



Recognition and Clinical Assessment of the Deteriorating Patient

Cruising to New Zealand

Feb/March 2019 | 24 CPD Hours



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EDUCATION *at* SEA

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Recognition and Clinical Assessment of the Deteriorating Patient

Developing knowledge on how to recognise and perform advanced clinical assessment on a patient who is deteriorating is an expectation of the evolving role of the clinical Nurse. In this conference, we will explore the assessment of a patient with a variety of clinical disorders and conditions that include cardiac, respiratory, abdominal, and electrolyte imbalance. The teaching methodology will contain clinical scenarios that will assist the Nurse to recognise clinical deterioration and apply a critical thinking approach. The communication strategies to support patient assessment will also be investigated. Assertion training is incorporated into the conference content in recognition of this skill as a vital component of ensuring effective communication within the healthcare team.

Knowledge + Critical Thinking + Assertive Skills = Expert Nurse.

All three of these components will be explored in this conference framework.

Learning Outcomes:

In this conference you will:

- Explore the skills required to recognise and undertake clinical assessment of the deteriorating patient.
- Review a variety of clinical conditions relating to cardiac and respiratory disease, abdominal disorders, and electrolyte imbalance.
- Discover how to apply critical thinking via a scenario-based teaching approach.
- Gain assertiveness skills to enhance effective communication, and timely intervention, within the healthcare team.

The Conference Online Library



The Library has been created so that you have access to pre-reading to support Conference content prior to the commencement of the Conference program.

24
CPD Hours

OUR PRESENTER

Anne Evans-Murray

Anne Evans-Murray, Registered Nurse; Registered Counsellor; Certificate 1V in Assessment and Workplace Training; Upgraded certificate 1V in Training and Assessment; Diploma of Counselling (Grief and Loss, Relationship Counselling); Bachelor of Health Science; Post Graduate Diploma in Education (Tertiary); Masters in Education (Curriculum Development); Graduate Certificate in Critical Care.



Anne has a passion for teaching which she does in an unpretentious way that ensures you will not only understand and retain what she presents, but will enjoy this learning experience. She has extensive experience of over 26 years lecturing for Gold Coast Health District and Griffith University. Currently she is a guest lecturer at Bond University medical school.

Anne is a frequent presenter at workshops, conferences & seminars throughout Australia & New Zealand on subjects such as high dependency Nursing, cardiac arrhythmias & ECG interpretation, chest x-rays interpretation, clinical assessment of the deteriorating patient, assertion training and leadership. She conducts accredited advanced life support training for Nurses, Doctors and Paramedics.

Anne has a passionate commitment to empower all clinical staff through increased awareness and knowledge of the critically ill patient's condition so that timely intervention is implemented, which will benefit patient outcomes.

She is the author of three books; "ECGs Simply", "Interpretation of Chest X-rays Simply" and 'Uncomplicating Life, Simply'. Her ECG book is a text book sold in many universities in Australia.



THE PROGRAM

DAY 1



23 FEB 2019 | DEPART MELBOURNE

Evening: Enjoy a chance to mingle and have a drink with the other attendees at the Conference Registration. All delegates are required to attend the conference registration session in order to collect their conference pack & confirm registration details to ensure the correct issuing of their CPD certificate.

DAY 2



24 FEB 2019 | AT SEA

Today you will enjoy a full day of face to face sessions. The CPD sessions today will include the following:

0800 – 1000: Review of Normal Electrophysiology

In this session you will:

- Investigate the foundation of electrocardiology and the cardiac cycle with review of sinus rhythm.
- Explore assessment of normal and abnormal parameters or values of the cardiac cycle. Outlining the difference between sinus tachycardia and supraventricular tachycardia.
- Discuss the Nurse's role in monitoring of a patient who has taken an overdose of anti-depressants. Knowledge of long QT interval with patients with overdose or electrolyte disturbances.
- Practice the drawing of sinus rhythm and parameters onto graph paper.

Assessment of the patient with Atrial Fibrillation (Webinar)

In this session, you will:

- Discuss the epidemic of Atrial Fibrillation.
- Review the impact of AF on patient service delivery.
- Examine the serious complications of untreated AF - reinforcing the link between AF, CVA, and heart failure.
- Explore the Nursing responsibilities of a patient who presents with new onset AF in the general wards.

1000 - 1015: Break

THE PROGRAM

DAY 2 CONTINUED

24 FEB 2019 | AT SEA CONTINUED

1015 - 1145: Metabolic Syndrome

In this session you will:

- Examine the causes of Atrial Fibrillation.
- Explore the controversy of the fat and sugar debate.
- Review the worldwide epidemic of obesity and metabolic syndrome.
- Investigate the controversy of statins and the fat cholesterol debate.

1145 - 1330: Lunch

1330 - 1500: Cardiac Auscultation

In this session you will:

- Explore normal and abnormal heart sounds.
- Examine the measurement of JVP as it is demonstrated.
- Gain an understanding of the procedure on how to auscultate the heart as demonstrated by Anne in a step by step outline.
- Review how abnormal heart sounds relate to the complications of MI, heart failure, endocarditis, and valve disorders.

