

# Changing Childbirth - Midwives Making a Difference

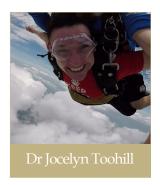
Port Douglas | 30 Jan - 04 Feb 2022 | 24 CPD Hours





## (24 CPD Hours)

#### The Presenter:



#### DR JOCELYN TOOHILL

Director of Midwifery, Clinical Excellence Division, Queensland Health. Adjunct Assoc Professor Griffith University

Dr Jocelyn Toohill is a passionate and experienced midwife of nearly three decades and completed a PhD in 2014 of a multicentred randomised controlled trial for women with childbirth fear. Her maternity and midwifery expertise spans clinical, management, education, governance and safety, academia, and research.

In her current role as Director of Midwifery OCNMO Queensland, she leads strategic direction for the profession of midwifery, represents and advocates for midwives to have a voice in their profession, and for midwives to be acknowledged for their unique and discrete skills.

She believes all midwives should be supported to work to their full scope and based on best evidence, that all women should have access to a known midwife.

Dr Toohill supports health services across the state to scale up and roll out best practice continuity of midwifery carer models and promotes midwives' professional practice and career pathways. She is a member of the Transforming Maternity Collaborative, a multidisciplinary group collaborating on research and disseminating best evidence and practice.



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### PROF MARY SIDEBOTHAM PhD RM RN MA

Professor Mary Sidebotham is committed to the pursuit of excellence in midwifery education through the design implementation and evaluation of midwifery education programs.

Her expertise and leadership in the field of midwifery education was acknowledged by her receipt in 2013 of an Office of Learning and Teaching (OLT) Citation for inspirational leadership in the development, delivery and evaluation of midwifery education that strengthens the Australian workforce and promotes international best practice.

In 2017 she received the Australian Awards for University Teachers (AAUT) Program Award for "Innovation and flexibility in curricula, learning and teaching". In 2018 she was conferred principal fellowship of the international Higher Education Academy. Mary contributes to maintaining academic excellence in her role as Deputy Editor in Chief of the peer reviewed journal Nurse Education in Practice.

Mary is an experienced researcher with 70 + papers published in peer review journals. She is currently the Deputy Director of the Transforming Maternity Care Collaborative. Her program of research is aligned to the maternity reform agenda and includes investigation of workplace culture, midwifery identity, professionalism in midwifery and the integration of student midwives into professional practice.

She is international lead of the Work Health and Emotional Lives of Midwives (WHELM) group, and leads the program of work investigating the emotional wellbeing of midwives. She has a growing interest in the promotion of clinical supervision as an effective way of promoting emotional wellbeing, resilience and sustainability within the midwifery workforce.





## Itinerary

Date	Time	Presentation
Day 1: 30/01/2022	1700 - 1800	Welcome and Registration Reception
Day 2: 31/01/2022	0900 - 1700	<ul> <li>Topics covered in today's sessions:</li> <li>Establishing the Evidence</li> <li>Discovery and understanding of current maternity care in Australia</li> <li>Supporting and empowering the midwifery workforce</li> <li>Introduction to reflective clinical supervision</li> <li>Establishing a road map to wellness</li> </ul>
<b>Day 3:</b> 01/02/2022	0900 - 1700	<ul> <li>Topics covered in today's sessions:</li> <li>Talking to women, what do women want from maternity care</li> <li>How to begin the change. Facilitating community and stakeholder engagement</li> </ul>
Day 4: 02/02/2022		Take today to explore this beautiful destination at your leisure
Day 5: 03/02/2022	0900 - 1700	<ul> <li>Topics covered in today's sessions:</li> <li>The importance of language</li> <li>Branching into self-employment, exploring what is possible</li> <li>Establishing an Maternity Group Practice (MGP) – what do maternity leaders need</li> <li>Developing the plan – core components needed – group work</li> <li>Feedback and discussion from groups</li> <li>What does success look like and how does it feel?</li> </ul>
	1830	<b>Optional Event -</b> A fabulous fundraising activity for the Global Nurses and Midwives Rotary Club
<b>Day 6:</b> 04/02/2022	0900 - 1700	Topics covered in today's sessions:  • Empowered, resilient and ready to go!!!
	1700 - 1800	Farewell Reception - safe travels