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Kate Dyer AM



Dr Helen Cooke



Cruise your way to professional development on board the *Pacific Dawn*

Midwives On Board 2019 (24 Hours CPD)

Brisbane—Papua New Guinea—Brisbane | May 25—June 4 2019

Visit educationatsea.com.au for bookings and information



EDUCATION *at* SEA



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Educational highlights covered during the cruise will comprise all components of midwifery care from antenatal, labour, birthing and postnatal

Antenatal Care – Riding the Waves of Change

The important discussions with women around the prevention of stillbirth and how to provide this education without creating a sense of fear and anxiety, This special area of antenatal care will cover:

- Talking to women about fetal movements and midwifery responsibilities when women present with decreased fetal movements using an interesting case to highlight the importance of these discussions
- Recognising growth restriction and midwifery.

When the Seas get Rough

Supporting women with complex pregnancies and fetal anomalies. Kate brings to this session a wealth of knowledge and years of experience in this highly specialised and challenging area of maternity care.

Caring for the Passengers

Antenatal FHR monitoring: a refresher and reflection on fetal physiology and how the fetus adapts at times of increasing stress. Scenarios of interest will be used to facilitate discussion and learning around the changing fetal state.

Labouring on the High Seas – Ensuring Passenger Safety

Join us as we labour our way across the high seas!

- How to feel confident with IA and sharing that information with the crew
- A refresher and reflection on fetal physiology and how the fetus adapts at times of increasing stress. Scenarios of interest will be used to facilitate discussion and learning around the changing fetal state and potential management strategies.

Sometimes Even a Lifeboat Isn't Enough

Skills, tips and considerations when supporting parents through one of life's most difficult times – perinatal loss.

Swimming in Deep Waters

- Midwifery responsibilities, ethically, professionally and legally are the focus of each session
- Working with difficult colleagues and the challenges of safe escalation and having the challenging professional conversations.

Swimming in the Waters of PNG

Our midwifery colleague and fellow cruiser Pat Waters will present on life as a midwife in PNG providing some insight for our hospital tours.

Kate and Helen look forward to sharing not only there many years of midwifery experience , and facilitating opportunities to share experiences and challenges with each other. There will be lots of fun to be had within the learning environment. *Get ready to sail the high seas with us!*





Itinerary



Date	Time	Presentation	Presenter
26th May	0900 – 0930	Introductions	Kate & Helen
	0930 – 1100	The Fetal Environment & Fetal States	
	1100 – 1130	Morning Tea	
	1130 – 1300	The Role of Ultrasound & the Variety of Tests	
	1300 – 1400	Lunch & Break	
	1400 – 1600	Cases of Interest: Antenatal Fetal Welfare	Kate & Helen
27th May	0900 – 1030	Cases of Interest: Fetal Anomalies	Kate
	1030 – 1130	Morning Tea	
	1130 – 1300	Midwifery in PNG	Pat Waters
	1300 – 1400	Lunch	
	1400 – 1500	Maternal Sepsis	Case Discussion
	1500 – 1600	PPH – How do we get it so wrong?	
29th May	1700 – 1800	Trivia	Kate & Helen
1st June	1700 – 1800	Trivia	Kate & Helen
2nd June	0900 – 1030	Perinatal Loss – Pathology – Creating Memorabilia	
	1030 – 1130	Morning Tea	
	1130 – 1300	Supporting Families Supporting Midwives	
	1300 – 1430	Lunch	
	1430 – 1600	Clinical Case Review: What are my responsibilities?	
June 3rd	0900 – 1030	The Challenges of Escalation & Team Work	
	1030 – 1100	Morning Tea	
	1100 – 1230	Midwifery Responsibilities in Practice	Case Discussion





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Amazing Shore Tours (Optional)



ALOTAU

- Learn about Health Care Delivery in PNG and meet local Nursing Colleagues during our escorted visit to Alotau Hospital.
- Step back 50 years as we visit the local primary school. No electricity, water, fans or computers.
- Visit Battle of Milne Bay War Memorial and Milne Bay Look out.
- Spend the afternoon in a village. Experience traditional native dancing and a talk from the Local Chief.
- Enjoy a traditional lunch.
- The tour will conclude at the Alotau International Hotel where you can enjoy a cold drink or local beer overlooking the bay.



RABAUL

- Learn about Health Care Delivery in PNG and meet Nursing colleagues during an escorted visit of Nonga Hospital.
- Visit Rabaul Volcano Observatory where PNG's 14 active volcanoes are monitored.
- Get up close to Mt Tavurvur Volcano – this is one of the most active volcanoes in the region.
- See the boiling and bubbling Rabaul Hot Springs.
- Check out Rabaul's old airport.
- Visit the Rabaul Historical Museum.
- Explore Yamamoto Bunker.
- Enjoy a buffet lunch at Rabaul Hotel.

P&O CRUISES



Cruising aboard Pacific Dawn will elevate your education at sea ...

The beloved Pacific Dawn is now even better than before. They've given one of our favourite ships a sparkling new look with a complete refurbishment. It's time for you to step on board and explore!

With so much to do, you'll love every day and night on Pacific Dawn. Look out to sea from the observation deck, chill out in the three-storey atrium, test your courage at the P&O Edge Adventure park, roll the dice at the casino or dance the night away in The Dome ...

NEXT STEP: Visit educationatsea.com.au for more.