DAY 3



25 FEB 2019 | AT SEA

Today you will enjoy a full day of face to face sessions. The CPD sessions today will include the following:

0800 - 1100: Assessment of Chest Pain

In this session you will:

- Review the Nursing responsibilities of a patient who presents with chest pain.
- Learn how to interpret the 12 lead ECG.
- Participate in evidence based discussion on the role of oxygen with chest pain and the latest Australian, New Zealand guidelines (ANZCOR 2016).
- Discuss the difference in presentation of stable and unstable angina

1100 - 1130: Break

THE PROGRAM

DAY 3 CONTINUED

25 FEB 2019 | AT SEA CONTINUED

1130 - 1300: Takotsubo Syndrome and Others

In this session you will:

- Explore clinical assessment of a patient with Takotsubo syndrome.
- Discuss the link between bereavement and development of heart failure.
- Investigate gender issues in the presentation with the development of Takotsubo syndrome.
- Review other causes of chest pain such as Takotsubo syndrome and chest pain in women with spontaneous coronary artery dissection.

1300 - 1330: Lunch

1330 - 1500: Endocarditis

In this session you will:

- Gain an understanding of the aetiology of endocarditis.
- Review the clinical assessment of a patient with Endocarditis.
- Explore the increase in the incidence of endocarditis in younger populations.
- Discuss early recognition of the serious complications of endocarditis and how this reduces the mortality rate.

DAY 4



26 FEB 2019 | CRUISING THE FIORDLAND NATIONAL PARK

Today you experience the beauty, wildlife and stunning scenery of part of New Zealand's famous Fiordland National Parks as we cruise through Milford Sound, Doubtful Sound and Dusky Sound.

You can only experience the grand scenery and tranquillity of this magnificent fjord by boat. The fjord is a geological wonder of the ice age, where waterfalls cascade over sheer cliffs into the dark waters below and mountains dominated by Mitre Peak reach towards the sky.

1730 - 1830: Book Signing

Join us for a coffee, while Anne takes this opportunity to discuss her latest book and the experience that led her to put pen to paper. You can purchase a signed copy of the book at this session.

THE PROGRAM

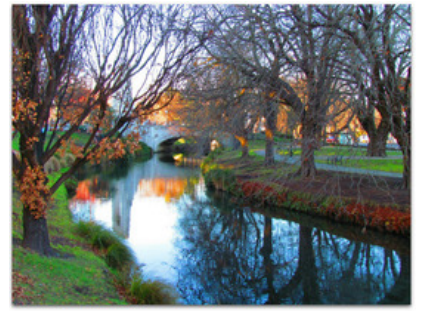
DAY 5



27 FEB 2019 | PORT OF CALL: DUNEDIN

Optional Shore Tour: Details to be advised closer to the sail date. Dunedin proudly celebrates its Scottish heritage but gold-rush fortunes are behind its grand Victorian and Edwardian architecture. From here you can also explore the Otago Peninsula, home to penguin colonies and scenic coastline.

DAY 6



28 FEB 2019 | PORT OF CALL: AKAROA

Optional Shore Tour: Details to be advised closer to the sail date. Set on a beautiful harbour, Akaroa is a quaint resort town with unique French heritage. It's your gateway to Christchurch and amazing South Island nature, from the volcanic Banks Peninsula to the mountains of the Southern Alps.

DAY 7



01 MAR 2019 | PORT OF CALL: WELLINGTON

Optional Shore Tour: Details to be advised closer to the sail date. Wellington embraces its reputation as a cool 'little' capital. The city centre is compact but there's no shortage of big-city culture. The charm extends to the surrounding green hillsides while countryside and rugged coast are within easy reach.

THE PROGRAM

DAY 8



02 MARCH 2019 | PORT OF CALL: PICTON

Optional Shore Tour: Details to be advised closer to the sail date.

The seaside town of Picton is your base for exploring the beautiful scenery, pristine waters and wildlife of the Marlborough Sounds. A short drive brings you to sunny Blenheim, the heart of Marlborough's acclaimed wine region.

DAY 9

03 MARCH 2019 | A Day Celebrating the Art and Skill of Communication - The Assertive Nurse

0800 - 1000: Recognition of the Work-place Bully and Managing Difficult Situations

In this session you will:

- Discussion on the effect of bullying behaviour on the Nurse who has been targeted.
- Effects on patient care, when bullying is allowed to go unchecked.
- Examining in depth the tactics that are common to all bullies.
- Outlining the different levels of bullying and how it affects the targets.
- Outline the profile of the target, and their positive attributes.

1000 - 1030: Break

1030 - 1300: Management of Difficult Situations

In this session you will:

- Investigate the concept of "assertion and the Nurse" discussing communication strategies used in difficult situations.
- Explore gender differences in communication styles .
- Review self-esteem and the link to confidence, the avoidance of burnout, and effective communication.
- Gain an understanding that advanced Nursing skills include that of advanced communication.

