conference Presenter that is a recognised expert in her field and is excited to be able to share her skill, knowledge, and passion with Conference Attendees
- An online Conference library filled to the brim with educational content that allows you to create your own learning experience by completing pre-conference education activities
- A Registration Reception including complimentary drinks where you can meet other Conference Attendees and network with Conference Convenors and Conference Presenter
- A Conference pack that includes a notepad, pen, lanyard (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic Conference experience
- The opportunity to meet as a group in various Conference open forums, in one of the many fabulous locations on the ship
- A complimentary farewell drink and canapes function held on the last night of the Conference to celebrate new friendships and information gained
- A Conference Transcript that identifies each session, including the session synopsis and session presenter
- A Certificate of Completion identifying the CPD hours for you to include in your CPD Evidence Portfolio

CONFERENCE REGISTRATION - \$1190.00

Please Note: Conference registration does not include accommodation or travel costs.

Conference registration and deposits are being handled by our Conference Partner – Education at Sea.

This is a fabulous program – to secure your place at this Conference you need to contact Education at Sea to find out about all the cabin options available.

Once you have paid your deposit, your registration is confirmed, and you can start planning your Conference getaway.

WHAT ARE YOU WAITING FOR?

Send Education at Sea a no obligation enquiry.

EDUCATION AT SEA CONTACT DETAILS

02 7908 7774 | enquiries@educationatsea.com.au | www.educationatsea.com.au

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