1300 1345: Lunch

1345 - 1500: Management of Difficult Situations Continues

THE PROGRAM

DAY 10

4 MARCH 2019 | Clinical Assessment of Respiratory, Abdominal, and Other Conditions

0800 - 0900: Recognition of Deterioration of a Patient with a Pericardial Effusion and Cardiac Tamponade

In this session you will:

- Explore the physiology of a pericardial effusion and cardiac tamponade.
- Review the responsibilities of the Nurse in a general ward or cardiothoracic ward when a patient deteriorates after a minor procedure.
- Understand the concept of Becks triad post insertion of a PICC line or after pacemaker insertion, or any cardiac intervention.
- Examine the procedure for measuring jugular venous pressure.



0900 - 1030: Respiratory Assessment

In this session you will:

- Explore advanced assessment skills.
- Apply critical thinking.
- Review the concept of assertive communication to prevent further deterioration of the patient.
- Reflect on your own practice.

Electrolyte Imbalance and Others (Webinar)

In this session you will:

- Review the assessment of the post-op patient with electrolyte imbalance.
- Examine the abnormalities of: hyponatremia, hyperkalemia, and hypocalcemia.
- Explore the increasing epidemic of caffeine ingestion and cocaine use and the resultant effect on the heart and the formation of cardiac arrhythmias and myocardial infarction.

1030 - 1100: Break

1100 - 1230: Abdominal Assessment

In this session you will:

- Learn how to recognize the patient deteriorating with peritonitis, bowel obstruction, and abdominal bleeding.
- Discuss the techniques of performing an abdominal assessment.
- Review two case scenarios of dissecting aneurysm and a missed bowel obstruction.
- Reflect on your own clinical practice.

THE PROGRAM

DAY 10 CONT

1230 - 1330: Lunch

1330 - 1500: Clinical Scenarios and Summary of Content

This session assists attendees to apply the content of the Conference to their clinical setting. Discussion of the main points of each of the Conference session will be provided. Completion of a worksheet in this session will allow each participant to reflect on key concepts provided as well as practice ECG and arrhythmia interpretation.

Evening: Conference farewell drinks and canapes session



DAY 11

5 MARCH 2019 | SYDNEY

Disembark - safe travel home!



Conference Registration Cost: \$860.00

What's Included:

- An extensive Conference program based on current best practice information equating to “x” CPD Hours
- Education content that meets the same exacting standards as anything offered in an Australian land-based program
- Conference Presenters that are recognised experts in their field and are excited to be able to share their skill, knowledge, and passion with Conference Attendees
- An online Conference library filled to the brim with educational content that allows you to create your own learning experience by completing pre-conference education activities
- A Registration Reception including complimentary drinks where you can meet other Conference Attendees and network with Conference Convenors and Conference Presenter/s
- Editable presentation-note handouts that can be downloaded to your device of choice or printed, whichever you choose
- A Conference satchel that includes a notepad, pen, lanyard (this is important on a cruise ship to attach your room key which becomes your lifeline on a ship) and additional information to support a fantastic Conference experience
- The opportunity to meet as a group in various open forums, in one of the many fabulous locations on the ship
- A complimentary Farewell Drinks and Canapes Function held on the last night of the Conference to celebrate new friendships and information gained
- A Conference Transcript that identifies each session held at the Conference including the session synopsis, session presenter, and CPD allocation
- A Certificate of Completion identifying the CPD hours attached to the Conference Program for you to include in your CPD Evidence Portfolio

What's Not Included:

- Travel costs
- Cabin costs
- Travel insurance

THE FINER DETAILS

BOOKINGS

**Education at Sea | 02 6674 2577 |
enquiries@educationatsea.com.au**

All enquiries and bookings regarding the travel component of this cruise including Conference registration are being handled by the friendly team at Education at Sea (Travel Direct Australia)

Contact Helen or Jason if you have any questions.

EDUCATION

**The Nurses for Nurses Network | 07 4151 3884
info@nursesfornurses.com.au**

All enquiries regarding the education component of this cruise including the Conference program, CPD sessions and Presenters are being handled by the Nurses for Nurses Network.

Contact Helen if you have any questions.



DISCLAIMER

Disclaimer: The opinions and statements of facts expressed by the Presenters in these proceedings are those of the Presenters and do not necessarily represent those of the Nurses for Nurses Network, the editors, the organising committee or the supporters of this Study Tour. No responsibility can be accepted by the Study Tour organisers for errors or omissions in the individual presentations. Sessions are correct at time of publication. Sessions are subject to change without notice due to circumstances beyond the control of the Conference organisers.

ADVICE

The Nurses for Nurses Network strongly recommends customers take out travel insurance at the time of registration for an event, to cover any unforeseen circumstances that may prevent them attending and thus incur any financial loss.